



Trinity United Methodist Church Of Jensen Beach Newsletter

“Live by Faith, Be Known by Love, Be Voice of Hope”

April 2024

Volume II, No. 4

Understanding Biblical Virtue(s)

What is a virtue and why are virtues important in understanding our relationship with God, society, and others? *Virtue* is often defined in several ways. It can be approached as morality or as a way of conducting our lives. It can be seen as strength or courage. Virtue may be defined in terms of a commendable quality or trait. It also can be seen as a capacity to take action in accordance with some defined end goal. And, virtue, when used in the plural, defines a hierarchy or order of things.

What virtues does the Bible advance—both in terms of a way of life and in terms of the *actions* we should strive for? Virtues and discussions of them are found throughout the Bible. Some virtue emphases change over time, especially looked at from an Old Testament and a New Testament perspective. *Love* and *faith*, although found throughout the Bible, are emphasized more in the New Testament but are laid as foundational virtues early in the Old Testament. It has been suggested that there are many values to be found in the Bible; we will look at twenty prominent virtues found across both the Old and New Testaments. Can you name five off the top of your head (not including the two already stated)? What Biblical passages provide examples of their use?

Newsletter readers already know we are covering the Bible chapter monthly, chapter by chapter, from the Genesis to Revelation. Beginning in the May issue we are adding a series on *virtues* over the next twenty months to our Christian education curriculum. As with our coverage of biblical chapters, each month we will cover one of twenty virtues as found in the Bible, scriptural examples of each, and an interpretation of use over time. Elsewhere in the *Newsletter* will be a worksheet to help drive home what was presented earlier.

We hope that you will find this addition a valuable experience in your continuing Christian education and will be able to use this knowledge in your understanding of virtue in daily life.

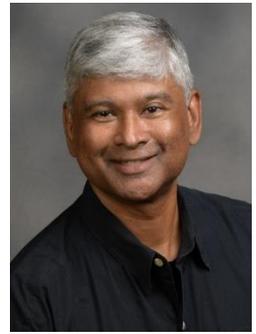


spring
NEWSLETTER



But There's More

But there are also many other things that Jesus did; if every one of them were written down, I suppose that the world itself could not contain the books that would be written.—John 21:25



I love this final verse in John's Gospel. In his very last words to us, John tells us that there is so much more to our Lord and Savior than has been written.

Think of all the faithful generations, come and gone over the last two thousand years: All the stories never heard, all the lives inspired by God, all the miracles witnessed by but a few. And then think of what's to come! There is so much more to the Salvation Story than meets the eye!



The image to the left is of the Phantom Galaxy 1, some thirty-two *million* light years from Earth. Though we have tremendous astronomical capability, we can still observe only a tiny portion of the universe. We are part of a story far grander than we can envision.

As we move through the weeks of Easter and on towards Pentecost, let's spend some prayer time "zooming out" to the wider view of God's activity. We just might hear the Good News in a way we've never heard before!

Anil

Credit: ESA/Webb, NASA & CSA, J. Lee and the PHANGS-JWST Team. Acknowledgement: J. Schmidt

<https://esawebb.org/images/potm2208a/>

Easter Drama 2024



From the Media Department

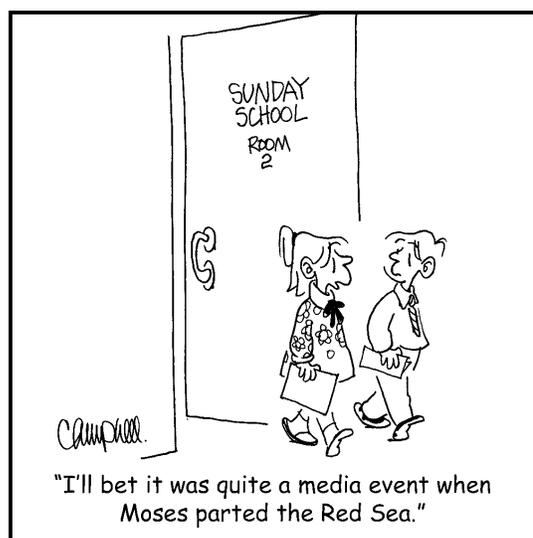
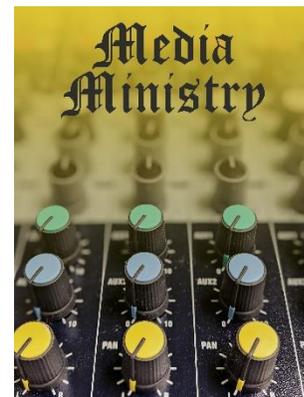
Not Just Sunday Mornings

You might be used to seeing us in the Media Booth on Sunday mornings. Whether you come to the 9:15 or the 11:00 a.m. service, we're there. However, there's more to media than just Sunday morning.

Throughout the year, we have media responsibilities for special services (think Christmas Eve, Maundy Thursday, Good Friday), Memorial Services, and Concerts. You probably know that we often have the Treasure Coast Community Singers in our Sanctuary. Well, we work these events, too.

