

**Bendigo Hawks Aquatic Inc.
Boys Long Course Records**

as at 30th April 2024

10 & under				
50	Free	31.47	10-Dec-16	Jordy Martin at 2017 Victorian Age Championships
100	Free	1:14.10	13-Nov-16	Jordy Martin at 2016 BESC November meet
200	Free	2:30.02	15-Oct-16	Jordy Martin at 2016 Kyabram Long Course Distance 2 Day Meet
400	Free	5:49.53	17-Dec-11	Mitchell Sherlock at 2012 Victorian Age Championships
800	Free	11:47.14	17-Dec-11	Mitchell Sherlock at 2012 Victorian Age Championships
1500	Free	-----	-----	-----
50	Back	39.80	17-Sep-23	Bailey Stone at 2023 KFSC Long Course Swim Meet
100	Back	1:28.99	8-Oct-23	Bailey Stone at 2023 Echuca Long Course Meet
200	Back	3:51.16	5-Aug-12	Matthew Johnston at 2012 Eaglehawk Winter Series - Round 2
50	Breast	45.40	18-Mar-23	Jack Hocking at 2023 Victorian Country All Junior Competition
100	Breast	1:39.86	26-Nov-22	Jack Hocking at 2022 Wangaratta & Wodonga City Long Course
200	Breast	3:43.55	13-Nov-22	Jack Hocking at 2022 Bendigo East Annual Swim Meet
50	Fly	35.05	4-Dec-16	Jordy Martin at 2016 Bendigo Centenary Swim Meet
100	Fly	1:26.27	17-Dec-11	Mitchell Sherlock at 2012 Victorian Age Championships
200	Fly	2:57.38	17-Dec-11	Mitchell Sherlock at 2012 Victorian Age Championships
200	IM	3:08.41	26-Nov-22	Jack Hocking at 2022 Wangaratta & Wodonga City Long Course
400	IM	-----	-----	-----

11 years old				
50	Free	29.81	23-Sep-12	Callum Moloney at 2012 Y Swim In Spring Meet
100	Free	1:06.36	23-Sep-12	Callum Moloney at 2012 Y Swim In Spring Meet
200	Free	2:35.93	16-Sep-12	Callum Moloney at 2012 Eaglehawk Winter Series - Round 3
400	Free	6:09.02	16-Sep-12	Mitchell Sherlock at 2012 Eaglehawk Winter Series - Round 3
800	Free	-----	-----	-----
1500	Free	-----	-----	-----
50	Back	30.21	10-Mar-13	Sebastian Wood at 2013 Bendigo Hawks Annual Scratch Meet
100	Back	1:17.85	23-Sep-12	Callum Moloney at 2012 Y Swim In Spring Meet
200	Back	-----	-----	-----
50	Breast	42.52	16-Mar-24	Jack Hocking at 2024 Victorian Country All Junior Competition
100	Breast	1:29.87	23-Sep-12	Callum Moloney at 2012 Y Swim In Spring Meet
200	Breast	3:15.48	23-Sep-12	Callum Moloney at 2012 Y Swim In Spring Meet
50	Fly	34.72	18-Mar-17	Jordy Martin at 2017 Country All Junior Finals
100	Fly	1:24.61	3-Mar-13	Mitchell Sherlock at 2013 Central Victoria Swimming Championships
200	Fly	-----	-----	-----
200	IM	2:48.67	23-Sep-12	Callum Moloney at 2012 Y Swim In Spring Meet
400	IM	-----	-----	-----

