## Calculating Cost Per Mile

Use this worksheet to help calculate your trucking cost per mile.
Fixed costs

| Insurance | $\$$ |
| :--- | :--- |
| Truck lease/loan | $\$$ |
| Permits | $\$$ |
| Load board | $\$$ |
|  | $\$$ |
|  | $\$$ |
|  | $\$$ |
|  | $\$$ |
|  | $\$$ |

Total = \$
(Costs incurred whether a truck is hauling or not)
Variable costs
(Costs of operating a truck)
Fuel \$

Truck maintenance \$
Truck repairs \$
Lodging \$
Meals \$
Total = \$

Add fixed costs together.
Add variable costs together.

## Salary

(What you're paying drivers/yourself)

| You | $\$$ |
| :--- | ---: |
|  | $\$$ |
| Driver | $\$$ |

## Total fixed costs, variable costs, and salary together.

Fixed costs \$

Variable costs \$
Salaries \$
Total of expenses $=\quad \$$

## Total of expenses

truck miles
= \$

Your cost per mile

Average cost per mile in the U.S. in $2021=\$ 1.59$

How do you compare?

