

GLK GYMNASTICS CODES OF CONDUCT

CODE OF CONDUCT & TERMS AND CONDITIONS 2025-2026

AT GLK GYMNASTICS, OUR PRIORITY IS PROVIDING A SAFE, SUPPORTIVE AND INSPIRING ENVIRONMENT WHERE EVERY GYMNAST CAN THRIVE. THESE EXPECTATIONS APPLY TO ALL MEMBERS, PARENTS/GUARDIANS, AND COACHES, AND ARE DESIGNED TO ENSURE THE WELFARE, ENJOYMENT AND DEVELOPMENT OF EVERY CHILD.

PAYMENTS & MEMBERSHIP

- SUBSCRIPTIONS ARE PAID MONTHLY, ON A PRO-RATA BASIS (REDUCED MONTHLY FEES, NO TRAINING IN AUGUST).
- A £5 LATE PAYMENT CHARGE WILL BE APPLIED IF FEES REMAIN OUTSTANDING AFTER THE SECOND AUTOMATIC ATTEMPT BY OUR SYSTEM.
- IF LEAVING GLK, YOU MUST PROVIDE 1 MONTH'S NOTICE. REFUNDS WILL NOT BE GIVEN IF NOTICE IS GIVEN AFTER THE 1ST OF THE MONTH.

SAFEGUARDING & WELFARE

GLK GYMNASTICS FOLLOWS THE SAFEGUARDING POLICIES AND PROCEDURES OF THE INDEPENDENT GYMNASTICS ASSOCIATION (IGA).

- WELFARE OFFICER: ALICE HUDSON – 07769 692545
- ANY CONCERNS SHOULD BE RAISED WITH THE HEAD COACH (JO) OR WELFARE OFFICER IN THE FIRST INSTANCE.

FACILITIES & SECURITY

- ONLY REGISTERED GLK MEMBERS MAY ENTER OR USE TRAINING SPACES.
- ALL DOORS REMAIN CLOSED DURING SESSIONS; VENTILATION PROVIDED BY SECURED WINDOWS WHERE NECESSARY.
- PARENTS/GUARDIANS SHOULD NOT ENTER THE GYM UNLESS INVITED BY A COACH.

PARENTS & GUARDIANS

PARENTS/GUARDIANS PLAY A VITAL ROLE IN SUPPORTING BOTH GYMNASTS AND COACHES. YOU ARE EXPECTED TO:

- ENSURE GYMNASTS ARRIVE ON TIME, WITH WATER AND HAVING USED THE TOILET.
- ENCOURAGE AND CELEBRATE EFFORT, PROGRESS AND TEAMWORK.
- RESPECT COACHES, OTHER PARENTS AND ALL CHILDREN ALWAYS.
- SUPPORT POSITIVE COMMUNICATION – QUERIES SHOULD BE RAISED RESPECTFULLY WITH COACHES OR OUR WELFARE OFFICER.
- DO NOT COACH FROM THE SIDELINES OR CHALLENGE STAFF DURING SESSIONS.
- COLLECT YOUR CHILD PROMPTLY AT THE END OF CLASS FROM THE DESIGNATED EXIT POINT.
- KEEP GLK INFORMED OF ABSENCE, ILLNESS OR INJURY.
- FEES ARE PAID MONTHLY BY SUBSCRIPTION (PRO-RATA ACROSS THE YEAR; AUGUST IS NON-TRAINING MONTH).
- FAILED PAYMENTS INCUR A £5 ADMINISTRATION FEE.
- ONE MONTH'S NOTICE IS REQUIRED IF LEAVING THE CLUB; REFUNDS ARE NOT ISSUED IF NOTICE IS GIVEN AFTER THE 1ST OF THE MONTH.

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PARTICIPANTS (GYMNASTS)

AS A MEMBER OF GLK GYMNASTICS, YOU ARE EXPECTED TO FOLLOW THESE CLUB RULES:

- RESPECT COACHES, JUDGES, TEAMMATES AND EQUIPMENT AT ALL TIMES.
- ARRIVE ON TIME, PREPARED FOR TRAINING AND COMPETITIONS.
- WEAR THE AGREED GLK TRAINING KIT FOR SQUAD SESSIONS; HAIR TIED BACK, NO JEWELLERY.
- USE POSITIVE LANGUAGE AND BEHAVIOUR – POOR CONDUCT, BULLYING OR DISRESPECT WILL NOT BE TOLERATED.
- INFORM GLK IN ADVANCE IF UNABLE TO ATTEND TRAINING (VIA EMAIL: GLKGYMNASTICS@OUTLOOK.COM).
- TWO MISSED SESSIONS WITHOUT NOTICE MAY RESULT IN THE PLACE BEING OFFERED TO SOMEONE ON THE WAITING LIST.
- GYMNASTS MUST REMAIN INSIDE THE TRAINING HALL UNTIL COLLECTED BY THEIR AUTHORISED PARENT/GUARDIAN.

COACHES

GLK COACHES ARE RESPONSIBLE FOR ENSURING ALL GYMNASTS FEEL SAFE, SUPPORTED, AND INSPIRED. COACHES MUST:

- PRIORITISE GYMNAST SAFETY, CHECK EQUIPMENT BEFORE USE.
- DELIVER HIGH-QUALITY, AGE-APPROPRIATE AND INSPIRING SESSIONS.
- PROMOTE TEAMWORK, RESPECT AND GOOD SPORTSMANSHIP.
- MAINTAIN PROFESSIONAL BOUNDARIES AND POSITIVE COMMUNICATION WITH GYMNASTS AND PARENTS.
- WEAR GLK UNIFORM AND UPHOLD THE CLUB'S STANDARDS OF PRESENTATION.
- HOLD RELEVANT QUALIFICATIONS AND SAFEGUARDING TRAINING.
- REPORT SAFEGUARDING CONCERNS IMMEDIATELY, FOLLOWING IGA AND GLK PROCEDURES.
- ENSURE ALL FIRST AID INCIDENTS ARE RECORDED AND PARENTS INFORMED.
- PROTECT CONFIDENTIALITY OF ALL PERSONAL INFORMATION.

BY JOINING GLK GYMNASTICS, YOU AGREE TO ABIDE BY THIS CODE OF CONDUCT & TERMS AND CONDITIONS. OUR AIM IS TO WORK TOGETHER WITH FAMILIES TO ENSURE EVERY GYMNAST FEELS SAFE, SUPPORTED AND ENCOURAGED IN THEIR GYMNASTICS JOURNEY.

JOANNE KELLY
HEAD COACH – GLK GYMNASTICS