12 years old				
50	Free	27.32	12-Oct-13	Callum Moloney at 2013 Firbank Aquastars LC Qualifying Meet
100	Free	1:01.12	12-Oct-13	Callum Moloney at 2013 Firbank Aquastars LC Qualifying Meet
200	Free	2:18.86	12-Oct-13	Callum Moloney at 2013 Firbank Aquastars LC Qualifying Meet
400	Free	5:19.86	11-Aug-13	Mitchell Sherlock at 2013 Eaglehawk Winter Series - R2
800	Free	-----	-----	-----
1500	Free	-----	-----	-----
50	Back	33.11	23-Mar-13	Callum Moloney at 2013 All Junior Country Finals
100	Back	1:13.23	25-Jan-13	Callum Moloney at 2013 Victorian Country Swimming Championships
200	Back	2:39.46	18-Dec-12	Callum Moloney at 2013 Victorian Age Championships
50	Breast	37.49	23-Mar-13	Callum Moloney at 2013 All Junior Country Finals
100	Breast	1:23.82	12-Oct-13	Callum Moloney at 2013 Firbank Aquastars LC Qualifying Meet
200	Breast	3:03.02	12-Oct-13	Callum Moloney at 2013 Firbank Aquastars LC Qualifying Meet
50	Fly	33.72	24-Mar-12	Bailey Harriden at 2012 All Junior Country Finals
100	Fly	1:11.94	24-Jan-14	Mitchell Sherlock at 2014 Victorian Country Championships
200	Fly	2:51.61	3-Nov-13	Mitchell Sherlock at 2013 Surrey Park LC Meet
200	IM	2:39.81	2-Mar-14	Mitchell Sherlock at 2014 Central Victoria Swimming Championships
400	IM	6:07.56	12-Oct-13	Mitchell Sherlock at 2013 Firbank Aquastars LC Qualifying Meet

13 years old				
50	Free	26.62	14-Apr-14	Callum Moloney at 2014 GHSF Australian Age & MC Championships
100	Free	58.68	8-Apr-13	Angus Verbeek at 2013 Australian Age Championships
200	Free	2:09.47	24-Mar-13	Angus Verbeek at 2013 ASTCA & MLC National Qualifying Meet
400	Free	4:42.21	24-Mar-13	Angus Verbeek at 2013 ASTCA & MLC National Qualifying Meet
800	Free	-----	-----	-----
1500	Free	-----	-----	-----
50	Back	26.91	10-Mar-13	Angus Verbeek at 2013 Bendigo Hawks Annual Scratch Meet
100	Back	1:05.67	8-Apr-13	Angus Verbeek at 2013 Australian Age Championships
200	Back	2:20.90	8-Apr-13	Angus Verbeek at 2013 Australian Age Championships
50	Breast	34.56	16-Feb-13	Angus Verbeek at 2013 Victorian Sprint Championships
100	Breast	1:16.93	8-Apr-13	Angus Verbeek at 2013 Australian Age Championships
200	Breast	2:45.71	8-Apr-13	Angus Verbeek at 2013 Australian Age Championships
50	Fly	29.80	23-Mar-13	Angus Verbeek at 2013 All Junior Country Finals
100	Fly	1:06.81	10-Mar-13	Bailey Harriden at 2013 Bendigo Hawks Annual Scratch Meet
200	Fly	2:46.95	30-Mar-14	Mitchell Sherlock at 2014 Bendigo vs Ballarat Swimming Showdown
200	IM	2:24.09	8-Apr-13	Angus Verbeek at 2013 Australian Age Championships
400	IM	5:38.67	23-Nov-13	Callum Moloney at 2013 Bendigo Hawks Aquatic Distance Meet

14 years old				
50	Free	25.33	13-Dec-14	Callum Moloney at 2015 Victorian Age Championships
100	Free	56.56	13-Dec-14	Callum Moloney at 2015 Victorian Age Championships
200	Free	2:11.39	10-Sep-16	Sebastian Wood at 2016 NAB Top Five Series - Meet 4
400	Free	4:45.80	14-Dec-13	Angus Verbeek at 2014 Victorian Age Championships
800	Free	-----	-----	-----
1500	Free	19:28.00	23-Nov-13	Angus Verbeek at 2013 Bendigo Hawks Aquatic Distance Meet
50	Back	29.62	14-Apr-14	Angus Verbeek at 2014 GHSF Australian Age & MC Championships
100	Back	1:02.43	14-Apr-14	Angus Verbeek at 2014 GHSF Australian Age & MC Championships
200	Back	2:16.21	14-Dec-13	Angus Verbeek at 2014 Victorian Age Championships
50	Breast	34.60	27-Mar-13	Angus Verbeek at 2013 School Sport Victoria Finals
100	Breast	1:14.18	24-Jan-14	Angus Verbeek at 2014 Victorian Country Championships
200	Breast	2:43.19	14-Dec-13	Angus Verbeek at 2014 Victorian Age Championships
50	Fly	27.98	14-Apr-14	Bailey Harriden at 2014 GHSF Australian Age & MC Championships
100	Fly	1:01.68	14-Apr-14	Bailey Harriden at 2014 GHSF Australian Age & MC Championships
200	Fly	2:34.81	30-Mar-14	Bailey Harriden at 2014 Bendigo vs Ballarat Swimming Showdown
200	IM	2:17.63	14-Apr-14	Angus Verbeek at 2014 GHSF Australian Age & MC Championships
400	IM	5:03.47	14-Dec-13	Angus Verbeek at 2014 Victorian Age Championships

