

Dear Friends,

I pray this week is off to a great start for you. May God bless you with great health in Body, Mind and Spirit!

A couple of weeks ago, I had the honor of serving as a guest on our Florida Annual Conference Podcast. Host Brian Myers, Rev. Jenn Stiles Williams and I discussed "The Power of Kindness and Goodness: Small Acts with Big Impact." The episode was a part of a series on the Fruit of the Spirit. It dropped on Spotify late last week.

The episode is a little over a half-hour long. If you have time, please give a listen.

If you enjoyed it, please like it and share it with your fellow Spotifyers (is that a word?). AND please remember to LIKE, SUBSCRIBE AND SHARE our YouTube Videos above! Let's send Trinity's message of Christ's Everlasting Love all over the Digital Universe!



To Listen, click on the photo above or this link to [Spotify](#)

And remember to join us in person and online on this PENTECOST SUNDAY!

"May mercy, peace, and love be yours in abundance." - Jude Anil