As I've explained in a previous *Newsletter*, we have four basic areas in the Media—sound, lighting, projection, and video recording. It's a lot of work and we are always looking for those who might have a desire or a calling from the Holy Spirit to work in one of these areas. If that's you, please see one of us in the Media Booth any Sunday morning!

John



The Day I Accepted

The day I accepted Jesus Christ as my Lord and Savior was the day I truly began to love Him. It was May 8, 2008, at 4:00 in the morning, as I watched the flames dancing across the roof, I felt a rush of heat racing through my body as He lifted the weight of sin from my heart and replaced it with joy of my salvation. I knew that I had embraced a God who was truly a savior. I knew that a life-changing relationship had begun, for me, it was love at first sight. Before this, I had not truly seen Jesus for who He was and what He could do. As the years progress, my love for Him continues to grow. How can you not love someone who does nothing but love you, no matter the situation, the complications? He loved me even though I acted in a stubborn rebellion. Even when I did not respond properly to His leadership and guidance, He had always expressed His never-ending love for me and His willingness and desire to stay in relationship with me. He never condoned my sin. He never whitewashed my failure. Instead, He convicted me of it. He cleansed me from it. He freed me from its power and then set me back on the straight and narrow path of righteousness. I love Him because of the way He has always loved me—first.



Don Frye



Palm Sunday!



1 SAMUEL

ORDER IN OLD TESTAMENT

NUMBER OF CHAPTERS

TYPE

9 31

HISTORY



OVERVIEW

The Book of 1 Samuel records Israel's history from the birth of the prophet Samuel up through David's trials before he became king. It ends with the death of King Saul, which opens the door for David to ascend to the throne. The biography of Samuel, story of David and Goliath, and the biography of King Saul are included.



