**Using Art & Play Therapy Interventions**

**to**

**Enhance your Work with Children and Adolescents**

**Friday May 15, 2020 8:30-4:00**

**Saluda Shoals Conference Center**

**South Carolina Association of School Social Workers**

**Agenda**

1. **Introduction**

The benefits of using Art and Play in your work

3 Play Therapy Models:

The Whole Child

Cognitive Behavioral Therapy

Child- Centered

Materials and Resources for using Art and Play

Introduction Group Experience:

Feeling Mandala

My Hands Show and My Body Feels

1. **Using Directed & Non-Directed Art and Play Therapy**

A. Directed Art Interventions

A Cartoon Story

My House

A Safe Place in a Storm

B. Initiating Non Directed Sandplay

**Lunch**

1. **3 Art and Play Therapy Interventions**

**Identify Themes in Play**

A. Anger : Draw a Volcano, Anger Indicators, Anger Maze

B. Anxiety: The Worry Monster, Story Cubes

C. Grief & Loss: Draw a tree, The Memory Box

**V. Information about becoming a credentialed Play Therapist**

**VI. Questions and Evaluations**

**Objectives for this Workshop:**

**Participants will:**

1. **Understand the benefits of using Art and Play Therapy interventions in a school setting.**
2. **Identify 3 Play Therapy models in working with children/adolescents in a school setting.**
3. **Define the Art and Play Therapy principles when using Non-directed vs. Directed Play Therapy Interventions.**
4. **Recognize 3 new Art and Play Interventions that will be successful with your school age population.**
5. **Learn and demonstrate 1 new Play Intervention for a child that you are working with.**
6. **Describe Play Therapy themes when working with a child/adolescent experiencing anger, anxiety or grief/loss issues.**
7. **Name the 2 benefits of becoming a Credentialed Play Therapist.**