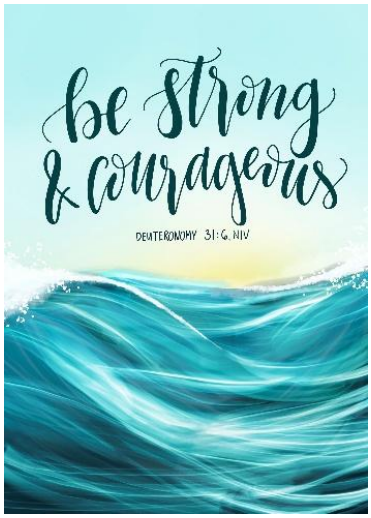
Trinity United Methodist Church Newsletter

"Live by Faith, Be Known by Love, Be A Voice of Hope"

November 2026 Volume IV, No. 11

Thanks in Action

See, I have set before you today life and prosperity—Deuteronomy 30:15.



November is a time for giving thanks. Thanks to those who have gone before us who have established a country that gives as much as it takes. Thanks for the coming of Christ Jesus as we prepare for the holiday season. Thanks, too, for having Trinity United Methodist Church, a church which gives back to our community.

November is also the month that Trinity reviews its outreach to the larger Jensen Beach, Stuart, and Port St. Lucie communities. November is also a month where we at Trinity begin to prepare our 2027 mission, vision, and goals—both internal to the congregation itself and outreach to those in our community who need help, both financially and spiritually.

Over the month of November Trinity will be conducting its stewardship campaign for the new year. You will hear from some of our ministries about how Trinity has impacted the community and plans for new activities that will add to our local visibility.

Much of our focus in November will focus on new ways to *inform* the community of what Trinity has to offer. We will review our various missions through 2027 and report on how they have impacted both the congregation itself and the local community. For instance, our music mission continues to provide spiritual awareness and growth. Our Priscilla Circle continues to help those who cannot help themselves through the Heifer Project's *Noisy Change Sundays*, our work with *House of Hope* to provide food and clothing, and new projects to assist those who need help the most. Our Methodist Men will continue to serve Trinity through its *Pancake Breakfasts* that feed the congregation and locals and provide financial support to *End World Hunger*. Our Children's Ministry continues to grow, attracting new families to Trinity.

In 2027 we will see more to enhance Trinity's mission and vision to "live by faith, be known by love, and be a voice of hope.

Don

Pastor's Corner

What shall I return to the LORD for all his bounty to me?—Psalm 116:12

The other night, I sat at dinner with people I'd just met. Conversations like this often turn on family, career, travels, and unique experiences. But we also shared our faith stories. Most at the table had grown up in Church and remained most of their lives.

My story is almost always an outlier: I was baptized at the age of 37. I was in a completely different career when I began attending Church. I received the *Call to Ordained Ministry* about a year after my baptism, and after a few upheavals on my career path, I began my studies at Drew Theological School at 42 years old.

I informed my new friends that from the moment of my baptism, my entire life changed. The friends I'd made at Church invited me to participate in ministries, go on mission trips, and study the *Bible* with them. Some of these friendships endure to this day.

When I began my studies at Drew Theological School, belonging to the United Methodist Church meant that I could attend a seminary with a nearly 160-year Methodist history. And when Kim and I felt called to move our little family to her home in the State of Florida, our connection meant that I could transfer my candidacy and begin a career in ministry here.

When we arrived with our toddler Grace, serving in a United Methodist Church meant that we had a United Methodist day school she and Matthew could attend. I so enjoyed the days I could take my little ones to work with me, enjoy a Dunkin' Donuts breakfast with them in my office, and drop them off at school down the hall! And then when we moved here to Jensen Beach, the preschool at First UMC in Stuart felt uncannily like home!

God has been gracious and bountiful to me and my family, and that comes in no small part from all the people of the United Methodist Church, past and present. Although the timeline of my walk with Christ might be unique, the story of God's life transforming power among the people of God is one told many times over. In fact, our Methodist Connection now transforms the lives of ten million people across four continents!

How might God change our lives here at Trinity, and the lives of those who join us in the future, when we continue to offer a portion of the time, talents, and resources God has so generously entrusted to us? "What shall I return to the LORD for all his bounty to me?"

Anil

Figure 1

When Opportunity knocks!

Well, here I am…opportunity! Let's just say I am offering you an opportunity. An opportunity to learn, to grow, and to move forward in God's work. On November 14, 2026, Ed Sossaman will be offering the Lay Servant Ministry Basic Course at First United Methodist Church of Stuart. The Lay Servant Ministry Basic Course is designed to equip new church leaders and servants and renew current leaders/servants. It is the foundation course for other leadership training. The course covers the three core categories of Lay Servant Ministries: Leadership, Caring, and Communication. It also emphasizes ministry in daily life and sharing faith stories. I know what you may be thinking: I am not a leader or in a leadership position; you don't have to be. You may be a volunteer, either a new one or a long-term volunteer, or you may be considering a volunteer or leadership position, or you may just want more information about the leadership structure of the Methodist church. This is the class for you!

We are all lay servants, certified or not, if we are serving in any capacity in the church. Why not take a course to strengthen your skills? Having just completed my Lay Speaker certification, which is the 2nd level of certification, I can tell you I have been richly blessed and educated on the ways of the United Methodist Church. The coursework through reading, writing, and discussion has taught me a lot. You don't have to become a certified lay servant leader, but there certainly is an educational and spiritual advantage to it. It doesn't mean you have to stand in front of a congregation and preach; it just provides an opportunity to learn and grow. I would highly recommend that our church leaders take this course. Trinity would not work as smoothly as it does without our volunteers, and we are grateful for each one. We have the potential to have several certified lay servants. We already have the servants, and I would love to see our church represented in the district as the one with several *Certified Lay Servants*.