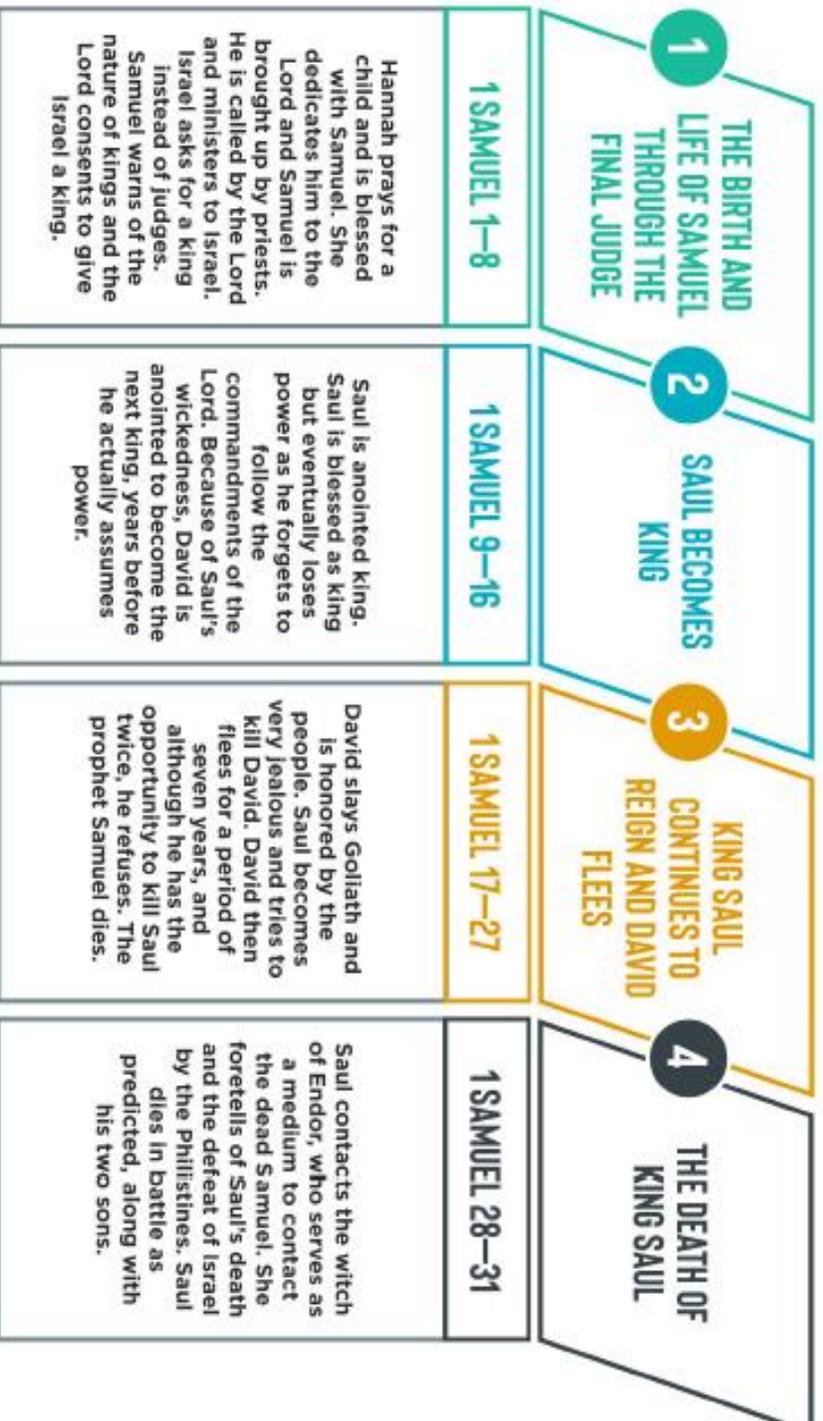
WRITTEN
900 BC



TIME PERIOD COVERED
1150 BC-1000 BC



AUTHOR
Samuel, Nathan, Gad
and an unknown
scribe who served as
compiler



2 SAMUEL

ORDER IN OLD TESTAMENT

NUMBER OF CHAPTERS

TYPE

10 24

HISTORY



OVERVIEW

Initially, 1 and 2 Samuel were combined, so 2 Samuel is a continuation of 1 Samuel. It begins with David's seven years as king and finishes with the end of his life, having served as king from age 30 to 70.



WRITTEN
900 BC



TIME PERIOD COVERED
1000-975 BC



AUTHOR
Prophets Nathan and
Gad with records
from Samuel



Showers of Blessings!

The old saying is April Showers bring May Flowers, that's a promise that even though the rains come, out of that beauty will appear. There is an old hymn that we have sung for years that puts that old saying into spiritual terms.



There shall be showers of blessing;
This is the promise of love;
There shall be seasons refreshing,
Sent from the Savior above.

We all go through times of storms and heavy downpours, but God has promised us “seasons refreshing.” The song truly reflects how we as Christians need to rely on God and trust in His power. Look at the last 2 verses:

There shall be showers of blessing;
Oh, that today they might fall,
Now as to God we're confessing,
Now as on Jesus we call!

There shall be showers of blessing,
If we but trust and obey;
There shall be seasons refreshing,
If we let God have His way.

Many in our church family need those blessings to fall today! Many are going through loss and sickness and now is the time to call on Jesus, to trust and obey and most of all, let God have His way. If you need those showers of blessings, share your need with your church family, let me or the Pastor know, fill out a Prayer concern card and the prayer team will be praying for you. We will soon have a Prayer request phone line for you to call and share your needs, but don't wait, share your needs today and let your church family help you in prayer!

Rick



Trinity United Methodist Church of Jensen Beach

2221 NE Savannah Road, Jensen Beach, FL 34957

+1.772.234.3404

office@trinityjb.org

www.trinityjb.org

<https://www.facebook.com/tumc/jb/>

<https://www.youtube.com/@tumc.jensenbeach>

Pastor: Rev. Anil K. Singh
Congregational Care: Rick Decker
Office: Anne Pappas
Communications: Randi Schwartz
Nursery: Sandi Mulvaney

Music: Joyce Grubb
Organist: Dr. MJ Montague
Choir Accompanist: Carol Paul
Facilities: Doug Evans
Media: John Grubb

1 SAMUEL | 09 OT



1 Samuel covers Israel's history from the birth of the famed prophet Samuel up through King David's trials before he was king. It ends with the death of King Saul, which opens the door for David to ascend to the throne. The biography of Samuel, the story of David and Goliath, and the biography of King Saul are included.



NUMBER OF CHAPTERS:
31



TYPE:
HISTORY



DATE WRITTEN:
900 BC



PERIOD COVERED:
1150 BC — 1000 BC



AUTHOR:
SAMUEL, NATHAN,
GAD, AND AN
UNKNOWN SCRIBE
WHO SERVED AS
COMPILER

BREAKDOWNS

● = Classic Bible Stories

✓	BOOK/CHAPTER/VERSES	SUBJECT
<input type="checkbox"/>	1 Samuel 1-2; 1:01-2:11	Hannah Dedicates Samuel in Gratitude
<input type="checkbox"/>	1 Samuel 2:12-36	Eli The Priest Has Wicked Sons
<input type="checkbox"/>	1 Samuel 3	Samuel as a Boy Hears God
<input type="checkbox"/>	1 Samuel 4	The Philistines, The Ark, and Eli's Death
<input type="checkbox"/>	1 Samuel 5-6	The Ark is Returned to Israel
<input type="checkbox"/>	1 Samuel 7	Samuel and God Prevent an Attack
<input type="checkbox"/>	1 Samuel 8	Israel Asks for a King
<input type="checkbox"/>	1 Samuel 9-10	Samuel Anoints Saul, Who Becomes King
<input type="checkbox"/>	1 Samuel 11	Saul is the Hero at Jabesh
<input type="checkbox"/>	1 Samuel 12	Samuel's Final Farewell Speech
<input type="checkbox"/>	1 Samuel 13	Saul Makes Early Mistakes
<input type="checkbox"/>	1 Samuel 14	Trouble with the Philistines
<input type="checkbox"/>	1 Samuel 15	God Rejects Saul as King
<input type="checkbox"/>	1 Samuel 16	Samuel Anoints the Youngest—David
<input type="checkbox"/>	1 Samuel 17	David & Goliath
<input type="checkbox"/>	1 Samuel 18-23	Saul Pursues David in Jealousy
<input type="checkbox"/>	1 Samuel 24	David Spares Saul's Life the First Time
<input type="checkbox"/>	1 Samuel 25	David Marries Abigail, His Second Wife
<input type="checkbox"/>	1 Samuel 26	David Spares Saul's Life the Second Time
<input type="checkbox"/>	1 Samuel 27	David Lives Among the Philistines
<input type="checkbox"/>	1 Samuel 28	Saul & the Witch of Endor
<input type="checkbox"/>	1 Samuel 29	David Forced to Leave the Philistines
<input type="checkbox"/>	1 Samuel 30	David Destroys the Amalekites
<input type="checkbox"/>	1 Samuel 31	Death of Saul and His Sons

