



Sep/Oct 2021 SCHEDULE

(Effective until further notice)

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
5:00-5:45	Ages 7 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	Ages 7 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	Ages 7 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	Ages 7 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	ALL AGES WHITE-GREEN CURRICULUM	12:00-12:45 *Ages 10 & Under ALL RANKS	PRIVATE GROUP OR INDIVIDUAL CLASSES BY APPOINTMENT
6:00-6:45	Ages 11 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	Ages 11 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	Ages 11 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	Ages 11 & Under BEGINNERS <i>WHITE-GREEN STRIPE</i> + INTERMEDIATE <i>GREEN-RED STRIPE</i>	ALL AGES BLUE-BLACK CURRICULUM	1:00-2:00 *Ages 11 & Over ALL RANKS	
7:00-8:00	Ages 12 & Up BEGINNERS <i>WHITE-GREEN STRIPE</i> INTERMEDIATE <i>GREEN-RED STRIPE</i> + ALL AGES ADVANCED <i>RED-BLACK</i>	Ages 12 & Up BEGINNERS <i>WHITE-GREEN STRIPE</i> INTERMEDIATE <i>GREEN-RED STRIPE</i> + ALL AGES ADVANCED <i>RED-BLACK</i>	Ages 12 & Up BEGINNERS <i>WHITE-GREEN STRIPE</i> INTERMEDIATE <i>GREEN-RED STRIPE</i> + ALL AGES ADVANCED <i>RED-BLACK</i>	Ages 12 & Up BEGINNERS <i>WHITE-GREEN STRIPE</i> INTERMEDIATE <i>GREEN-RED STRIPE</i> + ALL AGES ADVANCED RED-BLACK			

- Advance bookings are required for all attendance
- No classes on all public holidays
- Masks are mandatory for everyone entering our facility (Students can remove theirs during class)
- Bring your own bottled water with name labelled
- Our changerooms are closed to all students and washrooms are for emergency use only