15 years old				
50	Free	26.38	28-Oct-17	Sebastian Wood at 2017 NAB Top Five Series - Meet 4
100	Free	56.44	19-Mar-17	Sebastian Wood at 2017 SV National Preparation Meet
200	Free	2:07.80	10-Dec-16	Sebastian Wood at 2017 Victorian Age Championships
400	Free	4:51.19	14-Sep-14	Angus Verbeek at 2014 Eaglehawk Winter Series - Round 3
800	Free	-----	-----	-----
1500	Free	-----	-----	-----
50	Back	30.40	14-Sep-14	Angus Verbeek at 2014 Eaglehawk Winter Series - Round 3
100	Back	1:05.76	6-Jul-14	Angus Verbeek at 2014 Eaglehawk Winter Series - Round 1
200	Back	2:40.73	27-Oct-12	Lachlann Tyson at 2012 Long Course Distance Competition
50	Breast	34.94	16-Feb-13	Lachlann Tyson at 2013 Victorian Sprint Championships
100	Breast	1:16.04	14-Sep-14	Angus Verbeek at 2014 Eaglehawk Winter Series - Round 3
200	Breast	2:49.78	25-Jan-13	Lachlann Tyson at 2013 Victorian Country Swimming Championships
50	Fly	29.08	28-Oct-17	Sebastian Wood at 2017 NAB Top Five Series - Meet 4
100	Fly	1:03.44	27-Jan-17	Sebastian Wood at 2017 Victorian Country Swimming Championships
200	Fly	-----	-----	-----
200	IM	2:21.23	27-Jan-17	Sebastian Wood at 2017 Victorian Country Swimming Championships
400	IM	5:13.49	6-Jul-14	Angus Verbeek at 2014 Eaglehawk Winter Series - Round 1

16 years old				
50	Free	26.18	22-Oct-17	Sebastian Wood at 2017 BHA Supporters Spring Sprint
100	Free	56.90	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships
200	Free	2:03.68	28-Oct-17	Mitchell Sherlock at 2017 NAB Top Five Series - Meet 4
400	Free	4:31.16	24-Sep-17	Mitchell Sherlock at 2017 Eaglehawk Winter Series - Round 3
800	Free	-----	-----	-----
1500	Free	19:39.93	23-Nov-13	Tyson Jelbart at 2013 Bendigo Hawks Aquatic Distance Meet
50	Back	28.81	18-Nov-17	Sebastian Wood at 2018 Victorian Sprint Championships
100	Back	1:06.12	26-Jan-18	Mitchell Sherlock at 2018 Victorian Country Championships
200	Back	2:22.71	25-Nov-17	Mitchell Sherlock at 2017 Victorian Qualifying Meet
50	Breast	32.47	18-Nov-17	Mitchell Sherlock at 2018 Victorian Sprint Championships
100	Breast	1:13.65	26-Jan-18	Mitchell Sherlock at 2018 Victorian Country Championships
200	Breast	2:54.07	15-Sep-13	Lachlann Tyson at 2013 Eaglehawk Winter Series - R3
50	Fly	28.15	18-Nov-17	Mitchell Sherlock at 2018 Victorian Sprint Championships
100	Fly	1:00.73	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships
200	Fly	2:19.51	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships
200	IM	2:23.26	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships
400	IM	5:00.46	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships

