



Trinity United Methodist Church Newsletter

“Live by Faith, Be Known by Love, Be A Voice of Hope”

June 2026

Volume IV, No. 6

OUT-reach to IN-reach?

This is the year that Trinity United Methodist Church is devoted to reaching out to the local community and letting them know what Trinity has to offer them. The goal is to get people to visit us, to participate in one of our two services, and get to know Trinity, its members, and ministries.

What happens after that initial visit? Maybe we should also consider reaching in (“in-reach”) and touching the visitor in such a way that stands out. At this stage the visitor might be considered a stranger. Interestingly enough, social science has demonstrated that initial interactions (see last month’s *Newsletter*) begin within seconds of seeing the person. Typical behaviors include eye contact as we approach the other, usually beginning at about 12 feet or three to four paces apart. At this point eye contact is made and we usually break eye contact at about 6 feet and continue walking, glancing to ensure that the stranger is not veering into us. If addressed, we mutter something and keep on walking. This is labeled “phatic” communication as it is not violating any social expectations and serves to maintain the cultural and social *status quo* among strangers. Interestingly, maintaining eye contact with another for more than 6 seconds is an invitation to engage with the other person (try it, it feels *very* long!).

We engage in phatic communication during most of the service, in Fellowship Hall before or after services, and in entering the Sanctuary. We expect a head nod, a smile, and find our personal pews or seats. Strangers who have been to any church probably have those same expectations. Most first-time visitors will sit in the back and observe the service, standing when required, singing, and sometimes taking sermon notes. These are behaviors that we as members expect culturally and socially from most church experiences. As long as those expectations are not violated, first-time visitors should feel comfortable and may decide on a second visit. At Trinity on the second visit they may expect members to meet and greet each other and may make eye contact with members, thus inviting them to communicate.

It is at this stage of the initial interaction that expectations hopefully are confirmed. We close distance (the visitor usually stays in the pew), give a “felt” smile, and reach out to touch the other with a handshake or fist bump or whatever. At this point we are engaging in *in-reach*, making the other not only comfortable but also feeling accepted by the congregation. So, when you see someone you do not recognize, whether arriving at Trinity, in the Fellowship Hall, or in the Sanctuary during services, think about whether the visitor feels like she/he is engaging in a real communicative experience or whether is simply phatic behavior, done simply because it is perceived as socially acceptable.

Don

Pastor's Corner

It's STILL Pentecost!

The spirit of God has made me, and the breath of the Almighty gives me life.—Job 33:4

I remember not the prayers, but I remember the energy.

Years ago, I joined hands with seven or eight other student ministers just before a Saturday morning gathering. Each of us took turns praying. Right around the fourth prayer, I sensed what I can only describe as a whirlwind of energy, swirling and rising in the center of our circle. As our prayers continued, the whirlwind got stronger and larger, like a tornado of energy. The whirlwind dissipated when we finished praying, but that singular sensation remains with me. I'd never experienced anything like that before, but I sometimes sense waves of energy lifting me when I stand with Trinity's choir and sing along with our Praise Team.

We may recall the Day of Pentecost but once a year, but the Holy Spirit continues on 24/7/365, from generation to generation! As we read on Pentecost Sunday this year, the Spirit was at work in the life of our own Charles Wesley and the people praying over him in his infirmity. His experience changed his entire outlook.






Whenever we gather in prayer and praise, God's Holy Spirit hovers all around and among us, working within us and through us. It's been this way since the dawn of creation. And the Holy Spirit will be with us until after the end of the age.

It is STILL Pentecost! Let's invite the Holy Spirit into our lives every time we draw breath!








Anil



**GOD ANOINTED
JESUS OF NAZARETH
WITH THE
HOLY SPIRIT
AND POWER, AND ...
HE WENT AROUND
DOING GOOD
AND HEALING ...
BECAUSE GOD
WAS WITH HIM.**

ACTS 10:38. NIV

A Note of Appreciation

Whether you attend Sunday service, come to the Easter cantata, or join us online, you likely experienced a service that feels smooth and welcoming. You're greeted by friendly faces, the service begins on time, the music sets the tone, and the message speaks to your heart. Even the details matter, the bulletin looks sharp, and the outdoor sign is fresh, colorful, and current.

