



## **AN EMAIL OF GRATITUDE, APPRECIATION, PEACE AND JOY**

Dear Friends,

A whole week has passed since we made our final steps away from Festival and even though I am with Jonathan presenting the Temple Course in London, it seems impossible that the joy and connections have ended – so profound an effect did the week have. Truly, we are blessed!

I want to begin by thanking you all – facilitators, organisers, participants, and family members for the support, love, engagement, and sharing that you brought to the Festival: each in a unique way but each adding to the whole. Everything seemed to work together to build something so special.

We have received lots of feedback and will process it and reflect on it over the coming weeks. We will use it for next year. Yes – that is right: we have decided to build on the learning and laughter to make it something that fully reflects our hopes and dreams: more than Jonathan's 97.3%

So – for the high summer week of 21-26 June 2026 at Corfu Buddha Hall we have in mind to...

- \* Make more space for thinking and reflection
- \* Start the day with gentle Yoga in the Egg overlooking the Ionian Sea
- \* Offer breakfast from 0900 to 0930
- \* Have two deep morning workshops from 0930 to 1300
- \* Have a full lunch at 1300 to 1400
- \* Break every day until 2000 and then have music sessions to 2200
- \* Have a counsellor/therapist on site to support those who need it
- \* Have a massage therapist onsite to support the healing process
- \* Potentially promote various other related activities in the area
- \* Offer family conflict resolution workshops and development

We would like to build a community around this and really grow with you – and would welcome your thoughts on all of these ideas.

We would also like to understand how to reach out to more like-minded people and to expand the connections.

Here are the websites of our facilitators if you would like to stay in touch:

Ruby May

<https://rubymay.co/about/>

John Thompson

<https://www.transformationalconnection.com/john-thompson>

Roula Papathanasiou

<https://roulapapathanasiou.com/en/>

Igor Ezendam

<https://www.feelingsound.com/ompage.html>

Arianna Benedetta Artioli

<https://ariannabenedetta.weebly.com/>

Jeremy Lawrence

<https://www.jeremylawrence.org/about-jeremy/>

Stuart Hanson

<https://directmediationservices.co.uk/>

There is so much we can all continue to learn from them all. So many thanks to each and every one of you.

We delight also mention Khulisa – and Mandla Mnisi: although the sound was not good (another lesson learned) we raised €500 for the charity work in Alexandra – ZAR 10,000 which will be a small fortune for the good it can do. Learn more at <https://khulisa.org.za/peace-making-and-justice-programmes/>

So there we are – do keep in touch with WhatsApp or individually – and if you would like to pre-register for the 2026 week, then let me know. The website and booking will go live in September.

Peace, love and connections to you all

**Tristana and Jonathan - May 2025**