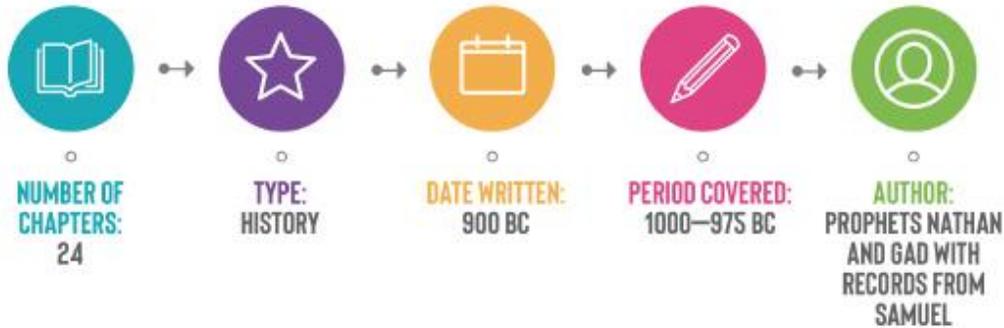
Most Popular Verses

✓	BOOK/CHAPTER/VERSES	RANK
<input type="checkbox"/>	1 Samuel 2-3	1 Samuel Rank: 2 Overall: 916
<input type="checkbox"/>	1 Samuel 16:7	1 Samuel Rank: 1 Overall: 806

2 SAMUEL | 10 OT



1 and 2 Samuel were initially one book, so 2 Samuel is a continuation. It starts with David's seven years as king living in Hebron, and finishes with the end of his life, having served as king from age 30 to 70. While its stories are not as famous as 1 Samuel's - David and Goliath and the youth of Samuel - it has an affection as a whole due to covering the kingship of David, the most famous and well-liked king of Israel.



BREAKDOWNS

● = Classic Bible Stories

✓ BOOK/CHAPTER/VERSES	SUBJECT
2 Samuel 1	David Finds Out That Saul is Dead
2 Samuel 2-4	Problems Between David and Saul
2 Samuel 5	David Becomes King; Conquers Jerusalem
2 Samuel 6	Ark is Brought to Jerusalem
2 Samuel 7-10	God Blesses David in Battles
2 Samuel 11	David Takes Bathsheba
2 Samuel 12	Nathan Reveals David's Sin
2 Samuel 13	Amnon Commits Rape; Absalom Kills Him
2 Samuel 14	Absalom Conspires Against David
2 Samuel 15-17	David Flees Absalom
2 Samuel 18	The Death of Absalom
2 Samuel 19	David Returns to Jerusalem
2 Samuel 20	Sheba Rebels
2 Samuel 21	A Strange Peace with the Gibeonites
2 Samuel 22	David's Song of Praise to God
2 Samuel 23:1-7	Last Words of David
2 Samuel 23:8-39	List: David's Warriors

Most Popular Verses

✓ BOOK/CHAPTER/VERSES	RANK
2 Samuel 2:3	2 Samuel Rank: 1, Overall: 1,148

TUMC's Finance Committee

The Finance Committee at Trinity is composed of volunteers who, by virtue of other leadership responsibilities, link the committee to other areas of congregational life.

The committee's basic activities include overseeing stewardship, compiling a budget annually, raising sufficient income to meet the budget, administering funds received by the church, disbursing funds, counting and depositing offerings, establishing internal control policies, recommending proper depositories for church funds, using contributions in accordance with donor intent and providing an annual audit of church's financial statements. Quite a list of responsibilities!



Each year Trinity's ministry teams prepare and submit their annual budget requests. A budget that reflects the mission of the church to "make disciples of Jesus Christ for the transformation of the world." The total church budget is reviewed and approved by the Finance Committee and presented to the Church Council for final approval. Once approved, each ministry team then implements their programs throughout the year.

The committee reports the status of the church's financial picture to the Church Council each month. They also meet quarterly to discuss, review, and approve both budgeted and unbudgeted expenses.

The Finance Committee works closely with the Trustees who are charged with maintaining the church's physical plant. The recent parking lot repaving is an example of teamwork within both committees. A fundraising campaign was announced which resulted in a sizable level of donations which enabled the project to be completed in a timely manner.

Other projects underway in 2024 include window replacement in the Fellowship Hall, upgrades to the fire alarm/phone system with a dedicated prayer line, and skylight upgrades in the Sanctuary. These projects have received generous donations.