Much of what we easily take for granted is made possible by our dedicated pastor and staff. Volunteers play an important role too, but today we want to pause and thank the team that so often works behind the scenes to help bring God's Word to us. The next time you see a staff member, please take a moment to thank them. They make it look seamless, and we are truly grateful for all they do.

Staff and Parish Relations Committee



HAPPY BIRTHDAY

We are planning on listing member birthdays in the TUMC Newsletter beginning in the August issue. If you would like to have your birthday (or family members), please send your name, birth date, and month (no year necessary!) to dwstacks@gmail.com.

YET HE HAS NOT LEFT HIMSELF WITHOUT TESTIMONY:



He has shown kindness
by giving you rain from heaven
and crops in their seasons;
he provides you with plenty of food and
fills your hearts
with joy.

Acts 14:17, NIV

Schools Out for Summer!

You rockers might remember that Alice Cooper song. Most of us probably screamed it out at the end of each school year.

Well, school is out for me! I completed my last class for Lay Speaker certification on May 15. Thank you all for your prayers, support and encouragement. The next step is an interview with the district superintendent or a select committee of the district to finalize my certification.

As God works in my life and guides me on how He wants me to use my certification, I pray I will continue to be a willing servant in my spiritual journey. Your continued prayers are coveted.

I would encourage each of you to think about taking courses through the BeADisciple.com There are a variety of courses to choose from, and you don't have to become certified, but can take classes just to build your confidence in discipleship. If we have a small group that wants to take a class, we could create a study group and take the class together. I know it's summer, but now is the time to think about taking a class after your vacation! Take time to go to the website and look at what is offered. If you have any questions—Yes, you can ASK Rick!



Rick



June 19th

Trinity United Methodist Church of Jensen Beach

2221 NE Savannah Road, Jensen Beach, FL 34957

+1.772.334.3404

office@trinityjb.org

www.trinityjb.org

<https://www.facebook.com/tumc.jb/>

<https://www.youtube.com/@tumc.jensenbeach>

Pastor: Rev. Anil K. Singh

Congregational Care: Rick Decker

Office: Anne Pappas

Communications: Randi Schwartz

Nursery: Sandi Mulvaney

Music: Cynthia Beam

Organist: Dr. MJ Montague

Choir Accompanist: Hye-Yun Chung Bennett

Celebration Leader: Darryl Sweeting

Media: Mike & Tiffanie Fields

Volunteers *and* Invites Change Lives

“Hope is the strongest driving force in this life.”

~Big Russ, Skid Row

What a statement! And so true. Think about it. Every day you wake up and partake in the day, HOPE moves you. HOPE it will be a good day. HOPE you will smoothly complete any tasks on hand. HOPE to prepare a nourishing meal for the day. HOPE everyone else is having a good day. The list goes on and on.

Without HOPE, how can anyone move forward? Every day would be a sad day without HOPE. HOPING everyday will be better than the day before. Every week, the HOPE to accomplish tasks more efficiently moves the machine. Every day there is HOPE to find a pile of cash. Everyday, HOPE is internalized as God has a plan, and everything will be OK.

Learning to hope is an active process that involves cultivating a positive mindset, setting achievable goals, and fostering connections with others.

Understanding Hope

Hope is not just a passive feeling; it is an active choice and a skill that can be nurtured. It involves believing in the possibility of a better future and taking steps toward achieving it. Hope can help navigate life’s challenges and strengthen resilience.

I hope, therefore I can.

There are actions to take to help hope take hold of your life.
Below are a few....Survival Strategies!

Prayer helps too!

- **Reframe Negative Thoughts:** Challenge and reframe negative thoughts by asking yourself if there is another way to view a situation.
- **Practice Gratitude:** Regularly reflect on what you are grateful for can shift your focus from what you lack to what you have.
- **Foster connections:** Connection fosters resilience and reminds you that you are not alone in your struggles.

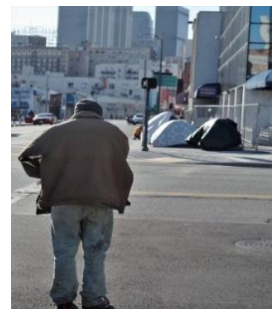
By actively practicing just these few strategies you can learn to cultivate hope in your life, even during difficult times.

HOPE is a choice, and a powerful force that can guide you and keep you on a path to your success. And don’t forget the power of PRAYER.

