

# RIVER VALLEY GARDEN CLUB

A PLACE TO GROW

SEPTEMBER 2017

VOLUME 15, ISSUE 1

## HERE'S THE DIRT

### Program: Carnivorous Plants & Bromeliads 9/26

#### Mary Zellem, Programs Committee Chair

Are you thinking of adopting a carnivorous plant? Then Eric Trygg is your man. Eric is our guest speaker for the RVGC 9/26 meeting. He is the President of the Sacramento Bromeliad & Carnivorous Plant Society. Eric has been involved with the Bay Area Carnivorous Society, the California Native Plant Society, Nevada County Bonsai Club, Carmichael Succulent Society and the Nevada County Master Gardeners. Eric teaches in senior centers, elementary schools up to fourth grade, and service clubs such as Kiwanis and Retired Public Employees.

Eric grows over 400 plants of all types and species and particularly enjoys propagation, and like many of us, resurrecting the poor, unfortunate, "near dead" plants.



### Workshop: Composting - 9/16

#### Ellison Cowles, Workshop Committee Chair

Think you know composting? Master Gardeners present hot and cold composting and composting containers, September 16th, Saturday, 1:00-2:30 at Orangevale Library, 8820 Greenback Lane and Beech Ave.

We will carpool from the RMA building at 12:15 sharp.

Contact Ellison Cowles, (549-0379) if you would like to attend.

Composting is proof there is life after death.



#### Inside this issue

Programs.....	1
Workshops.....	1
Rooting For You.....	2
Are Your Dues Due?.....	2
Programs 2017-18.....	2
The Photo Adventure.....	3
E-mail issues.....	3
<b>FALL PLANT SALES</b>	
The Secret Garden.....	4
Mad Man Bamboo.....	4
Native Plant Society.....	5
It's Tulip Time.....	6
Did You Know?.....	6
It's A Party!.....	7

## Rooting for You

**Nancy Clark, RVGC President**



Oh, how I love, love, love Fall!

Every year, I marvel at how the leaves suddenly start dropping, triggered by the shorter days. Shadows change and the nights become cooler. And I love it! For me, it's nostalgic, romantic, and oh so relaxing. And after enduring such a hot summer this year, I am sure that like me, you are relishing the opportunity to finally have an opportunity to do a little gardening.

As the good folk at POW Nursery in nearby Wilton state, "Fall is the Time For Planting"! And they're right. I began taking their advice a few years ago and have had amazing results with plants planted in the fall. Planting now means that new plants will have milder conditions, yet enough warmth to generate sustainable root growth to get a good start. And come spring, the plants will absolutely take off.

So if you haven't visited POW lately, drop in and visit. Not only have they been a huge supporter of our Club, they can offer advice that other places (like the big box stores) cannot. And because their plants are grown locally, you can be sure that they'll thrive in your yard.

I can't wait to see each of you at our first meeting on September 26. And I am excited to be your President. Our first speaker will be Eric Trygg, President of the Sacramento Bromeliad & Carnivorous Plant Society. This is certainly a not-to-miss meeting!

**Have you paid your dues?**  
It's that time of year again...

For your convenience you can now find the membership form on our website at:

**RVGC MEMBERSHIP FORM**

Just print it, fill it out, and bring it to the September meeting with your payment and you'll be all set for another fun-filled garden club year.

## 2017 -2018 PROGRAMS

MEETING DATE	SPEAKER	SUBJECT
September 26, 2017	Eric Trygg	Carnivorous Plants & Bromeliads
October 24, 2017	Julie Fong, Adienne Chattot	Ikebana Arranging
January 23, 2018	Chris Strutz	All About Fertilizers
February 27, 2018	Chuck Cottam	Building A Koi Pond In Your Garden
March 27, 2018	Chef Johnny	Topic to be revealed
April 24, 2018	Betty Bloom	All About Orchids (Pending)
May 22, 2018	Chris Huey	Penny Pines and the Eldorado Forest (Pending)

## The Photo Adventure 2017

### Inge King, Photo Adventure Chair, 2016-17



The votes are in - the judges, (a software developer, two engineers and a horse expert), after much deliberation and bottles of beer, made their executive decisions of the most outstanding of this year's Photo Adventurers.

Who was voted Best Adventurer, who has lots of love in their garden, who paints their garden red, and then those quirky bird feeders, not to mention total garden mayhem.

So, are you curious? Come to the September meeting of the RVGC, especially the Adventurers - those brave and artistic gardeners who submitted photos, and your curiosity will be salved.

All winning photos are framed, the most outstanding receives a certificate for POW Nursery and every entrant has three gorgeous greeting cards to send to their nearest and dearest to confirm how brilliant they are, just in case that should be in question.