Trinity's financial picture is extremely positive. We recently received a letter from our Bishop, Tom Berlin, thanking the church for paying 100% of our 2023 apportionments. We are truly blessed with dedicated members of the congregation who pledge their support of the church's ministry through generous giving. Each of our gifts make a difference in people's lives and enables Trinity UMC to continue to be a beacon of faith, hope, and love in our community. Thanks to each of you for making this possible.

Jim Williams

Finance Committee Chairperson



From the Music Program

Meet Donna Ross

Editor's note: One of the goals of the Trinity United Methodist Church's Newsletter is to let members get to know others better. This article is an interview with Choir member Donna Ross conducted by our Music Director, Joyce Grubb.

Why is music important to you?

Music is my lifeline to my Creator and Savior. Without music, I would not be anything or anyone. Music helps me to remember scripture as I talk with God. Yes, that's it. He walks with me and talks with me through music. He really reminds me that I am not alone, and He loves me especially when I don't feel loved, or I feel overwhelmed.

Music has been an intricate part of my life for as long as I can remember. Our mom was a pianist for many churches during our years of growing up and until God called her home at the wonderful age of 93. She was a single mom of 5 rambunctious children as she tried to plant and nurture good habits and an upbringing that would reflect her faith in God. That was not easy as we were slated to be less than nobody by family members, neighbors, etc. because we were poor in material things and lived in Dunbar Village Project Housing. Little did they know just how rich were in our Father's eyes!

How does it affect your life?

Life was hard, but God always provided what we need in His time (something that was very difficult to understand in the early years). However, as I look back it was very timely when our needs were met. Even in my younger years, I always felt a special bond with the Lord as I sang in the church choirs and as a family with my mom singing and playing the piano and my sister, brother, and me accompanying her vocally. I would even learn the "grown up" songs when she took us with her to rehearse the choirs in the evenings. There was no such thing as a babysitter for us. Mom couldn't afford such a luxury. When my brothers left home, I became the babysitter of my younger sister and brother.

Music helps me stay focused on the important things in this life as I strive to do what is pleasing and right in the sight of God. Sometimes I feel like I am such a failure. Yet, music reminds me of my humanness and that I can't do this alone. I must rely on the words of the scriptures written in the music. Now, many of the lessons Mom taught come back to comfort me in the music I hear and sing. I am so grateful, humbled, and blessed to have been given such a great gift that has been nurtured so well by not only Mom, but in all my uncles and aunts. They, too, possessed and shared their gift of music with me and my siblings. My sister and I remain very active in music as we sing in the church choirs, together as a duet, and as soloists when the opportunity presents itself.

What got you started in church music?

Mom. We were her back-up when the choir members didn't show up and/or didn't want to sing. She was stuck either singing all of it by herself or teaching us to sing with her. I saw first-hand how some "Christian folks" really behaved even though they claimed they knew the Lord intimately and swore they were going to heaven anyhow! Wow! That brought back a memory. But I digress. . She also exposed us to different types of music from various faiths; Baptist, Seventh Day Adventist, COGIC, etc.



(Continued on page 12)

(Continued from page 11)

Are there any special ways in which music has blessed you and drawn you closer to God?

During my school years, I also learned about various types of music beside Christian/Religious. Not only gospel, spirituals, and anthems but jazz (love it), rhythm and blues, sonnets, big band, and many more. My youngest is trying to get me into rap. Some of it is ok, but I'm old school. As my knowledge of the Lord increased and my faith grew, I realized how blessed I was as God watched over me all the days of my life thus far. I have overcome many obstacles, not on my own, but by God's grace and mercy. I spent the beginning of my return time to the Lord after my separation and divorce from my now deceased husband. When we were first married, I wanted to be grown up and didn't see a need to regularly attend church. When I did, I sat in the back and did not participate. I knew better but I had to be convinced by God to get myself back where I belonged. Through many dangers, toils, snares, and then abundant blessings, I returned to my Creator. He was waiting with open arms. I have learned to praise Him openly no matter who says to be quiet. My worship is *not* to ask for something but to *thank Him* for all he has done constantly, for myself, my family, and loved ones.

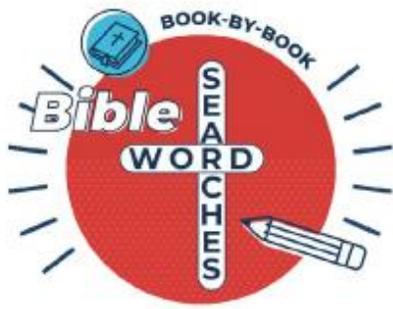
The Lord has blessed me to be able to sing in many venues as part of church choirs and groups. Presently, aside from the honor of being a member of our church Praise Team and Choir, I am a member of the Ebony Chorale of the Palm Beaches. By God's grace we have traveled to many places spreading the good news of the Father, both in this country and overseas. Such places as Michigan, California, the Kennedy Center in Washington DC, as well as traveling to Ghana and Cape Town in Africa, Verona, Italy, and Austria, just to name a few. Please take a moment and check us out on our Facebook page.

I was very blessed to be able to tell Mom how grateful I am for her upbringing before she went home to the Lord. I did not appreciate it as much as a child and teenager, but as I became an adult with my own sons, those lessons came in handy and the music she instilled was life altering as well as a well of living water to restore my soul on many occasions. My sons will admit, as they are now adults, that music influenced their lives as well. Without music, I would be lost. Period.

