



# VARIETY IS THE SPICE OF LIFE

Reducing the use of treats in dog training

1

## CONTINUOUS REWARDS

Usually we are rewarding our dog with a food treat every time they do the behaviour we want. To move on from this we need to follow the next steps.



2

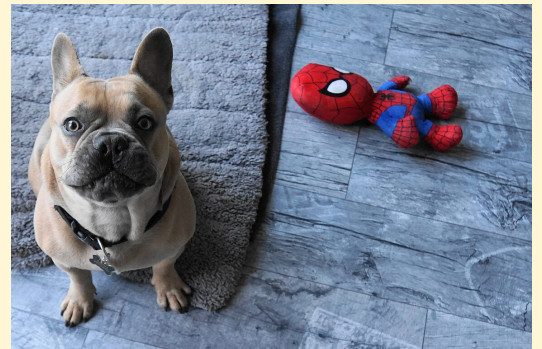
## CONDITION A NEW REWARD

To start reducing our treat use we first need to teach our dog to love things other than food. This could be a fuss, verbal praise, or playing with toys.

3

## USE THE NEW REWARD

Start using the new reward of fuss, praise or toys on behaviours your dog already knows well and does every time you ask, e.g. doing a sit.



4

## MORE COMPLEX BEHAVIOURS

After a while you can start using the none food based rewards for more complex behaviours that the dog already knows.



5

## NOW USE IT WHEN TRAINING SOMETHING NEW!

Mix your new reinforcer into your training sessions alongside your treats.