Here are the rest of the details: The cost is $50.00 (if that is an issue, please see me), which includes a light breakfast and lunch, and the course materials. That cost is less than what I have paid through the BeADisciple.com site. It begins at 7:30 a.m. and ends at 6:00 p.m. That may seem like a long day, but normally the classes last two weeks, with approximately an hour a day at least. Also, there are currently very few classes offered live, so this is a great opportunity. If you have any questions, you can reach out to me or to Ed Sossaman at First UMC of Stuart @ 1-832-361-0078. I will say it again: It would be great if we could be the church in the district that stands out as having the most certified lay servants. Give this opportunity prayerful consideration.

Rick

Figure 2

The "I Can Do" Spirit

Each of you should give what you have decided in your heart to give…
for God loves a cheerful giver—2 Corinthians 9:7

Good news! We continue to see a steady trickle of new faces at our Sunday services, and we want to make sure every guest receives a warm and friendly welcome. Many of our guests tend to sit in the last few rows of the sanctuary. At each service, take a moment to look around and introduce yourself to someone you don't recognize. During our greeting time, walk over and say hello if you are able. If you prefer to stay in your seat, simply turn around, wave, and smile. And on your way out of church, five seconds can make a difference: "Hello, it's nice to meet you!" "We hope to see you again next Sunday!" Sometimes the simplest gestures make the biggest impression.

That same spirit of welcome is important when visitors stop by the church office to ask about attending Hooks and Needles, Tai Chi, Line Dancing, or other church activities. A common question is, *"Can I participate if I'm not a member of the church?"* Our answer should always be: "Yes! We would love to have you!"

First impressions matter. No one should ever be too busy to smile and say, "Hello! How may I help you?" If you are visiting the office or helping as a volunteer, welcoming someone new takes only a moment and can brighten their day as well as yours.

So How Will That Help Us Grow?

Giving is what we give from our hearts, and it isn't just about money. Giving is also sharing our time, friendship, kindness, love, and connection with others. People are drawn to a church not simply because of its programs or events, but because of what they experience when they walk through the doors. When guests experience the love of God flowing through each of us, they begin to understand what our congregation represents.

It's not simply about increasing membership. The Outreach Committee can plan wonderful events that bring people from the surrounding community to Trinity, but ultimately people need to feel welcomed, connected, and called to join us on Sundays. If you have ever attended a Priscilla's Circle or the Men's meeting, or participated in another activity at Trinity, you know that our church has a deep commitment to caring for others throughout Jensen Beach, Stuart, Port Saint Lucie, and beyond. Helping others brings a wonderful sense of fulfillment, and that spirit is contagious. Our church groups live what we believe by reaching out and touching the lives of others, whoever they may be.

What Can I Do?

Look inside your heart and consider giving some of your time, as you are able. "I'm too old." "Been there, done that." Let's put those sayings aside! Everyone has something they can contribute, and participating does not have to mean taking on a major responsibility. You might sign a card for a congregant who is ill, help at a church event within the limits of your abilities, sit at a table for half an hour and welcome guests, volunteer to be a Welcome Ambassador—after all, you're already at church! Simply smile, say hello, and help someone new feel that they belong. Small acts of kindness are still acts of giving.

(Continued on page 5)

(Continued from page 4)

Spread the Word

Over the next few weeks, you will be asked to complete an interest survey. Please take a few minutes to fill it out. Your responses will help us better understand the interests of our congregation. We will also distribute business-size "Spread the Word" cards to Trinity members. These provide an easy way to share our spirit with people you encounter in everyday life: your hairdresser, barber, server, grocery clerk, neighbor, or anyone who does something kind or helpful for you. A simple "thank you" can open the door to a new connection. Our *Mardi Gras Family Festival* in February will offer another wonderful opportunity to have fun, meet people from surrounding communities, and welcome them to our church.

The "I CAN DO" Spirit

Keep an eye out for the "I CAN DO" board in Fellowship Hall. There, you will be able to sign up to help with different events and activities in ways that fit your interests, time, and abilities. It is not the work of just a few people that makes Trinity special, it is all of us, giving what we can, when we can, and sharing the gifts God has given us. Together, our smiles, our kindness, our time, and our willingness to say "I CAN DO" can make a real difference.

Thank you for all you do for others every day!

Gail Rader

Giving Thanks

Thoughts of Thanksgiving arise when I think of November. It is a time to gather around the table with friends and family. It is also a time for memories of loved ones who have passed on—the labors of love of those who prepared the food and the bowed heads around the table as the blessing was offered. I am truly fortunate to have so many good memories. My family was always able to feed five children, and we never lacked food.

Yet many people in our community are unable to afford a Thanksgiving meal. They need help from those of us who are able to give. House of Hope is once again stepping up through its *annual turkey drive*, with the goal of providing families in economic need a holiday meal with all the trimmings. In the true spirit of the season, community members are invited to bring a frozen turkey, other food items, or a monetary donation to any House of Hope pantry by Friday November 13th. Groups, organizations, and neighborhoods are also encouraged to conduct food drives to help neighbors in need.

This November and beyond, let us strive to be more mindful of those in need. Let us express our gratitude for God's blessings and grace by sharing generously with others.