Joyce



Joe Martin Concert



1 SAMUEL



ORDER IN THE BIBLE
OT: #9



WRITTEN BY:

Samuel, Nathan, Gad, and an unknown scribe who served as compiler



TIME PERIOD COVERED:
1150 BC to 1000 BC

OVERVIEW

The Book of 1 Samuel contains the stories of Samuel the prophet, King Saul, and King David's trials before he was king. Prior to this time, the people of Israel had been held loosely together in tribes. But God transformed them into a unified nation under one form of government in this part of their history. The people demanded a king such as the surrounding nations. This book focuses on the establishment of Israel as a nation.

HANNAH was married to **ELKANAH** (1:1-2)

Hannah made a **VOW** that if she would have a son, he would be given to the Lord (1:11)

Hannah brought her son **SAMUEL** to Eli at the house of the Lord (1:24)

Eli's **SONS** were not close with the Lord (2:12)

Hannah had **FIVE** children after devoting Samuel to the Lord (2:21)

Samuel hear a **VOICE** calling him during the night (3:2-8)

The **FOURTH** time, Samuel spoke the Lord, calling himself a **SERVANT** (3:10)

All the people of the land attested that Samuel had become a **PROPHET** (3:20)

PHILISTINES stole the Ark of the Covenant (4:10-11)



Circle the **BOLD** words in the puzzle.

P	O	X	D	V	O	I	C	E	S	C	C
H	S	O	N	S	J	H	U	K	A	T	G
I	S	B	I	E	L	K	A	N	A	H	O
L	E	F	U	H	A	N	N	A	H	R	L
I	R	F	L	F	F	X	A	M	S	B	I
S	V	V	O	F	I	V	E	T	A	Y	A
T	A	L	S	U	G	W	E	L	M	W	T
I	N	B	Y	D	R	H	T	B	U	C	H
N	T	R	I	R	P	T	A	L	E	J	Y
E	G	V	X	O	E	V	H	D	L	L	V
S	A	A	R	I	Q	Z	S	A	U	L	O
D	C	P	V	P	T	Z	D	R	K	I	W

SAUL was chosen as the first king and crowned in Gilgal (11:15)

David defeated **GOLIATH** to gain the favor of Israel (17:4)

DAVID would play the **LYRE** for King Saul (16:23)

Priscilla's Circle

It's time for the 2024 *Spring Tea and Fashion Show*! This fun event hosted by the Priscilla Circle has a *new* date of May 18th, from 1:00 to 3:00 p.m. The event will feature a fashion show and door prizes. Ladies, share the day with mothers, daughters, grandmothers, sisters, aunts, and friends. Tickets are \$20.00 per person and the proceeds benefit the Priscilla Circle missions. The Men's Ministry will serve tea and there will be a delicious variety of finger sandwiches, scones, and sweet treats. Get tickets for you and the ladies you love. Tickets go on sale on Sunday, April 7th. Step into spring and enjoy it in style with the spring tea and fashion show!

Becky Binder



Meet A Member: Levi W Miller

I was born in West Palm Beach, raised between Riviera Beach, West End Grand Bahama, Bahamas. I'm married to my amazing wife, Rossilyn Miller for 37 years, we have 3 adult children, Edward, Kaneisha, and Alexandria as well as 5 grandkids.

I was blessed to have served with two branches of Military, the U.S. Army and U.S. Air Force, retired from U.S. Air Force (21 years), as well as working for Department of Defense and Department of Veterans Affairs total of 31 years.

In that time, we have owned two business, Miller Enterprises, contract with Clear Channel Airport Advertising. LRD Miller Enterprises Inc, a Commercial and Post Construction Cleanup Solution.

I enjoy listening to audible books, yoga (I am a certified instructor), playing with our two cute Chihuahuas, Pip and Juno, enjoying my outdoor space, and playing games on iPad. I am a pretty mellow guy but can get on my amazing wife's last nerve.



I am a prior member of Trinity United Methodist of PBG for 15 years, and new member of Trinity United Methodist of Jensen Beach for the last 3 years, member of Men's Ministry, and serve on the Board of Trustees.

Thank you for welcoming my family to your family. God Bless each and everyone.

Levi Miller



The LORD, who saved me from the paw of the lion ... will save me from the hand of this Philistine.
1 Samuel 17:37, NRSV

The Value Of Volunteering In Church

Why should you consider volunteering at Trinity United Methodist Church? While there are many reasons, volunteering helps get things done, it builds sacred friendships among congregational members, it provides a time sacrifice for Jesus, and it enhances church involvement.



Volunteering is a staple in the church. The church functions as a structure for people to carry out the plan God has; to create disciples and facilitate the spread of the Gospel throughout the world, as well as serving others. Every small task carried out by volunteers helps make this grand plan possible. From

purchasing, preparing, serving, and cleaning up foods served during different gatherings (Pancake Breakfasts, Fellowship Hour, Special dinners, etc.), keeping the grounds free of debris, greeting on mornings of service, reading Liturgy, singing, setting up for Easter Sunrise Service, or polishing the wood in the Sanctuary with Murphy's Oil Soap, every task a volunteer takes on is one task completed towards the goal.