17 years old				
50	Free	25.28	8-Sep-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 3
100	Free	55.21	8-Sep-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 3
200	Free	2:02.43	8-Sep-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 3
400	Free	4:39.97	5-Aug-18	Mitchell Sherlock at 2018 Eaglehawk Winter Series - Round 2
800	Free	-----	-----	-----
1500	Free	-----	-----	-----
50	Back	30.07	23-Sep-18	Mitchell Sherlock at 2018 Bendigo East Swimming Club Spring Meet
100	Back	1:05.53	25-Jan-19	Mitchell Sherlock at 2019 Victorian Country Championships
200	Back	2:38.84	21-Jan-12	Alex Barkmeyer at 2012 Victorian Country Championships
50	Breast	34.34	5-Oct-19	Francis Andrews at 2019 Echuca Swimming Club Annual Swim Meet
100	Breast	1:13.51	24-Feb-19	Mitchell Sherlock at 2019 Central Victoria Swimming Championships
200	Breast	2:45.99	1-Jul-18	Mitchell Sherlock at 2018 Eaglehawk Winter Series - Round 1
50	Fly	27.39	27-Oct-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 4
100	Fly	1:00.84	8-Sep-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 3
200	Fly	2:25.90	25-Jan-19	Mitchell Sherlock at 2019 Victorian Country Championships
200	IM	2:22.55	18-Apr-18	Mitchell Sherlock at 2018 School Sport Victoria Com
400	IM	6:08.19	25-Nov-12	Andrew Dessens at 2012 Warrnambool November Meet

18 & over				
50	Free	25.39	20-Oct-19	Mitchell Sherlock at 2019 Bendigo Spring Meet
100	Free	55.34	7-Sep-19	Mitchell Sherlock at 2019 Ballarat NAB Top Five Series - Meet 3
200	Free	2:13.36	3-Nov-12	Alex Barkmeyer at 2012 Melbourne Vicentre Classic LC Meet
400	Free	4:54.51	23-Feb-20	Mitchell Sherlock at 2020 Central Victoria Swimming Championships
800	Free	-----	-----	-----
1500	Free	-----	-----	-----
50	Back	30.06	5-Oct-19	Mitchell Sherlock at 2019 Echuca Swimming Club Annual Swim Meet
100	Back	1:04.01	7-Sep-19	Mitchell Sherlock at 2019 Ballarat NAB Top Five Series - Meet 3
200	Back	2:33.76	18-Dec-12	Alex Barkmeyer at 2013 Victorian Age Championships
50	Breast	29.80	1-Apr-14	Ryan Dessens at 2014 Australian Swimming Championships
100	Breast	1:05.13	1-Apr-14	Ryan Dessens at 2014 Australian Swimming Championships
200	Breast	2:24.94	1-Apr-14	Ryan Dessens at 2014 Australian Swimming Championships
50	Fly	28.18	7-Sep-19	Mitchell Sherlock at 2019 Ballarat NAB Top Five Series - Meet 3
100	Fly	1:01.67	7-Sep-19	Mitchell Sherlock at 2019 Ballarat NAB Top Five Series - Meet 3
200	Fly	-----	-----	-----
200	IM	2:24.31	25-Jan-13	Ryan Dessens at 2013 Victorian Country Swimming Championships
400	IM	5:29.50	16-Sep-12	Lachlan Pearse at 2012 Eaglehawk Winter Series - Round 3

Open				
50	Free	25.28	8-Sep-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 3
100	Free	55.21	8-Sep-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 3
200	Free	2:02.43	8-Sep-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 3
400	Free	4:31.16	24-Sep-17	Mitchell Sherlock at 2017 Eaglehawk Winter Series - Round 3
800	Free	11:47.14	17-Dec-11	Mitchell Sherlock at 2012 Victorian Age Championships
1500	Free	19:28.00	23-Nov-13	Angus Verbeek at 2013 Bendigo Hawks Aquatic Distance Meet
50	Back	28.81	18-Nov-17	Sebastian Wood at 2018 Victorian Sprint Championships
100	Back	1:02.43	14-Apr-14	Angus Verbeek at 2014 GHSF Australian Age & MC Championships
200	Back	2:16.21	14-Dec-13	Angus Verbeek at 2014 Victorian Age Championships
50	Breast	29.80	1-Apr-14	Ryan Dessens at 2014 Australian Swimming Championships
100	Breast	1:05.13	1-Apr-14	Ryan Dessens at 2014 Australian Swimming Championships
200	Breast	2:24.94	1-Apr-14	Ryan Dessens at 2014 Australian Swimming Championships
50	Fly	27.39	27-Oct-18	Mitchell Sherlock at 2018 NAB Top Five Series - Meet 4
100	Fly	1:00.73	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships
200	Fly	2:19.51	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships
200	IM	2:17.63	14-Apr-14	Angus Verbeek at 2014 GHSF Australian Age & MC Championships
400	IM	5:00.46	10-Dec-17	Mitchell Sherlock at 2018 Victorian Age Championships