

Soul-Connection Questionnaire

(for exploring presence, perception, and emotional attunement)

1. Essence & Emotion

- - If someone asked you what kind of person I am, what would you say?
- - What do you think matters most to me in life?
- - When do you think I feel most myself?
- - What do you think I need when I shut down or get quiet?
- - What's one thing you've learned about me that most people probably wouldn't notice?

These reveal whether someone perceives your emotional patterns, not just your personality traits.

2. Depth & Reflection

- - What do you think my biggest strength is?
- - What do you think hurts me the most?
- - When have you seen me at peace?
- - Do you think I'm more driven by my heart or my mind?
- - If you could describe my energy in one word, what would it be?

These show whether someone is emotionally attuned to your inner world — your desires, fears, and values.

3. Memory & Presence

- - What moment with me stands out most in your memory — and why?
- - What do you think I was teaching you without words?
- - What song, place, or smell reminds you of me?
- - If I disappeared for a while, what do you think I'd be doing?
- - What's one thing about me you don't understand but want to?

These pull on memory and intuition — if someone has been present, they'll answer with detail and feeling, not vagueness.

4. Soul Connection

- - Do you feel like you understand how I love?
- - When you think of me, do you feel peace or chaos?
- - Do you think you've really seen me — all of me?
- - If you had to explain what I'm here to do in this lifetime, what would you say?

These reveal whether someone sees your soul, not just your story.

***Before you invite another to answer, begin with yourself. Your own reflections will reveal the depth you wish to receive**

Sacred Teachings