

NATUROPATHY

Naturopathy is a school of medical philosophy and practice that seeks to improve health and treat disease chiefly by assisting the body's innate capacity to recover from illness and injury. Depending on the practitioner, naturopathic practice may include a broad range of different modalities, including manual therapy, homeopathy, hydrotherapy, light therapy, electrotherapy, herbal medicines, counseling, dietary regulation, nutritional supplements, detoxification, and more recently, acupuncture. Practitioners tend to emphasize a holistic approach to patient care. Naturopathy has its origins in Germany, developed in the United States, and today naturopathic doctors practice worldwide in one form or another.

Principles of Naturopathic Practice

Vis Medicatrix Naturae (The Healing Power of Nature)

Tolle Causam (Identify and Treat the Cause)

Primum Non Nocere (First Do No Harm)

Tolle Totum (Treat the Whole Person)

Docere (The Physician as Teacher)

Principiis obsta: Sero medicina curator (Prevention and Health Building)

Dr. Negri's original school could not award a naturopathic degree, as the naturopathic law there in Florida had been

rescinded. The school was organized around Oriental medicine, which in its original form overlapped naturopathic practice almost completely. While students learned the bulk of subjects also taught in naturopathic colleges, they were prepared for careers in the newly licensed field of acupuncture. For many years, Dr. Negri practiced essentially as a naturopathic doctor although he did not have “ND” after his name. In 2007, he did further course work toward credentialing as a naturopathic doctor with one of the last of the original Class A naturopathic schools, the United States School of Naturopathy and Allied Sciences (First National University). After challenging and passing the examinations, he was finally awarded the degree he felt incomplete without. He has since authored several textbooks on naturopathic practice and one on the history of the profession.