



Dojang Re-Opening Guidelines (updated: Feb 25, 2021)

As we slowly reopen to more classes, strict Covid-19 prevention rules are still being followed. Public Health Dept. recommends physical distancing, increased hand hygiene, face covering (may be removed during class), temperature checking, frequent facility and equipment sanitizing. The following details will be enforced. We expect everyone entering our facility to follow them and the signage displayed throughout our facility. Only students with appointments will be allowed to enter our dojang.

Before your arrival:

- If you display symptoms such as frequent coughing, sneezing and runny nose, you are advised to stay home and notify us before your appointment. Please, do not enter our facility if you are unwell in any manner.
- Please wash your hands and use the washroom before arrival. Our washrooms are for emergencies only.
- Our change rooms are restricted access, so please be ready for class in appropriate attire.
- Indoor taekwondo shoes or socks with non-slip bottom are a recommended option, during class
- Bring your own bottled water
- All students are encouraged to be dropped off and picked up at our Dojang entrance. We have very limited seating in our waiting area (max. 4 parents and only 1 from each household please)

During your lesson:

- If you display symptoms of illness of any kind, you will be asked to distance from the scheduled cohort.
- No direct physical contact except students from the same household/ social circle.
- Use designated equipment (cleaned after each class) during classes, or bring your own.

After your lesson:

- Please pick up your child(ren) timely according to schedule, after class
- Please refrain from leaving personal belongings in our facility

~~~~~ *Thank you for your co-operation!* ~~~~~