Becky Binder

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Congregational Care: Rick Decker
Office: Anne Pappas
Communications: Randi Schwartz
Nursery: Sandi Mulvaney

Music: Cynthia Beam
Organist: Dr. MJ Montague
Choir Accompanist: Hye-Yun Chung Bennett
Celebration Leader: Darryl Sweeting
Media: Mike & Tiffanie Fields

October Happenings

Randi

Ron Corbin's Peach Cobbler

This is AMAZING! Not real healthy, but SO good!
(Former Director of Martin County High School Opus Choir)

Ingredients

- 3 Large Cans of Peaches (29 ounces). Drain the juice from one can, keep the juice from the other two.
- 1 pound of butter, cut into small pieces.
- 1 or 2 cups of sugar to taste.
- 2 teaspoons vanilla extract
- 2 teaspoons of ground nutmeg
- 4 or 5 pie shells

Directions

- Mix all ingredients (except the pie shells) in a large bowl.
- In a large Dutch Oven (Ron used cast iron)—Bake in three layers at 400 degrees. (A layer of peach mixture, cover with a pie crust and bake at 400 until the pie crust is browned.) Do this with each layer.
- Add another layer, top with another pie crust and bake until brown AGAIN.
- Do the same thing with the third layer. Yes, you bake it three times!
- The last two pie crusts can be sliced into strips if desired and criss crossed on the top layer for added visual appeal.

When the final layer is browned to the desired color, the cobbler is to enjoy!

Shared by Rob Roadman

Media

On November 26, 2025, our family grew from three to four, marking a moment that would transform our lives in ways we couldn't have imagined. As we navigated the early days of this new chapter, we found ourselves caught up in a whirlwind of experiences with our little one. From the very start, we sensed that this journey would be filled with surprises. Although she may be small, her spirit is undeniably strong. Witnessing her discover new things and explore different foods has made each day feel like a remarkable gift. Looking back on the past year, I'm filled with gratitude as I recall the challenges we faced and the milestones we celebrated, each one bringing us closer together and filling my heart with joy.

Balancing a baby, a young child, a full-time career, and personal growth is challenging. While I am often told to prioritize self-care, I struggle to do so, consistently putting others before myself. This tendency is both my greatest strength and my weakness, but knowing my family is happy makes the effort worthwhile. My faith sustains me. I trust that God does not give me more than I can handle and that He entrusted me with these children because He knew I was capable. While I rely on Him for guidance, the support of those who love my children is what truly carries me through.

Numbers 11:17 NIV reminds us: *I will come down and speak with you there and I will take some of the power of the Spirit that is on you and put it on them... They will share the burden of the people with you so that you will not have to carry it alone.* A Bible study by Captain Harryette O'Brien titled "It Takes a Village" resonated deeply with me: "Friends, we were never meant to go it alone. Ministry, parenting, relationships, you name it. God created us to be in community." It truly does take a village and I could not do this without the support of everyone who has touched our lives. Whether it is a smile at my children or a kind word to me, that encouragement keeps me moving forward. I am blessed to be surrounded by a village built on love, happiness, and faith.

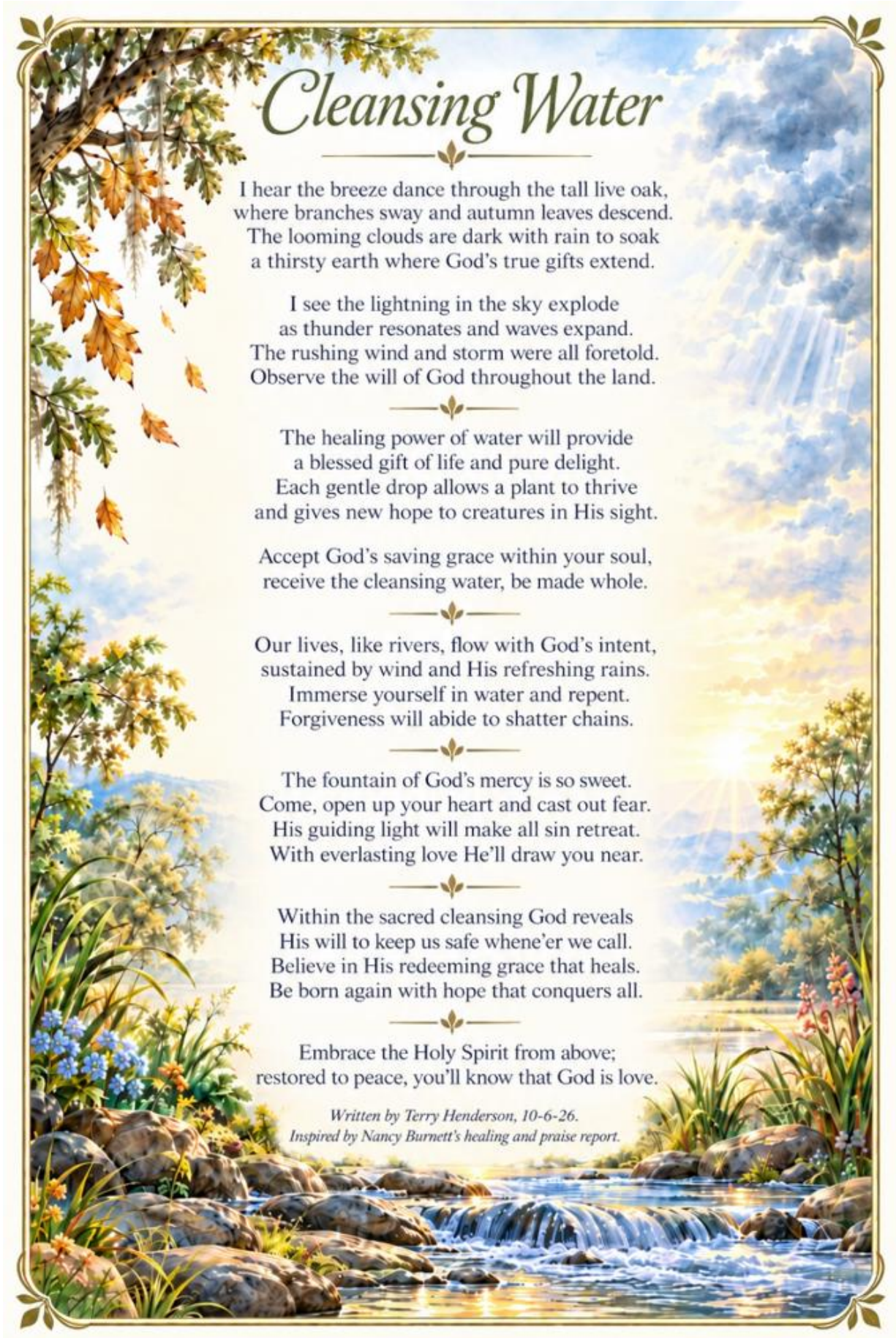
As I reflect on the past year and all that we have endured, I am reminded of the importance of these connections. Our village has become a source of strength, providing help in countless ways, from babysitting to sharing parenting tips, and even just being there to listen when the weight of motherhood feels heavy.

