Calculating Cost Per Mile

Use this worksheet to help calculate your trucking cost per mile.

Fixed costs

Insurance	\$
Truck lease/loan	\$
Permits	\$
Load board	\$
	\$
	\$
	\$
	\$
	\$

Total = \$

(Costs incurred whether a truck is hauling or not)

Variable costs

(Costs of operating a truck)

Fuel	\$
Truck maintenance	\$
Truck repairs	\$
Lodging	\$
Meals	\$

Total = \$

Add fixed costs together. Add variable costs together.

Salary

(What you're paying drivers/yourself)

You	\$
	\$
Driver	\$

Total fixed costs, variable costs, and salary together. Fixed costs \$ Variable costs \$ Salaries \$ Total of expenses = \$

Total of expenses

÷

truck miles

= \$

Your cost per mile

Average cost per mile in the U.S. in 2021 = \$1.59

How do you compare?