Randi



Stephen Zeigler/Wikimedia Commons



joey zanotti/Flickr





YOUNG SAM

Flame of the Franklin

A young man bold and strong was our dear Sam;
Who sailed upon the sea with faith in hand.
A brave, devoted, truly righteous man,
He fought through wrath and trusted God's command.

Amidst the fear and longing to go home,
When faced with obstacles and even death;
Young Sam revealed his spirit would not roam.
He persevered and drew a holy breath.

Upon the Franklin, Sam would humbly serve;
And find the flame so needed to survive.
He honored God by helping to preserve;
With God's good grace, he kept his mates alive!

The brave, young Sam continued to reveal
A heart of hope and love sustained by zeal.

Sam lives a life of noble self control,
And calls on God to grant him holiness.
His work upon the land restores his soul;
And finding his Elaine eased loneliness!

Gathered with those of like and faithful mind;
Sam and Elaine gave Trinity its name.
Again, the Holy Spirit moved in kind;
Our Savior worked through Sam as living flame.

The light of hope shines gently on his face;
Like dawn that rises softly with the day.
The joy of love surrounds his heart with grace,
God's truth and wisdom still direct his way!

Sam walks in faith within God's covenant;
A man of peace, a truly humble servant!

Written by Terry Henderson on Memorial Day, 5-25-26.
In honor of TUMC founders, Sam and Elaine Rhodes & the crew of the USS Franklin.

Media Department

Being a parent is an immense responsibility—it's a full-time role that demands attention around the clock. Juggling this commitment alongside a typical Monday-to-Saturday job makes it even more challenging. Fathers, father figures, and dads often go unrecognized for their invaluable contributions. They manage tasks that often go unnoticed, serving as the essential support system for many families.

The wisdom found in Proverbs 4:11-12 resonates with this idea: *I guide you in the path of wisdom and lead you along straight roads. When you walk, your steps will be steady; when you run, you won't stumble.*

This scripture highlights the importance of guidance and support, which is exactly what fathers strive to provide for their children. They not only offer physical support but also emotional and moral guidance, helping to shape their children's futures. The role of a father is multifaceted; they are teachers, role models, and protectors.

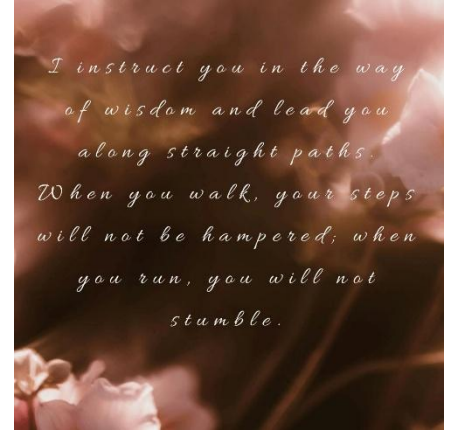
In the hustle and bustle of daily life, it's easy to overlook the small yet significant moments fathers contribute—helping with homework, offering life lessons through shared experiences, or simply being a listening ear. These seemingly ordinary actions lay the foundation for a child's confidence and character.

Moreover, the balance between work and parenting can often feel like a tightrope walk. Fathers may find themselves waking up early to prepare breakfast, heading to work for long hours, and then coming home to help with dinner and bedtime routines. Despite the exhaustion, many fathers find joy in these moments, knowing they are investing in their child's growth and happiness.

As we recognize and appreciate the role of fathers, it's essential to encourage a culture that values their contributions. By acknowledging their efforts, we can foster a supportive environment where fathers feel empowered to take an active role in their children's lives, ultimately leading to stronger family bonds and healthier communities.

In essence, while the path of parenting may be fraught with challenges, the rewards—seeing a child thrive, grow, and succeed—are immeasurable. As Proverbs reminds us, with the right guidance and support, both fathers and their children can walk confidently through life's journey together.

In conclusion, the journey of fatherhood is one of profound significance. Fathers are the unsung heroes in many families, providing unwavering support, guidance, and love. By recognizing their contributions, encouraging open dialogue, and promoting inclusivity, we can cultivate a society that honors and uplifts fathers, ultimately leading to a brighter future for generations to come. As they continue to walk alongside their children, fathers leave an indelible mark that shapes the very fabric of family life.



