

Spotlight Studio Winter/Spring 2024 Schedule

Revised 2/2/2024

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>
<u>Studio A</u>				
		8:30 - 9:15am *** Balletone (Barre Workout)		8:30 -9:15am Adult Barre & Tap Combo
		9:30 - 10:00am Me & My Grown Up		9:30 - 10:15am Preschool Ballet & Tap Combo
	3:30 - 4:15pm Level 1 Jazz & Hip Hop Combo	3:30 - 4:30pm Level 1 Ballet & Tap Combo	3:45 - 4:45pm Level 1 Ballet & Lyrical Combo	3:30 - 4:30pm Level 2 Ballet & Jazz Combo
	4:15 - 5:15pm Level 2 Jazz & Hip Hop Combo	4:30 - 5:45pm Lyrical 3/ Conditioning/Leaps & Turns		4:30 - 5:15pm Level 2/3 Tap
	5:15 - 6:15pm Level 3 Hip Hop	6:00 - 7:00pm Elite Team Practice	5:30 - 6:30pm Latin Dance Fitness ***	5:30 - 6:30pm Level 3 Ballet & Jazz Combo
	6:30 - 7:30pm Adult Hip Hop Fitness ***			
<u>Studio B</u>				
		2:00 - 2:45pm Preschool Acro		
		3:30 - 4:30pm Level 2 Acro	4:00- 5:00pm Power Play Kids Fitness (Ages 4-12)	3:30 - 4:30pm Level 3 Acro
		4:30 - 5:30pm Level 1 Acro		4:30 - 5:30pm Level 2 Acro
	5:30 - 6:30pm Wrestling Open Gym			5:30 - 6:30pm Level 1 Acro
				6:30 - 7:30pm Level 4 Acro