

Christopher Checke

professional profile



INFO

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Fort Lauderdale, FL 33301
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CREDENTIALS

Licensed Mental Health Counselor

State of Florida

2005

Certified Addiction Professional

Florida Certification Board

2005

Qualified Supervisor

State of Florida

2008

Level 1, Gottman Method

Gottman Institute

2014

Level I & II, Comp. Energy Psychology

ACEP

2018

Master Addiction Counselor

National Board of Certified Counselors

2006 - 2026

National Certified Counselor

National Board of Certified Counselors

2005 - 2026

EDUCATION

MBA, Health Services Administration

Nova Southeastern University

2005

MS, Mental Health Counseling

Nova Southeastern University

2002

BA, Psychology

Minors: Management; Spanish

The University of Tampa

1999

BIO

Chris began his behavioral healthcare career in 1996, where he developed passion for healing work and creating community change. He has worked for several community-based organizations in a number of capacities. He actively participates in local, regional, and state-wide initiatives that focus on helping those most vulnerable in our communities. He is honored to be a board member for United Way of Broward County Commission on Behavioral Health and Drug Prevention as well as Vice President of the Substance Abuse Advisory Board for the Broward Addiction and Recovery Center. He is also proud to be a clinical supervisor of peer specialists for the Mental Health Association of Southeast Florida. He also currently facilitates leadership support groups for CEOs. Chris maintains a full-time independent private practice in Fort Lauderdale, where he provides individual counseling, life coaching, family counseling, executive coaching, and couples counseling.

BACKGROUND

Psychotherapy

Clinical Supervision

Non-Profit Leadership

Social Policy & Advocacy

Executive Coaching

Substance Abuse Treatment

Continuous Process Improvement

Substance Abuse Prevention

Higher Education

Presentations & Workshops

Contract Management

Field Research

Consulting

Grant Administration

Community Trainings

Strategic Planning

Career Counseling

Program Evaluation

CLINICAL INTERESTS

Shame-Based Psychopathology

Toxic Corporate Systems

Leadership Development

Authentic Self Development

Holistic Psychology

Substance Use Epidemiology

Behavioral Health Promotion

Resiliency Building

Energy Psychology

Sexuality & Intimacy

Addiction & Recovery

Trauma Resolution

Spirituality

Wellness

Workplace Culture

Positive Psychology