There are days when I feel overwhelmed, like I'm juggling too many balls in the air, but then I hear the laughter of my children or catch a glimpse of their joyful faces, and it all becomes worth it. The little moments—like our toddler's enthusiastic attempts to teach his baby sister how to stack blocks or the way they light up when we read bedtime stories together—remind me that this chaotic life is filled with beauty.

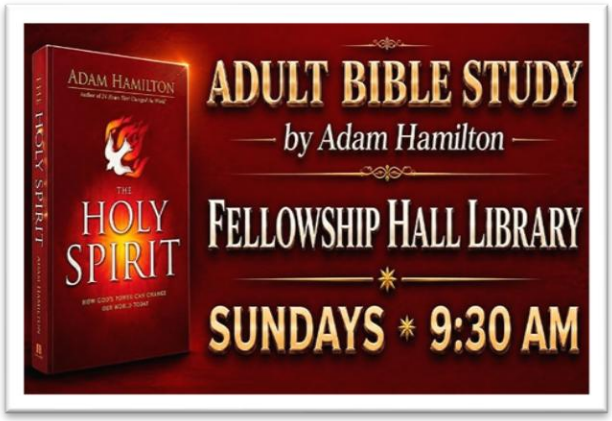
As we head into the new year, I am committed to continuing this journey of growth and balance. I want to embrace each moment, whether it's the challenges or the joys, and learn to ask for help when I need it. I want to nurture not only my children's growth but my own as well. I am excited about the possibilities that lie ahead—the adventures our family will embark on, the lessons we will learn together, and the deepening of our bonds. With every passing day, I am reminded that we are all in this together, that our village is here to help us thrive. And as I hold my little ones close, I can't help but feel an overwhelming sense of gratitude for this life we've built—a life filled with love, laughter, and the unwavering support of those around us. Here's to another year of growth, adventure, and the beauty of community.

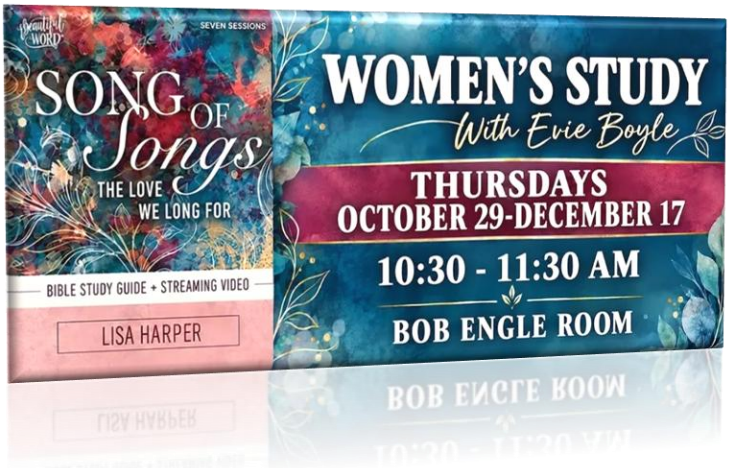
Happy 1st Birthday Kyleigh Rae! We ALL love you so much!

Mike & Tiffanie


Cleansing Water
I hear the breeze dance through the tall live oak,
where branches sway and autumn leaves descend.
The looming clouds are dark with rain to soak
a thirsty earth where God's true gifts extend.
I see the lightning in the sky explode
as thunder resonates and waves expand.
The rushing wind and storm were all foretold.
Observe the will of God throughout the land.
The healing power of water will provide
a blessed gift of life and pure delight.
Each gentle drop allows a plant to thrive
and gives new hope to creatures in His sight.
Accept God's saving grace within your soul,
receive the cleansing water, be made whole.
Our lives, like rivers, flow with God's intent,
sustained by wind and His refreshing rains.
Immerse yourself in water and repent.
Forgiveness will abide to shatter chains.
The fountain of God's mercy is so sweet.
Come, open up your heart and cast out fear.
His guiding light will make all sin retreat.
With everlasting love He'll draw you near.
Within the sacred cleansing God reveals
His will to keep us safe whene'er we call.
Believe in His redeeming grace that heals.
Be born again with hope that conquers all.
Embrace the Holy Spirit from above;
restored to peace, you'll know that God is love.
Written by Terry Henderson, 10-6-26.
Inspired by Nancy Burnett's healing and praise report.

