

# Christopher Checke

professional profile



## INFO

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## CREDENTIALS

### Licensed Mental Health Counselor

State of Florida

2005

### Certified Addiction Professional

Florida Certification Board

2005

### Qualified Supervisor

State of Florida

2008

### Level 1, Gottman Method

Gottman Institute

2014

### Level I & II, Comp. Energy Psychology

ACEP

2018

### Master Addiction Counselor

National Board of Certified Counselors

2006 - 2026

### National Certified Counselor

National Board of Certified Counselors

2005 - 2026

## EDUCATION

### MBA, Health Services Administration

Nova Southeastern University

2005

### MS, Mental Health Counseling

Nova Southeastern University

2002

### BA, Psychology

Minors: Management; Spanish

The University of Tampa

1999

## BIO

Chris began his behavioral healthcare career in 1996, where he developed passion for healing work and creating community change. He has worked for several community-based organizations in a number of capacities. He actively participates in local, regional, and state-wide initiatives that focus on helping those most vulnerable in our communities. He is honored to be a board member for United Way of Broward County Commission on Behavioral Health and Drug Prevention as well as Vice President of the Substance Abuse Advisory Board for the Broward Addiction and Recovery Center. He is also proud to be a clinical supervisor of peer specialists for the Mental Health Association of Southeast Florida. He also currently facilitates leadership support groups for CEOs. Chris maintains a full-time independent private practice in Fort Lauderdale, where he provides individual counseling, life coaching, family counseling, executive coaching, and couples counseling.

## BACKGROUND

Psychotherapy	Presentations & Workshops
Clinical Supervision	Contract Management
Non-Profit Leadership	Field Research
Social Policy & Advocacy	Consulting
Executive Coaching	Grant Administration
Substance Abuse Treatment	Community Trainings
Continuous Process Improvement	Strategic Planning
Substance Abuse Prevention	Career Counseling
Higher Education	Program Evaluation

## CLINICAL INTERESTS

Shame-Based Psychopathology	Energy Psychology
Toxic Corporate Systems	Sexuality & Intimacy
Leadership Development	Addiction & Recovery
Authentic Self Development	Trauma Resolution
Holistic Psychology	Spirituality
Substance Use Epidemiology	Wellness
Behavioral Health Promotion	Workplace Culture
Resiliency Building	Positive Psychology