



900 SE Salerno Rd. Stuart, Fl. 34997 772. 223. 7843

**Learn more about programs available through the
Council on Aging at the Kane Center. 772.223.7800**

WWW.KANECENTER.ORG

KEY SERVICES:

**Joseph C. & Ann S. Day Medical Center
Meals on Wheels & Senior Dining Centers**

Adult Day Club

Parkinson's exercise class

Memory Enhancement Center

Kane Cuisine

Case Management & Senior Services Navigator

Caregiving Resources

Nutrition Counseling

REGULAR BUSINESS HOURS:

MONDAY-FRIDAY

8:00 AM– 5:00 PM

MANY USEFUL RESOURCES FOR SENIORS 60 AND UP

SENIOR DINING CENTERS

Meal sites are open Monday through Friday.

Indiantown, Stuart and Jensen Beach

Indiantown: 15675 SW Osceola St., Indiantown 34956

Stuart: 10th Street Community Center, Stuart 34994

Jensen Beach: Log Cabin Senior Center, 2369 NE Dixie Hwy. Jensen Beach 34957 (Langford Park)

TO LEARN MORE OR REGISTER CALL: 772.834.4236

SENIOR LUNCH PROGRAM

Meals provided at no charge Monday-Friday

10:00 AM-12:30 PM * Jensen Beach

Stay for Fitness Classes, Arts & Crafts,

Educational Presentations, Monthly Celebrations & Fun!

1050 NE County Line Rd., Jensen Beach 34957

***CALL TO RESERVE YOUR SPOT* 772-223-7848**

ADDITIONAL SERVICES:

***DOOR-TO-DOOR TRANSPORTATION**

***PERSONAL CARE ASSISTANCE**

***COORDINATION WITH PERSONAL PHYSICIANS &
OTHER HEALTH CARE PROFESSIONALS.**



CAREGIVER SUPPORT GROUPS

FREE PEER SUPPORT, GUIDANCE & EXPERTISE.

Join us monthly either in-person at the Kane Center
or virtually via zoom.

In-person meetings

4th Thursday of Every Month

9:30-11:00 AM~ open to ALL caregivers.

Dates: July 27, August 24, September 28, October 26,
(No November mtg), December 28

ZOOM Meetings

1st & 3rd Wednesday of Every Month

SESSION 1: 10:30 AM TO NOON

OPEN TO ALL CAREGIVERS

SESSION 2: 3:30 PM– 5:00 PM

FOR ADULT CHILDREN CARING FOR AN AGING RELATIVE
JOIN VIRTUALLY FROM ANYWHERE IN THE WORLD!

FOR INFORMATION, CONTACT THE FACILITATORS

DONNA TRUE, LCSW, KANE CENTER

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LAURA ZEL KREMER, LCSW, MORSE LIFE

561.386.2879

LAURAK@MORSELIFE.ORG

NOT DEMENTIA SPECIFIC. WE SUPPORT ALL CHALLENGES IN CARING FOR A LOVED ONE.