Tiffanie, Kyleigh, Mike, and Bryson

Mike & Tiffanie



TUMC Connections



TRINITY ART INFUSION
"CONGREGATIONAL ART COLLECTIVE" 

**SUBMIT UP TO FOUR ORIGINAL
PAINTINGS OR PHOTOGRAPHS
FOR FELLOWSHIP HALL DISPLAY**

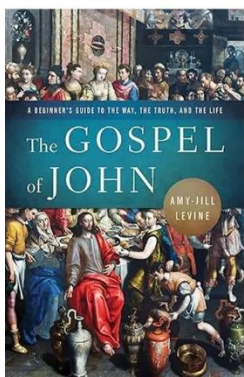
CONTACT: DALE FORBES: 978-872-7995
DROPOFF: SATURDAY MAY 30 * 1:30-3:30 & SUNDAY MAY 31 * 1:30-3:30

MEMORIAL BRICKS

OPEN ORDERS: MAY 31ST - JUNE 9TH

\$50.00 PER BRICK
TO BE PLACED IN OUR MEMORIAL GARDEN

**FORMS AVAILABLE IN THE FRONT OFFICE
AND THE WELCOME CENTER**



ADULT BIBLE STUDY

"THE GOSPEL OF JOHN"
By Amy-Jill Levine

FELLOWSHIP HALL LIBRARY
SUNDAYS * 9:30 AM

with **REV. NANCY WOOD**



Welcome!

**GOD LOVES YOU
AND SO WILL WE!**

WE INVITE YOU TO GROW IN YOUR FAITH WITH US



**2026 FLORIDA
ANNUAL CONFERENCE**

JUNE 4TH-6TH

FLORIDA SOUTHERN COLLEGE
111 LAKE HOLLINGSWORTH DR.
LAKELAND, FL. 33801


LEARN MORE, VISIT:
WWW.FLUMC.ORG/ANNUAL-CONFERENCE-2026

WARREN WILLIS SUMMER CAMP!

Ages: 4th Grade - 12th Grade

JUNE 30TH-JULY 4TH

REGISTER ONLINE:
WWW.WWUMCCC.ORG



News From Finance Committee

The Finance Committee received a letter from the Florida Conference expressing their appreciation in Trinity's faithfulness in paying 100% of our apportioned giving in 2025. Below is a copy of the congratulatory letter we received.

Trinity UMC has always been steadfast in its commitment and has a long history of strong support for our church, district, conference, and its connectional ministries.

Thank you, the congregation, for your continued faithfulness and generosity.



FLORIDA UNITED
METHODIST CONFERENCE

Office of the Treasurer

May 4, 2026

James Williams
Trinity United Methodist Church
11458 SW Rockingham Dr
Port St Lucie, FL 34987-1998

Dear James Williams,

On behalf of the Florida Annual Conference Council on Finance and Administration, and the many ministries made possible through connectional giving, I want to express my sincere appreciation to you and the members of your congregation. Your church's faithful commitment in paying 100% of its apportioned giving in 2025 is a meaningful witness to our shared mission and ministry across The United Methodist Church.

Apportionments represent each congregation's partnership in supporting the work of the Church at the district, conference, and global levels. Because of this collective commitment, we are able to strengthen local congregations, equip clergy and lay leaders, expand outreach beyond church walls, and respond to human need in communities across Florida and around the world. Your participation helps ensure that the ministries entrusted to us continue to bear fruit in the lives of individuals, families, and communities.

We also recognize that the past several years have presented significant challenges for many congregations. In the midst of these realities, Florida Conference churches demonstrated resilience and faithfulness, contributing over \$9.6 million in apportionments in 2025. This achievement reflects sacrifice, stewardship, and a shared belief in the power of connectional ministry. Please know that your congregation's commitment has not gone unnoticed and is deeply appreciated.

As we look toward the future, we do so with renewed hope and purpose. Together, we remain focused on making disciples of Jesus Christ for the transformation of the world. I encourage you to share this message of gratitude with your congregation, whose generosity and faithfulness make this ministry possible.

Thank you for your leadership, partnership, and continued commitment to the mission we share.

Sincerely,

A handwritten signature in black ink, appearing to read "Mic Bowen".

Mic Bowen
Treasurer
Florida Annual Conference
The United Methodist Church

Courageous Leadership • Missional Engagement • Spirit-Led Innovation

FLUMC.ORG

450 MARTIN LUTHER KING, JR. AVE., LAKELAND, FL 33815

863-688-5563

May Trinity Events



Don Frye and Sam Rhodes



Outreach Anyone?