## RANCHOMURIETA.ORG E-MAIL ISSUES

### Nancy Clark, RVGC President

I've been told by some members who have ranchomurieta.org email addresses that RVGC emails are ending up in their junk mail folders. Just so you know, it is not a RVGC issue. It is happening because of how Greenfield, your email provider, has configured their email service to identify possible spam.

Greenfield's server looks at the number of email addresses that a single email is being sent to. Since the Club emails are being sent to 75 to 100 club members at once, Greenfield's email service is categorizing them as spam and directing them to your Junk Mail folders. To fix the problem: Go to your junk mail folder, right click on the club email from me, choose "Add to White List" from the available choices.

Or, Greenfield communications is more than happy to help you resolve this situation. Just give them a call at (888) 230-0020.

Life before the computer...  
Memory was something that you lost with age,  
an application was for employment,  
a program was a TV show,  
a cursor used profanity,  
a keyboard was a piano,  
a virus was the flu, and  
a mouse pad was where a mouse lived.

# The Secret Garden

SO MUCH MORE THAN A GARDEN STORE

Once again, The Secret Garden in Elk Grove is having its annual Autumn Garden Faire & Plant Sale, September 16th & 17th from 10:00 a.m. to 5:00 p.m.

To learn more about this festive event, click [here](#) to view what the Secret Garden has to offer.



If you're a bamboo lover, the elusive Sean from [Mad Man Bamboo](#) will be making a rare appearance Saturday, October 7, 2017, 10 a.m. to 4 p.m., at the Shepard Arts and Garden Center in Sacramento's McKinley Park. He will be offering mostly clumping bamboo plants with some unique running bamboo plants.

Plants are sold on a first come, first served basis. Early arrival is recommended for best plant selection. To verify varieties before driving long distances, you can text Sean at (916) 300-6335.

The poster features a background of various succulents and flowers in shades of green, orange, and pink. The text is arranged as follows:  
- Top: "THE Secret Garden's ANNUAL FALL" in a mix of black and green fonts.  
- Middle: "Garden Faire & Plant Sale" in a large, elegant script font.  
- Below that: "SEPTEMBER 16TH & 17TH" in bold black letters, followed by "10 a m - 5 p m" in a similar font.  
- Next: "1000'S OF SUCCULENTS" in green, "GUEST SPEAKERS & VENDORS" in red, and "STORE WIDE SALES" in green.  
- A green box contains the text: "HOURLY SUCCULENT TUTORIALS STARTING SAT 10:30A & SUN 12:30P WITH JENNIFER HALEY FROM @CALIFORNIA.CACTUS" with an Instagram icon.  
- To the right of the green box is a photo of a smiling woman with long brown hair, identified as Jennifer Haley.  
- At the bottom, the address and contact information for The Secret Garden are listed: "8450 W. Stockton Blvd, Elk Grove, CA 95758", "Hwy 99, btwn Calvine & Sheldon", "916-682-6839", and "secretgarden-online.com".

# California Native Plant Society

FALL NATIVE PLANT SALE, plus:

On the wild side of art - A new art market featuring flora and fauna.



## Fall Plant Sale & NEW! Art Market

### PLANT SALE

- \* Over 100 locally native species are available from Elderberry Farms
- \* Plants from Cornflower and Hedgerow farms are well adapted to our area
- \* All plants are good for birds and pollinators
  - \* Excellent habitat value for wildlife
  - \* Conserve water with waterwise species
- \* Low maintenance native plant gardening reduces energy and chemical use
- \* Experts/volunteers available for gardening advice



For more information  
contact [SacValleyCNPS.org](http://SacValleyCNPS.org)

September  
23 & 24

10 am - 3 pm

Shepard Garden and Arts  
Center of McKinley Park  
3330 McKinley Blvd  
Sacramento, CA, 95816

### "ON THE WILD SIDE OF ART"

Native flora and fauna themed art market  
featuring regional artists.

Come out to find that special piece for your home and garden. With every purchase the artists will make a donation in support of the California Native Plant Society.

- \* Wildlife photography \* Faux fiber taxidermy
- \* Pottery and ceramic sculpture
- \* Unique fish prints \* Original watercolor paintings
- \* Hand made, sustainable, and educational goods

Come for the plants and stay for a cup of coffee  
and snack at Locos Tacos food truck!  
Available all day

**WHO:** California Native Plant Society

**WHAT:** Fall Native Plant Sale

**WHERE:** Shepard Garden & Arts Center, 3330 McKinley Blvd, Sacramento, CA 95816

**WHEN:** Sept 23 & 24, 10 a.m. - 3 p.m.

It's that time of year: Gardeners are gearing up for the annual California Native Plant Society Sacramento Valley Chapter Plant Sale - our big chapter fundraiser and the catalyst for all sorts of activities. As drought and climate change issues continue to affect our daily lives, native plant gardening is especially crucial.

