

Q23 We would like testimonials to share with others regarding how and why this training is so beneficial for people to attend. Please provide 1-3 sentences that we can share with others. If you would like to share your first name and or occupation please include that information.

Answered: 9 Skipped: 35

#	RESPONSES	DATE
1	I learned so much about my own mental health, the importance to take care of myself, and also a period to reflect on how my mental health status is currently. Since leaving the conference I have made it a priority to reflect about my day and to stay positive during these tough times.	10/21/2021 9:03 PM
2	This training is beneficial. The presentations helped to implement some new ideas with our agency. Lots of great resources.	10/17/2021 8:28 AM
3	My name is Amber. I am an Investigator for a small town in Colorado. I was not aware how many others in the variety of first responder fields were having similar issues with mental health, until I attended the First Responder Conference. It is nice to know that I am not alone and that there are so many great resources out there to help those of us who want the help. It is great to know that it is a judgement free zone. The conference has helped me to open my mind and see how much our small area needs to better serve those that serve it.	10/17/2021 8:06 AM
4	Great overall conference. Awesome speakers and critical topics. Bonus: they set a schedule and stuck to it. ~Amber	10/13/2021 5:46 AM
5	The training offered is necessary and crucial at any time in the history of the Emergency Responder Profession, but most certainly now in the current climate and state of affairs we are living and working in. The conversation revolving around Emergency Responder health and wellness has been unseen and unspoken so far too long. We must keep the momentum and relentless forward progress so our Emergency Responders can increase their quality of life and extend their life expectancy. - Bobby Waidler	10/11/2021 12:15 PM
6	Great conference- good use of time, good vendor/sponsor participation, opportunity to network!	10/11/2021 7:27 AM
7	I really enjoyed the different topics and the stories presented. I realized there are so many people that are truly dedicated to the peer support group and the care for others in crisis. It's topics that definitely need to be more discussed around the country.	10/10/2021 7:16 PM
8	AI - Law Enforcement. I work with our Peer Support team and I'm always looking for a good class so I can have more information available for the officers I come in contact with. I was really impressed with the quality of speakers at the conference and I think when you have someone who has been through a critical incident like Officer Dan Brite, it was inspiring to hear him go from near death to running his wellness unit for his department. In addition, his wife Sara presented and I found it informative to hear from her as his caregiver. In addition, Joshua Goodwin talked about numbing and triggers from his experiences in the US Air Force. Being prior military, his experiences drove his message home with me. If a first responder is looking for a conference with great information, give this one a try, you won't be disappointed.	10/10/2021 12:29 AM
9	1. Great networking 2. Learn about available resources. 3. Help develop a wellness program that fits the needs of your agency	10/9/2021 6:26 AM