MARCH IS TRINITY'S VOLUNTEER APPRECIATION MONTH

CHILDREN'S MINISTRIES
MEN'S GROUP
VISITATION
KITCHEN

MUSIC

PRAYER TEAM
BIBLE STUDIES

OFFICE

USHER & GREETERS
DRAMA TEAM
GOVERNANCE
LADIES GROUP

TRINITY RUNS ON DONATIONS AND VOLUNTEERS

More Info: rdecker@trinityjb.org Come visit us! M-TH 10 AM-2 PM

What is the goal?

The goal is to create a community of Methodist Christians who collectively help others, love their neighbor, and share the very relevant teachings of Jesus outside of the church campus. We invite others into the family of the congregation and provide a safety net to those in need. We are a community that provides comfort, prayer, visits, and even food, when a friend is down. We help celebrate the blessings of life together.

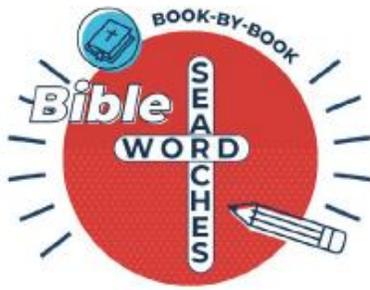
Here at Trinity, we have many volunteers! They help with Fellowship hour, operating our media center at services and special events, teaching Bible study classes, singing with the praise team, choir, or both! We have greeters and ushers... those who work with our children—we have a drama team... a visitation team, those who write and send a card in different situations; we have a Blessings in a Bag Ministry—providing local students with weekend foods; and still more ministries to be developed! Our church serves many functions. These ministries can only happen with the help of our Volunteers!

If you feel called to get on the volunteer train, contact Rick at rdecker@trinityjb.org. He will be able to steer you in the right direction!

Randi

Shots from the March 23, 2024, Volunteer Thank You Luncheon,





2 SAMUEL



ORDER IN THE BIBLE
OT: #10



WRITTEN BY:
Samuel, Nathan,
Gad, and an unknown
scribe who served as compiler



TIME PERIOD COVERED:
1000 BC to 975 BC

OVERVIEW

Second Samuel covers the reign of King David, who became known as the first good king of Israel. (There were only a few good kings!) The first half of the book shows David as an excellent warrior and leader who also is compassionate to the sick and poor and tries to follow God's will. The second half shows David facing tribulation, including a bout with adultery and many serious family issues.

Saul had a son **JONATHAN**, who was best **FRIENDS** with David (1:12)

MEPHIBOSHETH was the handicapped son of Jonathan who was given land by David (9:9-10)

David had to conquer the **JEBUSITES** in order to capture **JERUSALEM** (5:6)

David set up **URIAH** to die in battle so he could marry **BATHSHEBA** (11:26-27)

NATHAN the prophet showed David his sin with a lesson about a **LAMB** (12:1-3)

David and Bathsheba had a son named **SOLOMON** (12:24)

David's son Absalom killed his half brother **AMNON** for violating their sister **TAMAR** (13:28-29)



Circle the **BOLD** words in the puzzle.

S	E	G	L	O	Q	N	N	N	Q	R	S
O	S	H	W	J	A	A	U	U	N	U	P
L	Y	R	A	H	H	R	J	L	J	R	U
O	P	T	T	T	X	Z	V	T	E	I	R
M	A	A	A	T	A	M	A	R	B	A	R
O	N	N	A	M	N	O	N	L	U	H	L
N	O	U	M	U	L	E	E	N	S	B	A
J	X	A	B	S	A	L	O	M	I	L	M
B	A	T	H	S	H	E	B	A	T	G	B
J	E	R	U	S	A	L	E	M	E	W	J
N	F	R	I	E	N	D	S	P	S	E	N
M	E	P	H	I	B	O	S	H	E	T	H

David's son **ABSALOM** tried to overthrow him (15:10)

Absalom was killed when riding a **MULE** and accidentally ended up hanging himself from a tree (18:9)

Consider the Hug

In our busy and modern world there is one unexpected soul elixir that might rival the others and that would be the human hug. Although medical doctors may not agree with that, those doctors that work in the therapy profession are famous for saying “we need four hugs a day for survival. We need eight hugs a day for maintenance. We need 12 hugs a day for growth.” Even hugging a pet or stuffed animal can lower blood pressure, take the edge off pain, and curb the effects of certain pro-inflammatory cytokines.

