

Rosie Becomes a Warrior

A children's book series designed to empower children with type 1 diabetes & their families to live their happiest & healthiest lives.



 /juliarflaherty

Hi, I'm Julia!

I created "Rosie Becomes a Warrior" to help every child with type 1 diabetes feel empowered in their type 1 diabetes journey as early as possible. As a person who has lived with T1D for nearly two decades, I know how much it matters to feel emotionally supported, understood, and connected.

"Rosie" is meant to be a friend, confidante, and support system to your child & family as you navigate this big life challenge. "Rosie" will help you see the opportunities in each challenge and remind you that your child is capable of anything while living with type 1 diabetes, most simply—living a full & joyful life while managing the condition! Find a warm hug in the words of this series & many sighs of relief, reminding you that you are NEVER alone. "Rosie" will help every child with T1D find their inner warrior!

Book #1—"Rosie Becomes a Warrior"

Available in English & Spanish

Within this book, children & their families will learn how to:

- Navigate a type 1 diabetes diagnosis and the early years of type 1 diabetes with as much comfort & confidence as possible.
- Recognize some of the common warning signs of type 1 diabetes.
- Develop key empowerment & self-management skills.
- Live their happiest lives while managing type 1 diabetes!

The series also helps families and children *not* immediately effected by type 1 diabetes to develop empathy and awareness for the condition.

"Rosie Becomes a Warrior" is frequently rated among the Top 100 Children's Books on Diseases & Physical Illness on Amazon!

Readers give the book 4.9 Stars: ★★★★★

Featured on: T1D Exchange, Beyond Type 1, Diabetes Self-Management Magazine (Summer 2023 issue), WBAY-TV 2 (Green Bay News Channel), Thrivable, Dear Diabetes Podcast, The Happy Type One Podcast, Not Your Type Podcast, T1D Living, JDRF Read-Aloud, Little Chute Public Library Storytime, and Fox Cities Book Festival 2022.



RosieTheT1DWarrior.com
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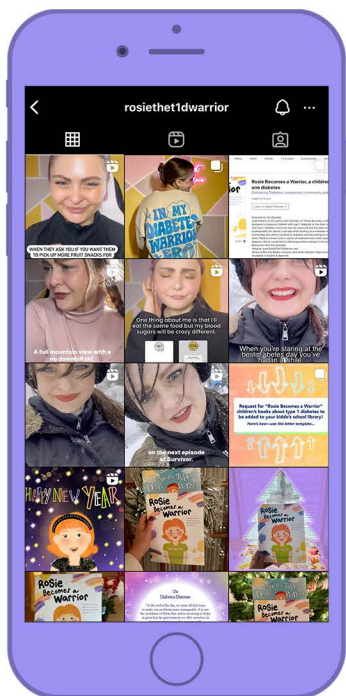
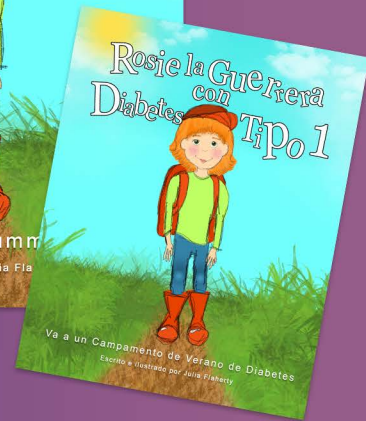
Book #2—"Rosie the Type 1 Diabetes Warrior Goes to Diabetes Summer Camp" Available in English & Spanish

Within this book, children & their families will learn how to:

- Overcome common anxieties and fears surrounding sending your child to diabetes summer camp.
- Explore the benefits of attending diabetes summer camp.
- Address the importance of forming connections within the diabetes community and creating strong friendships.
- Learn key diabetes terminology, and share feelings with thoughtful prompts.

Readers give the book 5 Stars: ★★★★★

Featured on: Beyond Type 1 and Thrivable.



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Tiana

★★★★★ **Daughter diagnosed with Type 1 Diabetes at 8 1/2 months old**

Reviewed in the United States on February 9, 2022

Verified Purchase

I read this book to my daughter tonight who is now almost 4 years old and she liked it. I started crying a few different times while reading and she would ask me why I wasn't reading the story. It is a well written book and very nice to think about the way the kid would feel and think because I have no idea what my 8 1/2 month old was thinking when she was diagnosed. She is definitely my Type 1 Diabetes Warrior!

