## GABA: Keeping It Calm

Color: Blue

Nurochemical: GABA (Gamma-Aminobutyric Acid)

Vibe: Calm and steady

Nuroquirk: Gets stuck, freezes, or avoids taking

action when struggling. Gets anxious.

Brain Homes: Basal Ganglia and Cerebellum – hubs for smooth moves, habits, and balance.

Fruit of the Spirit: Patience

Love Style: <a> Enduring Love</a>

Clan Motto: Keeping it Calm.



## **SERO:** Gentle Is Strong

Color: Tie-dye

Nurochemical: Serotonin

Vibe: Steady and relational

Nuroquirk: Emotionally reactive, can get overwhelmed by feelings when struggling.

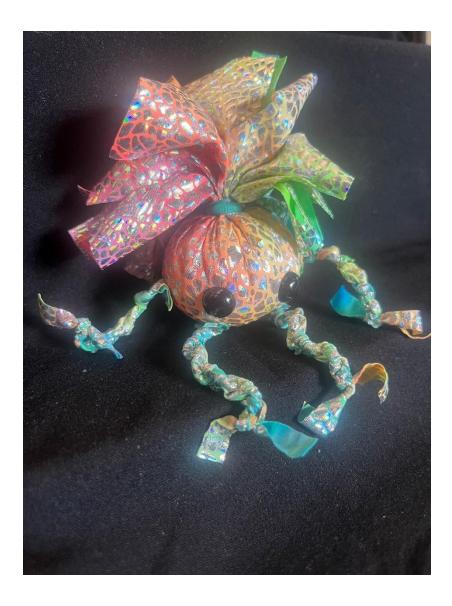
Brain Homes: Prefrontal Cortex and Limbic System – centers for mood, emotions, and connection.

Fruit of the Spirit: Self-Control (Emotional) &

Gentleness

Love Style: 🔥 Steady, Gentle Love

Clan Motto: Gentle is Strong.



### DOPA: Cheer Out Loud!

Color: Orange

Nurochemical: Dopamine

Vibe: Energetic and rewarding

Nuroquirk: Can become selfish, withholding, or

overly focused on personal rewards when

struggling.

Brain Homes: Ventral Tegmental Area (VTA) and Nucleus Accumbens – the brain's motivation and reward hubs.

Fruit of the Spirit: Kindness

Love Style:  $\bigcirc$  Encouraging Love

Clan Motto: Cheer out loud.



### EPIN: Action Ready, Hearts Steady

Color: Green

Nurochemical: Epinephrine

Vibe: Bold and action-driven

Nuroquirk: Can become restless, impulsive, or

stuck in panic mode when struggling.

Brain Homes: Adrenal Medulla and Medulla Oblongata – power centers for fast, life-saving

action.

Fruit of the Spirit: Faithfulness

Love Style: 

Action Love

Clan Motto: Action ready. Hearts steady.



# OXY: Joy Out!

Color: Purple

Nurochemical: Oxytocin

Vibe: Warm and connected

Nuroquirk: Can become clingy, over-attached, or

overly dependent when struggling.

Brain Home: Hypothalamus – the heart of

connection and bonding.

Fruit of the Spirit: Joy

Love Style: 🞉 Joyful Love

Clan Motto: Joy Out!



#### ENDO: Do Good. Feel Good.

Color: White

Nurochemical: Endorphins

Vibe: Uplifting and soothing

Nuroquirk: Can avoid problems or chase feel-good moments at the expense of what matters when

struggling.

Brain Homes: Pituitary Gland and Periaqueductal Gray (PAG) – centers for natural pain relief and feelgood boosts.

Fruit of the Spirit: Goodness

Love Style: 🧐 Uplifting Love

Clan Motto: Do good. Feel good.



#### ACE: Intentional.

Color: Gold

Nurochemical: Acetylcholine

Vibe: Focused and intentional

Nuroquirk: Can become rigid, over-controlling, or

mentally stuck when struggling.

Brain Homes: Hippocampus and Prefrontal Cortex

- hubs for memory, focus, and flexible thinking.

Fruit of the Spirit: Self-Control (Cognitive)

Love Style: 6 Disciplined Love

Clan Motto: Intentional.



#### **MELO**

Color: Mint

Nuro-chemical: Melatonin Fruit of the Spirit: Peace

Personality (basic): A gentle night-shift guide who

helps Nuropolis slow down and settle. Soft-

spoken, loves cozy routines, dim lights, and quiet

hugs. Steady, reassuring, and great at helping

friends "power down."

Nuroquirk: insomnia

(Character still in development)



#### Name: Mira

Neurotransmitter: Inspired by Mirror Neurons Color: Iridescent Silver (shifts with emotions)
Nuroquirk: Loses their sense of self

(Character still in development)



#### ANA

• Color: Teal

• Nuro-chemical: Anandamide ("bliss" molecule)

• Fruit of the Spirit: Peace



#### **NORI**

• Color: Aurora Teal (iridescent teal-violet)

• Nuro-chemical: Norepinephrine

• **Basic personality:** Alert, focused spark—rallies the crew, loves morning missions, crisp air, and tidy checklists.

• Nuroquirk: When turned up too high, gets edgy

(Character Still in development)



#### SuP

• Color: Red

• Nuro-chemical: Substance P (pain/alert peptide)

- **Basic personality:** Fiery first-responder—senses trouble fast, rallies the crew to care, and says "let's fix what hurts."
- **Nuroquirk:** Can crank the alarm too high over small irritations—does best with a Gaba-breath, an Ace-made plan, and a little Endo comfort.