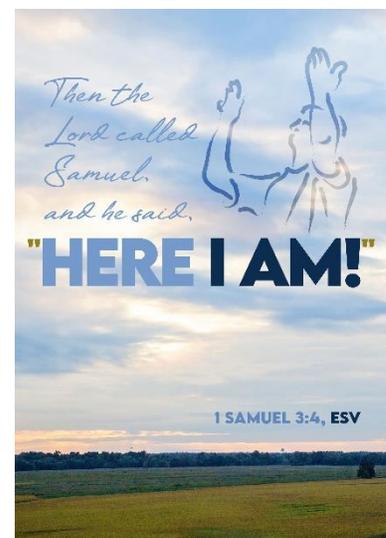
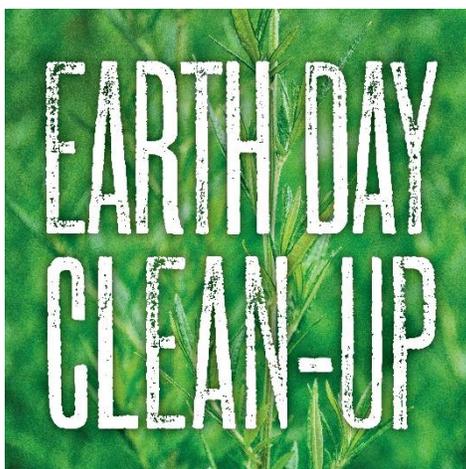


During a hug, preferably the 20-second variety, we can experience a drop in anxiety thanks to a decrease in the stress hormone cortisol and a friendly burst of the bonding hormone oxytocin. Hugging our spouse, a friend, or someone after church can ward off the common cold and help us feel less alone in a big world. Hugging is a language unto itself, showing others that they matter. Too often, we postpone physical contact, rushing out the door on the way to work. Couples sometimes reserve embraces only as a prelude to intimacy. Children can be deprived of hugs because of generational and cultural reservation. In the end, most of us don't have enough healthy, non-sexual touch, which can contribute to loneliness, depression, and feelings of separateness. Whether we are born huggers or hug-phobic and warming up to the practice, lifting our arms to express affection or support another person can prove that there are safe places indeed.

Here are a few suggestions to add hugs to the day.

1. Compose “hug certificates” and put them in someone’s birthday card to use throughout the year.
2. Hug a pillow when alone and surrender to the safe-place feeling.
3. Give a child a hug before and after school, after a job well done, or just because.
4. Schedule two hugs a day with a partner and make sure they each are at least 20 seconds in duration.
5. To respect possible past trauma around touch, ask someone if it’s okay to give them a hug. Remember to always be kind; after you receive a hug, I guarantee you will leave with a smile.

Don Frye



It's About *Time!*

Why is TIME so amorphous, so immutable, so inflexible, so mysterious, so fleeting, so variable, so unjust, so temporary, so uncaring, so limited, so precious, so unidirectional... no one knows. It just is.

We're familiar with "foresight", but what about "aftsight"? We can think *forward* (toward the future), but we can't think *toward* the past. Our past is over, gone, done, affording no possible opportunity to engage in any alternate "sight" related to time.

Consider that every upcoming second of your life will be instantly relegated to your past, the very second it reaches you. And each new second that comes up is automatically withdrawn from your own personal, future account. Ergo, there is no such thing as the present! All we have is a past and a future, and they're both related to time. But there's no time like the present. So, take care of your future, it's all you've got!

What about *Time Travel*? Yes, it does exist—but it goes by another name. We know it better as *memories!* Memories take us back in time and you may even have some pictures that'll go with the memories, lest we forget.

Another funny thing about time is that it only goes in one direction—it always goes forward, it never stops, and it doesn't make any turns. It just barrels straight ahead in conjunction with the future. But there is also a vast repository of the past we can go back to and revisit whenever we choose. It's called "*History.*"

There's world history, recent history, personal history, religious history, countless intermediary histories of every sort imaginable. So, for a more rambunctious march back in time, pick a history such as the *Decline and Fall of the Roman Empire* by Gibbon. It's fascinating but will require quite a chunk of your future to work your way through it.

Obviously, none of this time travel will allow you to change anything from the past, however, you might learn how you could make improvements in preparations for your future. That happens all the time.

Roy Emmett



April Happenings

Sundays

- Celebration Service (9:15 a.m.)
- Fellowship Hour (10:15 a.m.)
- Traditional Service (11:00 a.m.)
- Children's Sunday School (9:15 a.m.)
- Adult Bible Studies (9:30 a.m.)
- Prayer Time (10:30 a.m., Bob Engle Room)
- 1st Sunday:
 - *Communion*
 - *House of Hope Donations*
- 3rd Sunday: Noisy Change
- 4th Sunday: New Member Sunday

Mondays

- Priscilla Circle (8th, 10:00 a.m.)
- Line Dancing (1:00–3:00 p.m.)

Tuesdays

- Lunch Bunch (11:30 a.m.)
- Trinity Ringers (5:30 p.m.)
- New Member Class (23rd, 6:30 p.m.)

Wednesdays

- Blessings in A Bag Packing (12:30 p.m.)
- Line Dancing (1:00 p.m.–3:00 p.m.)
- Hooks & Needles (10th and 24th, 10:00 a.m.)
- Bible Study (4:30 p.m.)

Thursdays

- Line Dancing (1:00 p.m.–3:00 p.m.)
- Women's Bible Study (10:30 a.m.)
- Choir Rehearsals (7:00 p.m.)

Fridays

- Family Movie Night (19th, 7:00 p.m.)

Saturdays

- 1st Saturday: Men's Meeting (8:00 a.m.)

Trinity United Methodist Church

2221 NE Savannah Rd.
Jensen Beach, FL 34957