Priscilla Circle Picnic



Lowel Kafer Honoring Don Frye



Sunday School



Hooks & Needles



Baptisms



Church Administrative Council Hard at Work



Sam Rhodes Offering Memorial Day Prayer



Drum Circle Drummers



Pentecost Sunday

Church Council Notes

Trinity's Administrative Council met on May 17th to discuss projects and issues facing TUMC as we move deeper into the summer months. Pastor Singh opened the meeting with prayer at 2:06 p.m. The first order of business reviewed and passed the minutes of the Council's April 19th meeting. Prior to moving to committee reports, Chair Barry Brunner asked that the Council reschedule its November 2026 meeting from the 15th to the 22nd due to the choir's participation in a concert at Carnegie Hall in New York City. After discussion it was moved to table the November meeting unless necessary to November 6th. The motion was unanimously passed.



Council Chair. Chair Brunner noted that membership continues to increase and that our current committees are doing a great job. He then related the current state of affairs as compared against another church in Illinois.

Trustees. Trustee Levi Miller reviewed several projects that had been completed and three continuing projects: upgrading the Sanctuary sound system, upcoming construction beginning next month on the Memorial Garden, and refurbishing Room 204 of Fellowship Hall to support the growing older children's Sunday School classes. He also announced that Brent Rasmussen will serve as Trinity's Disaster Coordinator.

Finance. Committee Chair Jim Williams and Treasurer Dale Forbes reported on Trinity's finances. Dale noted that Trinity was in good financial shape and looking good moving into the slower summer months. Jim reported that the committee had received a letter of appreciation regarding our member Trinity's Conference Apportionments submitted on time and in full (see page 9). He also noted that the Stewardship Committee was off to a good start under Archie Satchell's leadership.

Lay Leader. Roz Miller reported that the Family Promise family would be staying until the end of May and that a new program with Family Promise of Martin County was focusing on helping families in the program with financial help.

SPRC. Chair Becky Binder announced that the committee was working on the annual clergy review and that she had participated in online HR practices class.

Lay Delegate. Sue Nance reported that several members were attending the Annual Conference and that the Line Dancers would start an "absolute" beginner line dancing class in the fall.

Nominations/Pastor's Report. Pastor Singh reported on sustained attendance, noting the 11:00 a.m. service was slightly ahead of the 9:00 a.m. service. He reported higher numbers for April, to include the Sunrise Easter Service drawing over 900 attendees. The pastor then reported that Joyce Monticelli would be completing Darryl Baker's term for the year. He also discussed a podcast he had participated in as an interviewee earlier.

Congregational Care. Rick Decker discussed the plans for youth Sunday School to start on August 2nd, and that Laura and Sam Moore would be working with the younger children. He announced that he had completed the coursework required for his Lay Speaker designation.

Priscilla Circle. Pat Williams reported that they had a large turnout for their final meeting picnic and that the House of Hope drive had produced 266 pounds of food, while loose change raised \$692 for our Hefer International mission.

Methodist Men. Don Stacks reported that 30 people had attended Don Frye's celebration as he stepped down from chairing the group. He discussed plans regarding Trinity's picnics for the summer and fall, noting that holding them on holiday weekends made it hard to attract both attendees and workers.

(Continued on page 13)