November Opportunities





Why I love this church

The first time I entered Trinity Church
I focused on the stained glass beauty
in front of me and somehow felt safe
as if I was one of the sheep Jesus herded
The friendly greeters' smiles as I entered
Pastor Anil's special welcome and the
warm greetings of the parisheners, all
very endearing.
The praise team's music so heartfelt and
uplifting
The sermon by pastor Anil always so
true and enriching as if he was just
one of us, - which of course he will say
he is, but to me he will always be a
step above, insightful and enriching.
Then there is the harp and the fingers,
all enough to make you want to
come back and make this your
Sunday morning home.
God Bless Trinity Church and its
members and all God's people

Karen Richens

Meet Richard & Pat Dampf

Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help.—Ecclesiastes 4:9-10

Rich and Pat Dampf are a great example of the great things that can be done when a couple works together in all aspects of their life. They have been instrumental with many functions here at Trinity United Methodist Church and in the community, having put together a function up north accommodating 300 people.

The Dampfs are both originally from the New York/New Jersey areas and both are retired. They lived on the island here in Florida for 10 years and moved in 2022 to Jensen Beach. They have two daughters (twins) in New York and a son in Massachusetts.

They have always been involved with the Methodist Church. Pat was more deeply invested in the church until Richard retired (in the late 90s) and at that point, he also became very involved. They have attended one church for ten years where Richard served on the Church Council and another church in the nearby area for an additional amount of time but never joined. Upon attending Trinity, they appreciated the friendliness of the church family, the pastor and his sermons, and how the church did things within the community. This time they decided to formally join the church and Rich currently serves as a Trustee. Pat is also involved with church programs, including Priscilla Circle.

When working, Pat was in the Finance Department of Simon-Schuster Publishing. Richard was in the Manufacturing Department of BMW Motorcycle Division. Management approached Richard about racing motorcycles. It was at that time the first program grew (1992–1997) and BMW took the program over to Europe. A second program was implemented and Richard, reluctantly, developed that one as well. Not only did the program do well here in the states, but the President of BMW was so impressed that they took it to Europe where it is still being conducted.

I asked them what their greatest strength was. Rich responded with staying busy, being a worker…a doer. Pat is a terrific baker but admits she doesn't do it as often since there's only the two

of them. She is also very adept at finance and organizing. They both agreed their biggest strength is their ability to work together on most everything and making it a success.

When asked about their greatest weakness, Richard said he can't hear! Pat's is one many of us can relate to…her grandchildren. She said there isn't anything she wouldn't do for them. One note of interest is that Pat started a Twins Club and was heavily involved with keeping that going.

Both Dampfs are so pleased with the many improvements the church has made in the recent times, such as the Memorial Gardens, Cynthia Beam doing great work with the music program, more children coming into the program, and the overall campus looking better. Richard was very involved in cleaning the upstairs area and preparing the classroom now being used for the older children. He welcomes giving tours of the upstairs area to show the potential for future use.

Richard would like to be known as the guy who wants to be given challenges, and Pat wants to be remembered for her good works, kindness, and generosity. You can see how these two wonderful people have worked together doing kind deeds.

They also have fun together, including riding their motorcycles frantically away from the Buffalos chasing after them at Yellowstone. Wouldn't you have liked to see that!

Meri

Music Ministry

November. The month most thought of for *thankfulness*. And my heart overflows with gratitude for my church family. Nearly every week someone thanks me for our awesome music and for that I am thankful to you and to God. For it is only because of Him that we give our all, each and every week, to praise Him. What an honor and privilege.

And for me, November is not only the month for being thankful...thankful for the talent that I work with each and every week...but it also brings a sense of excitement along with a little panic. You see, as Pastor often reminds me, Christmas is right around the corner.

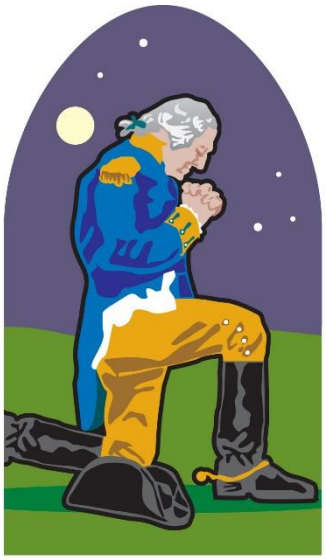
But before we jump into the holiday season, I'd like to give thanks to TCCS for their awesome *Give Me That Ole Time Religion* concert (see photo page 5). They started the season with a bang, singing those ever so fun favorites. Speak about bringing back memories! And we look forward to their upcoming concerts throughout the year. We are very happy (and grateful) for the TCCS relationship with Trinity!

But as I alluded, November is a jump start to the busy season. We start by remembering our loved ones who have gone on to glory this past year on November 1st, followed by honoring our Veterans on the 8th. Our service of Thanksgiving will be celebrated on the 22nd, and then right into the Advent season on the 29th.

So where is the slight panic I mentioned? Oh, it may have to do with the mountain of music needed for the season. But somehow, it always works...and again it's because of the talented and dedicated musicians here at Trinity.