Our gardening practices are changing as we learn about the negative impacts of over-watering and chemical-dependent techniques. Our chapters have been at the forefront of showing the benefits of locally native plants: the most ecologically beneficial solutions any gardener can employ. They are naturally low water use solutions; do not require chemical fertilizers and pesticides; provide a unique caterpillar-host relationship to allow for abundant butterfly populations; provide the best nectar, pollen, and habitat for butterflies, bees and birds; and give a sense of place that no other plant palette can provide.

We will have hundreds of species from Elderberry Farms, Cornflower Farms, and Hedgerow Farms.



## It's Tulip Time

Excerpted from **Garden Design Magazine**

Tulips—a spring icon—are prized for their vast array of colors. Easily grown in borders or containers, many gardeners consider tulips a staple flower that they anxiously await each year. If you want tulips in the spring, stick them in the ground *now*.

### Zones:

Hailing from the mountains of central Asia, tulips laugh at cold, but heat is another story. They require 14 to 15 weeks of winter temperatures below 48 degrees to perform, faring best when springs are long and balmy with temperatures between 45 and 60 degrees. Even in ideal conditions, most hybrids should be replanted annually, although many species will naturalize.

### Exposure:

Tulips are sun lovers. In the shade, they're weak and spindly with small flowers. But keep in mind that tulips perform before most deciduous trees leaf out.

### Soil:

Because tulip bulbs are primed and ready when the bulb is planted and then whisked away after the show is over, soil isn't a major issue. But given their druthers, tulips prefer a sandy loam soil and excellent drainage, and detest being sunk in soggy beds.

### Care:

To plant, bury bulbs six to eight inches deep. If you're planning to leave your tulips in place for a few years, cut off flowering stems after the petals have dropped. Leave the foliage intact until the last week in June when they've completely died back.

DO'S	DONT'S
<ul style="list-style-type: none"> <li>• Do plant in the fall—tulip bulbs need at least 14 weeks of temperatures below 48 degrees</li> <li>• Do provide excellent drainage—tulips prefer a sandy loam soil</li> <li>• Do plant at the proper depth—bury bulbs 6 to 8 inches below the soil line</li> <li>• Do integrate tulips with perennials—bulbs don't have to be planted in mass, try sprinkling them through your herbaceous borders</li> </ul>	<ul style="list-style-type: none"> <li>• Don't plant tulips in the shade—they'll be weak and spindly with small flowers</li> <li>• Don't cut back too early—wait until the foliage has completely died back</li> <li>• Don't expect all tulips to come back—hybrids should be replanted annually</li> <li>• Don't limit yourself to solid colors—try striped varieties or ones with subtle color-changing nuances</li> </ul>

## DID YOU KNOW?

There are more microorganisms in ONE TEASPOON OF SOIL than there are people on earth.

Bamboo is the fastest-growing woody plant in the world; it can grow 35 inches in a single day.

During the 1600s, tulips were so valuable in Holland that their bulbs were worth more than gold. The craze was called tulip mania, or tulipomania, and caused the crash of the Dutch economy. Tulips can continue to grow as much as an inch per day AFTER being cut.

Tomato juice is the official state beverage of Ohio, honoring the part A. W. Livingston of Reynoldsburg, Ohio, played in popularizing the tomato in the late 1800s.

## It's A Work Party!

**Nancy Clark, RVGC President**

Clubs belonging to the Sacramento River Valley District will be participating in the SGAAC October 7 - 8 fall sale by offering craft/garden/holiday items for sale.

Berniece Jones has been gathering items that, with a little effort, will be RVGC's contribution to the district event. Items include cute pumpkin ghosts created from gourds and festive reindeer cleverly constructed from the base of palm fronds. Berniece is also accepting plant donations for the event.

Many hands make light work. Please join us for the last work party on September 18, 9:00 a.m. to 11:00 a.m. or later if it's not too hot.

7465 Colbert Dr., Rancho Murieta  
Berniece (916) 354-2873



**Fall Sale!**

Shepard Garden & Arts Center  
3330 McKinley Blvd., Sacramento, 95816

Free Admission; East McKinley Park

**7-8 October 2017**

Open 10 AM to 4 PM

Art,  
Plants,  
Jewelry,  
Flowers,  
Antiques,  
& Crafts  
For Sale!

[www.sgaac.org](http://www.sgaac.org)

