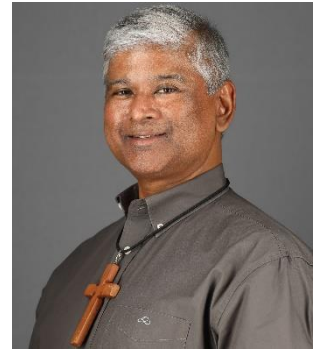


Dear Friends,

I pray you all health in Spirit, Mind and Body.

Summer is almost here! For some of us, it's just one week left of school, and then a season of summer camps, travel, family visits and (hopefully) a little relaxation!



When I was a kid, summer seemed to last forever.

As a parent, I realize it's just ten weeks long.

As a Pastor, Christmas is a mere 30 Sundays away!

The Wheels on the Bus go round and round and they never stop spinning!

As I understand it, world renowned physicist Albert Einstein posited that the faster we approach traveling at the speed of light, the more time slows down. For me, however, the more I still myself long enough to perceive the passage of time, the faster it seems to evaporate! A lifetime can come and go in a flash!

This summer, perhaps we could hit the snooze button on our hectic lives, and look for ways to slow time down for ourselves:

Let's lengthen our sunset walks,  
Plan / schedule entire weeks to do NOTHING,  
And maybe even indulge in the afternoon nap.

Most importantly, let's take the time to pause, observe, acknowledge and thank God for all the blessings of life.

Living a full, faithful life doesn't have to mean cramming activity into our calendars. It means spending time with God and sharing love with the people around us. Let's do more of that!

A joyful summer to all!

"May mercy, peace, and love be yours in abundance." - Jude  
Anil