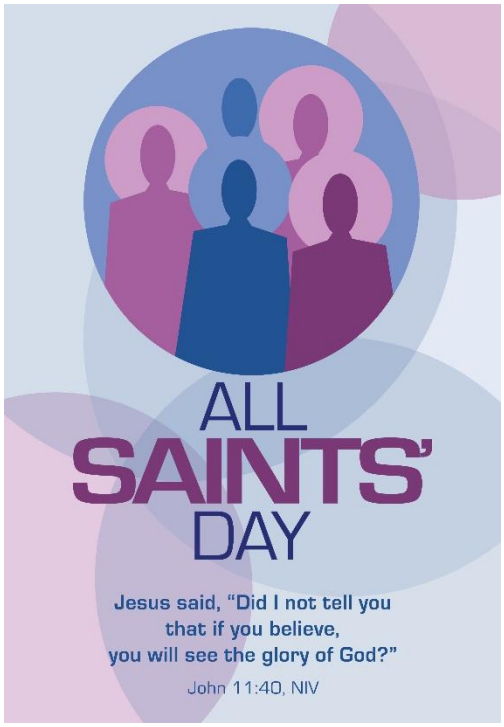
And for that I am very grateful.

Cynthia



For what other **great nation** has a god so near to it as the **LORD our God** is whenever we call to him?

DEUTERONOMY 4:7, NRSV



November 1st

Trinity Children's Ministry
Growing in Faith, Courage & Purpose

I will never leave you nor forsake you.—Hebrews 13:5

As we welcome Fall, we continue celebrating the joy of watching our children grow in faith, friendship, and confidence in God's promises. A special thank you to Robin Stacks for creating our beautiful Fall bulletin boards, reminding our children that God is always with them, He will never leave them, and they do not have to be afraid.

Exciting things are ahead for Trinity Children's Ministry! This November, our ministry team will begin gathering monthly to pray together, share ideas, and create a vision for the future. We will begin exploring a special name and identity for our ministry as we seek God's guidance in discovering what He has planned for the children of Trinity.

We are excited to explore opportunities for our 7–12-year-olds to put their faith into action through service projects within our church and throughout the community. We will also be creating opportunities for parents to get involved and grow alongside their children.

We would love to hear from our church family! As we prayerfully explore a name and vision for our ministry, your ideas and suggestions are welcome. If you have a heart for children, would like to share your gifts, or feel called to become part of Trinity Children's Ministry, please reach out!

Together, we look forward to seeing how God leads us as we continue growing in faith, courage, love, and service.

Blessings,

Jeanmarie DeChiaro

Priscilla Circle

The Priscilla Circle is often possibly thought of as the "ladies aide" group of TUMC. There are usually about 20-25 members present at each monthly meeting, at 10:00 a.m. on the second Monday of the month. We gather together to worship, celebrate each other, and work for the greater good of the congregation.

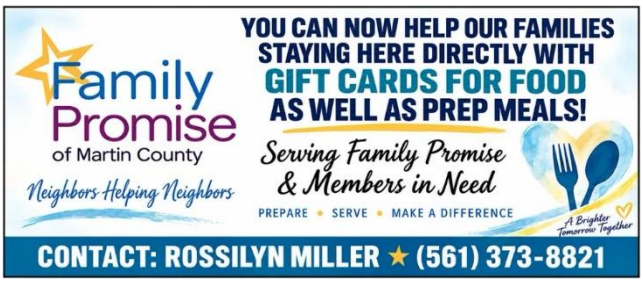
At meetings cards are signed which go to shut-ins and the bereaved. We are also the ones that decide on, obtain, and assemble gifts for the congregation on holidays. We volunteer to collect for the Noisy Change funds which benefit the local and Global Heifer Project and manage the collection and delivery of the food contributions for House of Hope.

At this time our larger focus is getting ready for the annual *Craft and Bake Sale*, organizing many committees, and seeking contributions for the bake sale portion. Our Hooks and Needles group, which falls under the Priscilla Circle umbrella, is also working on sellable items for the sale.

Come and join us for faith and fellowship and collectively working behind the scenes to help keep TUMC thriving.

Doris Gould
Pat Williams

Trinity's Out-reach/In-reach



United Methodist Men

After a time of fellowship and breakfast, Don Stacks called our October meeting to order around 8:25 a.m. Sixteen men were present.

Before proceeding with the meeting, Don asked us to keep praying for Jim Williams, Don and Carol Frye, and Jesse Calloway.

Don then reported on the Men's financial standing. We have a balance of over $5800 in our treasury. Terry Tychan gave a secretary's report recapping the highlights of our September meeting and reminding the group that Don is looking for a volunteer to keep us in touch with the church's other ministries.

Archie Satchell then presented a devotion centered around Psalm 121 and the assurance and hope in God's eternal protection. We should welcome God's caring and untiring watch over our lives.

Item 1 of new business was a strategy session for this season's first pancake breakfast scheduled for October 10th. Archie detailed the needed cooking and serving roles and enlisted volunteers.

In item 2 we firmed up plans to advertise the pancake breakfast and identified people to hang the large banner and plant signs throughout the local area. A photographer from the Chamber of Commerce will also be attending the breakfast. A *grace prayer card* will be produced and handed out with the tickets. There will also be live music at our breakfast.

Next, Archie discussed two options for buying a new grill on wheels and the group approved the purchase of a dual charcoal and gas grill running around $700. We will be purchasing the grill through our Amazon account to avoid paying sales tax. Also, Rob Roadman is looking into a possible donation of a back-up grill.

On the next item, Don Stacks floated the notion of our men's group getting involved in mentoring local elementary school kids. This was not received with much enthusiasm, but Dale Forbes offered to provide information on how our members could engage in this type of effort through the local Helping People Succeed organization.