excellent resources for:

hospitals teachers

**school
guidance
counselors**

parents of elementary school students

pediatricians

endocrinologists parents of toddlers

school libraries public libraries

**school
book fairs**

family & friends of children with T1D

**public service
announcements
& campaigns**

diabetes community meetups new parents

certified diabetes care & education specialists (CDCESs)

school nurses children with T1D

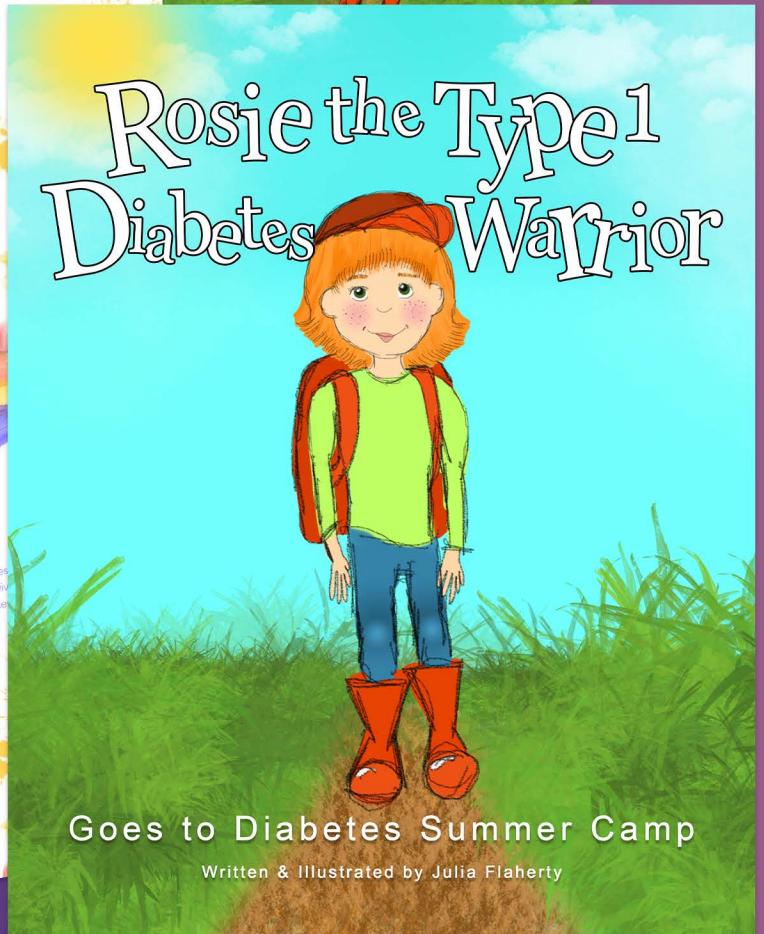
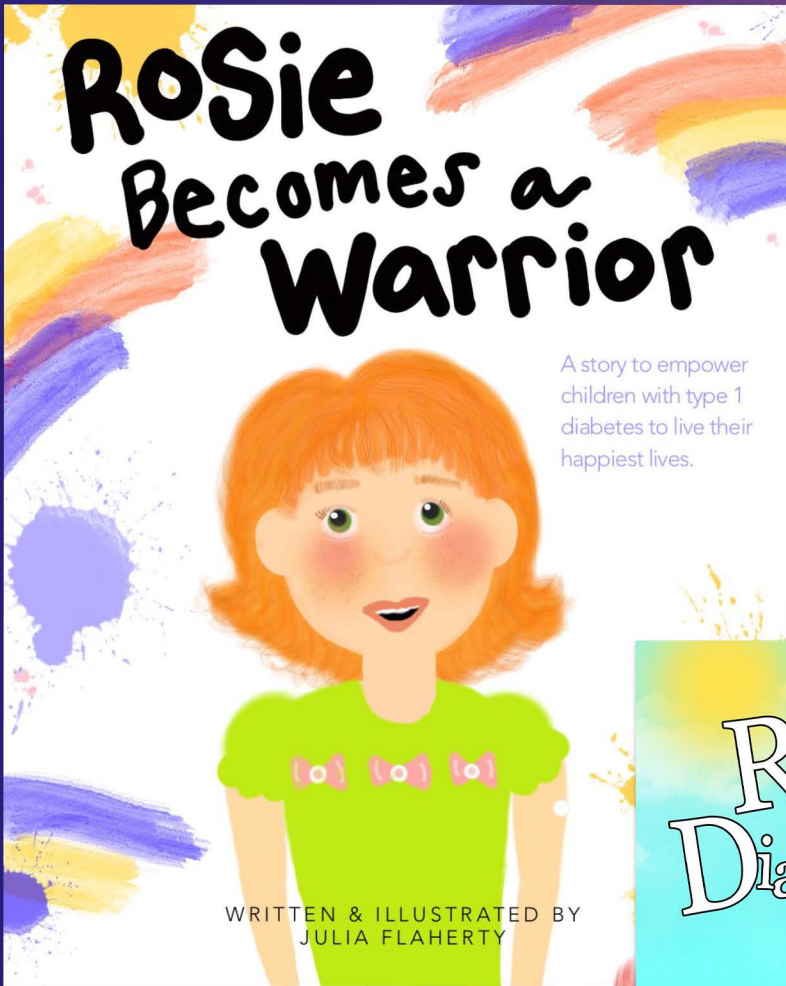
**events in the diabetes
& health spaces**



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Thank you!