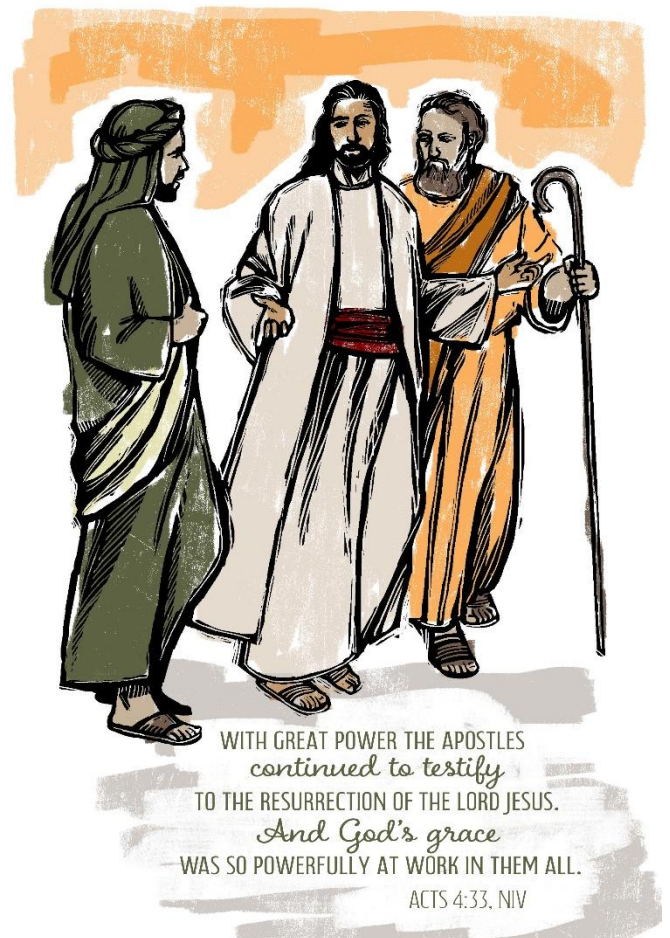
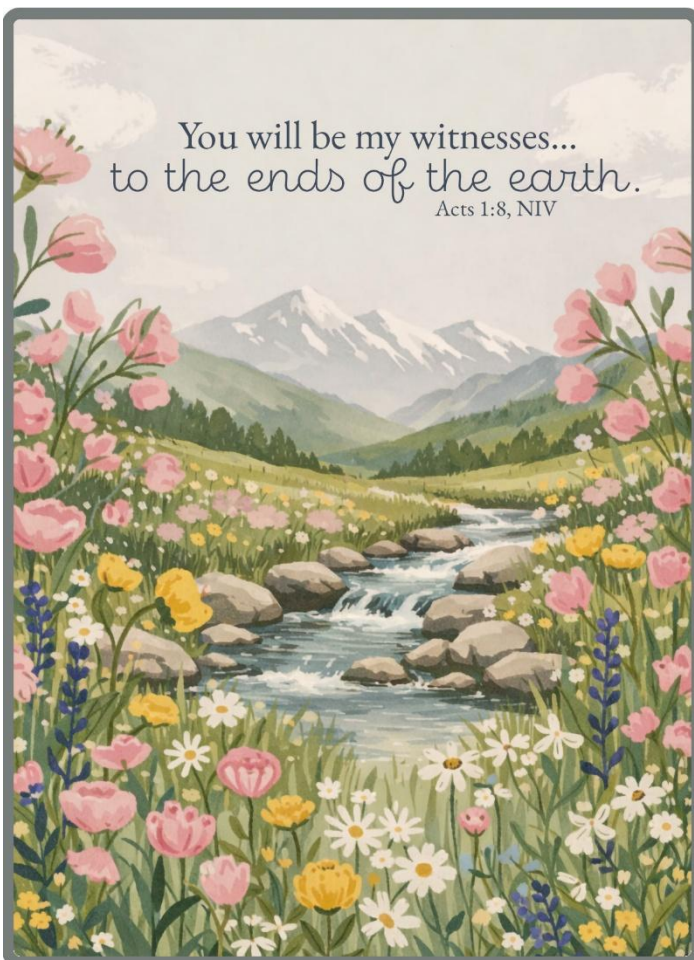
(Continued from page 12)

Communications. Randi Schwartz reported on strategic changes in how the website would be developed and how she planned on updating the electronic sign. She also reported that Facebook and Instagram statistics showed increased views for both posts and video reels.

Newsletter. Don Stacks reported that the June Newsletter would not be continuing the books of the Bible due to lack commentary on their use. He also asked the Council to help him get member birthdates for publishing, using only the month and date of birth. The Council agreed to help in this endeavor.

New Business. Chair Brunner asked if there was any other business. There being none, he asked Pastor Singh to close the meeting in prayer at 3:35 p.m.

Don Stacks



United Methodist Men

After a delicious home-made breakfast of scrambled eggs, sausage, beans and peppers, our new president, Don Stacks, called the monthly meeting to order at 8:23 a.m. A wonderful turnout of 30 people participated to honor our beloved outgoing president, Don Frye, and plan for upcoming events.

Jon Smith began our fellowship by sharing a motivating reflection, emphasizing that genuine leadership is defined by serving others with Christ like compassion rather than exercising authority or dominance.