Reverend Singh advised us that Sally Reed, a beloved member of our congregation and choir singer passed away in late September.

Please also remember to pray for Lowell and Sara Kafer, Doug and Ann Evans, Don and Carol Frye, Anne and George Pappas, Richard Deininger, and Bob Snow.

Reverend Singh led us in a closing prayer and the meeting adjourned at 9:15.

Terry Tychan

November 11th

Healthy-Style Cranberry-Cherry Oatmeal Bake

Serves: 6–8

Ingredients

- 2 cups rolled oats
- 1/2 cup dried cranberries or cherries
- 1/2 cup chopped walnuts or pecans
- 1 teaspoon cinnamon
- 1/2 teaspoon ground ginger
- 1/4 teaspoon salt
- 2 cups milk or unsweetened plant milk
- 1/2 cup unsweetened applesauce
- 1/4 cup maple syrup
- 2 tablespoons melted butter or coconut oil
- 1 teaspoon vanilla extract
- 1 egg, lightly beaten
- 1/2 cup fresh or frozen cranberries/cherries, optional

Directions

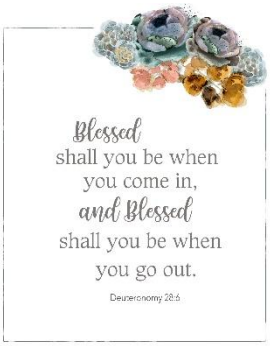
1. Heat the oven to 350°F. Lightly grease an 8-inch square or similar-sized baking dish.
2. Combine the dry ingredients: In a large bowl, mix the oats, dried cranberries/cherries, nuts, cinnamon, ginger, and salt.
3. Mix the wet ingredients: In another bowl, whisk together the milk, applesauce, maple syrup, melted butter, vanilla, and egg.
4. Combine: Pour the wet mixture into the oat mixture and stir until everything is evenly moistened. Fold in the fresh cranberries if using.
5. Bake: Spread into the prepared dish and bake for 35–40 minutes, until the center is set and the top is lightly golden.
6. Rest: Let cool for about 10 minutes before serving.

Serving instructions

Serve warm with a splash of milk or a spoonful of plain yogurt. For a less-sweet, more traditional whole-food version, reduce the maple syrup to 2 tablespoons and let the cranberries provide most of the sweetness.

GF note: Oats are naturally gluten-free, but cross-contamination is common, so use certified gluten-free rolled oats if you need the recipe to be strictly GF

Kim Singh



Church Council

Trinity's Church Council met on October 18th to discuss matters of concern to the church and congregation. Council Chair Barry Brunmer called the meeting to order in Fellowship Hall at 2:18 p.m. He asked for any corrections to the previous meeting's minutes and, hearing none, the minutes were approved. The following 18 committee and staff reports were then presented, discussed, and when required voted upon.

Chair's Report: Barry Brunner reported on the state of Trinity's finances and noted while there was concern with donations Trinity was moving forward.

Outreach & Evangelism: Pastor Singh reported for the committee that the committee had become responsible for Trinity's advertising spending for 2027. He announced that the committee was currently planning a Family Fun Event for February 2027 and was preparing to conduct a congregational survey of possible workshops or other events for 2027.

Trustees: Barry Brunner reported on progress being made on the Memorial Garden renovation and was working on a lighting proposal.

Finance: Dale Forbes presented Trinity's current financial state, noting that like previous summers donations had fallen off and that expenses rose due to a lighting strike that required a number of AC units to be replaced. As noted by Chair Brunner, Trinity will continue to move forward.

Stewardship: Archie Satchell went over the November stewardship campaign. He said that the 2027 budget would be presented in the stewardship brochure to be handed out in November.

Budget: Dale Forbes presented the 2027 Trinity financial budget that will be published in the stewardship brochure. He noted that the currently vacant Facility Director position will be filled and that position was represented in the administrative line. After discussion, the budget was unanimously approved.

Lay Leader: Roz Miller announced that our Family Promise mission would be hosting two families in October with two adults and four children. She asked for volunteers to help with funding or meal preparation. Additionally, Trinity hosted a meeting with other Family Promise churches on October 14th.

SPRC: Becky Binder reported that the committee had been meeting on budgetary matters to present to the Finance Committee.

Line Dancing: Sue Nance reported that the Absolute Beginners (AB) class was up and running and was going well.

Nominations & Leadership: Pastor Singh presented the slate for Trinity's committees and officers. After discussion the slate was unanimously approved. He then reported that Becky Binder was doing well chairing the SPRC and he thanked outgoing Council Chair Barry Brunner for his hard work and leadership.

Pastor's Report: Average monthly attendance has been up over reported 2025 attendance, with the 11:00 a.m. service still above the 9:00 a.m. service. He noted that intentional discipleship continued to meet expectations.

Music: Cynthia Beam stated that the Treasure Coast Community Singers were back for their first concert and that the Christmas cantata will be "Music from Around the World" and include 10 instruments and a drummer.

Media: Mike Fields presented the social media viewing statistics with Facebook and YouTube®. Facebook livestream views approached 15,000 and YouTube® at 1,900. Statistics are steady. It was noted that social media donations accounted for about a third of all donations.

Congregational Care: Rick Decker informed the Council that a "Be A Disciple" class would be offered on November 11th and last a whole day. It will be at First United Methodist Church of Stuart. He also discussed the Children's Ministry, thanking substitutes for coverage and that Christine Olazagasti and Evie Boyle were adding music to the ministry's classes.

