

1st Responder Conferences Resource List:

*1st Responders, Active Military, Veterans, Health Professionals & Families

National Resource Partners:

1st Responder Conferences <https://1stresponderconferences.org/> (206) 629-6433

Blue H.E.L.P. <https://wearebluehelp.org/> contact@bluehelp.org

24/7 Crisis Lines & Assistance (Suicide Prevention):

Combat Call Center 1-877-927-8387

COPLINE: 1-800-COPLINE (24-hour hotline answered by retired LEOs) <https://www.copline.org/>

Military One Source 1-800-342-9647 <https://www.militaryonesource.mil/health-wellness/mental-health/suicide>

National Suicide Prevention Hotline 1-800-273-8255; Teen Link 866-833-6546

TAPS 24/7 National Military Survivor Helpline 1-800-959-TAPS (8277)

Veteran's Crisis Line 1-800-273-8255 (Press 1 for Veterans)

Vets4Warriors 1-855-838-8255 <https://www.vets4warriors.com/> (Call, text, email or chat)

Vet Center Call Center 1-877-WAR-VETS (927-8387)

Mental Health & Wellness/ Recovery Centers:

Deer Hollow Recovery Center (801) 679-6669 <https://deerhollowrecovery.com/>

Laurel Ridge Treatment Center, Mission Resiliency Program <https://laurelridgeetc.com/>

Intake : 210-491-3591/800-624-7977 - POC: Rodney Norman (210) 725-4734

Mental Health America-South East Texas mhasetx.org

Rock Springs - Help for Heroes <https://rockspringshealth.com/>

Mental Health & Wellness/ Family Assistance:

American Foundation for Suicide Prevention info@afsp.org

Baptist Hospital of SE Texas <https://www.bhsetfoundation.org/>

HALO- Health Assessment for Loved Ones: <https://www.facebook.com/HealthAssessmentforLovedOnes>

Mission Ready Finances- Marco Parzych <http://missionreadyfinances.com/>

QPR - Question. Persuade. Refer. 1-888-726-7926 <https://qprinstitute.com/>

Regina Rogers Foundation www.HCHDFoundation.org

Save A Warrior: 1 wk. Intensive Cohort for Veterans & First Responders <https://saveawarrior.org/home>

Serve and Protect Financial/Financial COP <http://www.teamserveprotect.com/>

US Dept. of Veteran's Affairs-Vet Centers <https://www.vetcenter.va.gov/>

*Check with your employer's EAP program or the VA for more resources

****If you are a resource and would like to be listed, please contact us directly.**

1st Responder Conferences Resource List continued:

Survivor (Family) Resources:

Camp April https://bluehelp.org/evrplus_registration/?action=evrplusegister&event_id=24

Care of Police Suicide Survivors (C.O.P.S.S.) <http://www.copss.info/index.html>

Concerns of Police Survivors (C.O.P.S.) 573-346-4911 <https://www.concernsofpolicesurvivors.org> cops@nationalcops.org

Project Never Forgotten (Scholarships) <https://www.projectneverforgotten.org/>

Ride for 22-Honor the Fallen <https://ridefor22.org/>

T.A.P.S. Tragedy Assistance Program for Survivors 1-800-959-TAPS(8277) (Offers compassionate care to all those grieving the loss of a loved one who died while serving in our Armed Forces or as a result of his or her service) <https://www.taps.org/mission>

The 100 Club <https://the100club.org/> 713-952-0100 or Toll-Free 877-955-0100

22Kill <https://www.22kill.com/>

Therapy, Peer Support, Community Groups:

Alpha Stim (Electromedical Products International, Inc.) 1.800.FOR.PAIN www.alpha-stim.com

Bill Blackwood LEMIT www.lemitonline.org 1800.477.9248

Brotherhood in Training (FF Group) Frank Beauvais <http://brotherhoodintraining.com/>

Emergency Ministries-Emergency Chaplain Group <https://emergencychaplain.org/> 855.436.2427 em.office@emchap.org

Honor the Brave-<https://www.honorethebrave.com/>

Hope Animal-Assisted Crisis Response 1-877-HOPE-K9s <https://www.hopeaacr.org/>

How2loveyourcop <http://www.how2loveyourcop.com/>

LIMBitless – <https://www.limbitless.org/>

Meditation Studio App (For 1st Responders & Veterans) <https://www.meditationstudioapp.com/>

National Ability Center www.discovernac.org 435-649-3991

Operation Enduring Warrior-Task Force Sentinel <https://www.enduringwarrior.org/>

Pathways Therapy Services <https://pathwaystherapyservice.com/>

Pocket Brainbook US LEO App <https://pocketbrainbook.com/>

Project Welcome Home Troops (Power breath workshops) www.pwht.org

<http://www.projectwelcomehometroops.org/power-breath-workshop/>

Quilts For Cops <https://quiltsforcops.com/> 503-320-1846 quiltsforcops@gmail.com

Soup Ladies 'Mama' 206-459-8477 Mama@soupladies.org <http://www.soupladies.org>

Tania Glenn & Associates 512-323-6994 www.taniaglenn.com

Team RWB (Red, White & Blue) <https://www.teamrwb.org/>

Team Rubicon <https://teamrubiconusa.org/>

That Peer Support Couple <https://cathyandjavi.com/>

TMPA - The Voice of Texas Law Enforcement 1-800-848-2088 <https://www.tmpa.org/>

Warrior Spirit Project <https://warriorspiritproject.org/>