This led seamlessly into our heartfelt acknowledgment of Don Frye's dedicated nine-year leadership of the group. We bestowed gifts of a personalized Bible, an engraved plaque with gavel, and a plastic gavel in expression of our sincere gratitude.

Our Treasurer Jim Williams then advised us of the group's sound financial standing noting the current balance of \$5,332.76. Terry Tychan was recognized as the new Secretary.

New business decisions included changes in procedures to facilitate better accounting and management of our breakfast and picnic enterprises. Pancake breakfasts will be held on the second Saturday from October to March, except in December. We also decided to task a work group to do a quick refurbishing of our fitness trail.

Reverend Singh closed our meeting in prayer at 9:05 a.m.

Terry Tychan



Honoring Don Frye's Service



Recipe of the Month:

Grilled Chicken Thighs with Brown Sugar Glaze

Juicy, savory-sweet brown sugar glazed chicken thighs grilled to a tender perfection!

Ingredients

For the chicken

- 8 boneless skinless chicken thighs, trimmed

For the brown sugar marinade/glaze

- 1/3 cup low sodium soy sauce
- 1/4 cup light brown sugar
- 1 tablespoon honey
- 1 tablespoon olive oil
- 1 tablespoon apple cider vinegar
- 1 tablespoon or to taste sriracha hot sauce
- 3 garlic cloves minced
- 1 teaspoon dried basil
- 1/4 teaspoon ginger powder
- fresh ground pepper to taste



Instructions

For the chicken

1. Arrange chicken thighs in a large mixing bowl or dish and set aside.

For the brown sugar marinade/glaze

1. Whisk soy sauce, brown sugar, honey, oil, vinegar, hot sauce, garlic, basil, ginger, and pepper in a mixing bowl.
2. Reserve 1/3 cup of the marinade mixture for later use; pour the remaining of the marinade mixture over the chicken thighs.
3. Cover and place chicken thighs in the fridge for 30 minutes, and up to 4 hours.
4. When ready to cook, remove chicken from fridge and let sit in room temperature for 15 to 20 minutes.
5. Preheat grill to medium-high heat; about 400F to 425F.
6. Brush grill grates with oil.
7. Remove chicken from marinade; discard marinade.
8. Place the chicken on the grill over direct heat and cook undisturbed for about 5 minutes. Flip the chicken and grill until the second side is browned, 5 minutes more, or until cooked through and internal temperature is at least 165F.
9. When the chicken is nearly cooked through, brush on the reserved marinade/glaze on both sides of the chicken thighs and continue to cook until done.
10. Remove from grill and set aside, covered, for 5 minutes.
11. Serve.

Mitch Oretgo

June 2026 Happenings

Sundays

- Celebration Service (9:00 a.m.)
- Traditional Service (11:00 a.m.)
- Fellowship Hour (10:00 a.m.)
- Children's Sunday School (9:00 a.m.)
- Adult Bible Studies (9:30 a.m.)
- Prayer Time (10:30 a.m., Bob Engle Room)
 - 1st Sunday: *Communion, House of Hope Donations*
 - 3rd Sunday: *Noisy Change*
 - 4th Sunday: *New Member Sunday*
- Lunch & Learn (14th, 12:30 p.m.)
- *New Members Class* (21st, 10:15 a.m.)
- Trustees (28th, 12:30 p.m.), Church Council (28th, 2:00 p.m.)

Mondays

- Line Dancers (1:00–3:00 p.m.)

Tuesdays

- Tai Chi (10:00 a.m.)
- Lunch Bunch (2nd, 16th, 11:30 a.m.)
- Trinity Ringers (5:30 p.m.)

Wednesdays

- Hooks & Needles (10th, 24th, 10:00 a.m.)
- Treasure Coast Singers Practice (10:00 a.m.)

Thursdays

- Line Dancers (12:00 p.m.)
- Praise Team Practice (6 p.m.)

Friday

- Tai Chi for Beginners (1:00 p.m.)
- Quilters Guild (9th, 9:00 a.m.)
- Game Night (12th, 7:00 p.m.)
- Family Movie Night (19th, 6:30 p.m.)

Saturdays

- Men's Meeting (6th, 8:00 a.m.)

Trinity United Methodist Church

2221 NE Savannah Rd.
Jensen Beach, FL 34957