Priscilla Circle: Roz Miller reported that 25 members attended the first fall meeting and one new member attended. Noisy Change collected $259.50

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for our Heifer ministry with $2,000 being sent to Heifer this month. House of Hope donations, however, only received 47 pounds.

Methodist Men: Don Stacks reported the Pancake Breakfast served almost 100 meals, and the season is just beginning. He also reported the purchase of a new grill . Working with Priscilla Circle the men will "Hang the Greens" after the 11:00 service on November 22nd.

Communications: Randi Schwartz noted that Trinity was doing good with almost 10,000 viewers and that Trinity's website was listed in the top 5% of church websites.

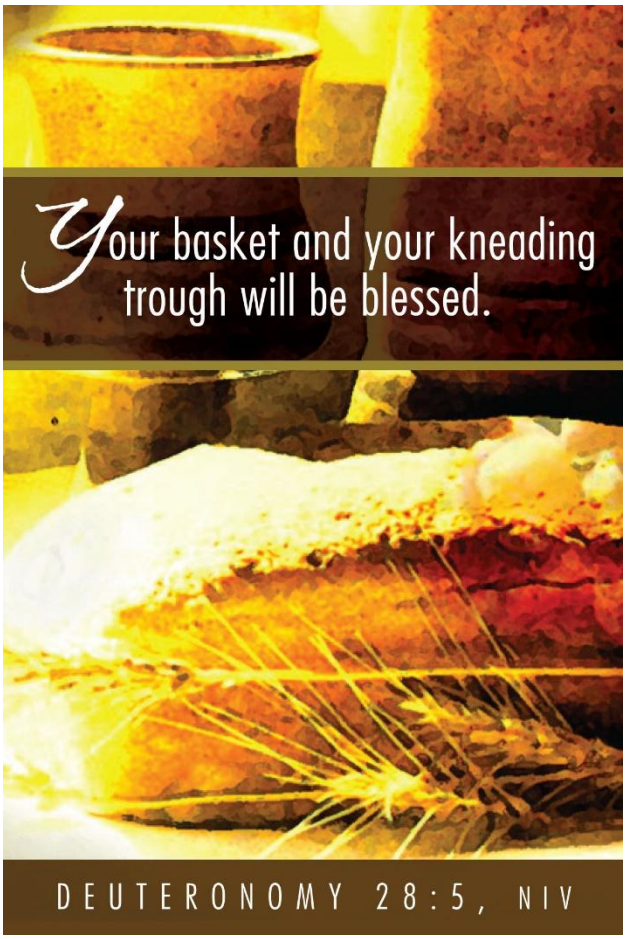
Newsletter: Don Stacks provided statistics for the first 10 months of publication with an average of 13.5 articles, representing an average of 4,811 words per article, producing on average 18.2 pages per issue. He also reported that thus far in 2026 the Newsletter had posted 274 photos.

Administration: Anne Pappas said that all the Charge Conference paperwork was done.

New Business: There was no new business to discuss, but Sue Nance informed the Council that Jeanmarie DeChiaro was completing the "Walk to Emmaus" retreat.

There being no other business to discuss, the meeting was adjourned with Prayer by Pastor Singh at 3:38 p.m.

Don Stacks



november

Sundays

- Celebration Service (9:00 a.m.)
- Traditional Service (11:00 a.m.)
- Fellowship Hour (10:00 a.m.)
- Sunday School (9:00 a.m.)
  - Ages 1–3, Room next to Nursery
  - Ages 4–12, Room 204
- Adult Bible Studies (9:30 a.m.)
- Prayer Time (10:30 a.m., Bob Engle Room)
  - 1st Sunday: *Communion, House of Hope Donations*
  - 3rd Sunday: *Noisy Change*
  - 4th Sunday: *New Member Sunday*
- Lunch & Learn: *The Story* of *Trinity* (8th, 12:30 p.m.)
- *New Members Class* (15th, 10:15 a.m.)
- *Governance Meetings* (15th, Trustees 12:30 p.m., Finance, 2:00 p.m., Church Council, 3:00 p.m.)
- *Hanging of the Greens* (22nd, 12:30 p.m.)

Mondays

- Priscilla Circle (9th, 10:00 a.m.)
- Line Dancing (1:00–3:00 p.m.)
- TCCS rehearsals (4:00 p.m.)
- TCCS Kids Choir Fellowship Hall (4:30 p.m.)

Tuesdays

- Tai Chi (10:00 a.m.)
- Lunch Bunch (3rd, 17th, 11:30 a.m.)
- Trinity Ringers (5:30 p.m.)
- Outreach (10th, 6:30 p.m.

Wednesdays

- Treasure Coast Singers Practice (10:00 a.m.)
- Hooks & Needles (11th, 25th, 10:00 a.m.)
- Blessings in a Bag (12:30 p.m.)
- Absolute Beginner (AB) Line Dancing (1:00 p.m.)
- Stewardship Subcommittee (18th, 4:00 p.m.)

Thursdays

- Women's Study, Song of Songs (10:30 a.m.)
- Line Dancers (12:00 p.m.)
- Praise Team Practice (6 p.m.)
- Choir Practice (7:00 p.m.)

Friday

- Tai Chi for Beginners (1:00 p.m.)
- Quilters Guild (9th, 9:00 a.m.)
- Game Night (13th, 7:00 p.m.)

Saturdays

- Men's Meeting (7th, 8:00 a.m.)
- Pancake Breakfast (14th, 8:00–10:00 a.m.)
- Craft & Bake Sale (28th, 9:00 a.m.–1:00 p.m.)

Trinity United Methodist Church
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Jensen Beach, FL 34957