

## 1st Responder Conferences Resource List:

### National Resource Partners:

1<sup>st</sup> Responder Conferences <https://1stresponderconferences.org/> (206) 629-6433

Blue H.E.L.P. <https://wearebluehelp.org/> [contact@bluehelp.org](mailto:contact@bluehelp.org)

### 24/7 Crisis Lines & Assistance (Suicide Prevention):

Combat Call Center 1-877-927-8387

COPLINE: 1-800-COPLINE (24-hour hotline answered by retired LEOs) <https://www.copline.org/>

Military One Source 1-800-342-9647 <https://www.militaryonesource.mil/health-wellness/mental-health/suicide>

National Suicide Prevention Hotline 1-800-273-8255; Teen Link 866-833-6546

TAPS 24/7 National Military Survivor Helpline 1-800-959-TAPS (8277)

Veteran's Crisis Line 1-800-273-8255 (Press 1 for Veterans)

Vets4Warriors 1-855-838-8255 <https://www.vets4warriors.com/> (Call, text, email or chat)

Vet Center Call Center 1-877-WAR-VETS (927-8387)

### Therapy, Peer Support, Community Groups:

1-800-BOARDUP of Phoenix Metro <https://1-800boardup.com/> 1-800-BOARDUP: (262-7387)

Alpha Stim (Electromedical Products International, Inc.) 1.800.FOR.PAIN [www.alpha-stim.com](http://www.alpha-stim.com)

Arizona Law Enforcement Emerald Society (ALEES) <https://azemeraldsociety.org/>

Bailey Law Firm <https://baileylawfirmaz.com/> (480) 681-5408

Brotherhood in Training (FF Group) Frank Beauvais <http://brotherhoodintraining.com/>

Everyone Goes Home <https://www.everyonegoeshome.com/about-us/>

Grand Canyon University <https://www.gce.edu/> (833) GCE-4400

Honor the Brave—<https://www.honorethebrave.com/>

Hope Animal-Assisted Crisis Response 1-877-HOPE-K9s <https://www.hopeaacr.org/>

Horses Help (Equine) <https://www.horseshelp.org/contact-us/> 602-569-6056

How2loveyourcop <http://www.how2loveyourcop.com/>

Hunkapi Programs, Inc. (Equine) <https://hunkapi.org/> (480) 393-0870/ [love@hunkapi.org](mailto:love@hunkapi.org)

LIMBitless – <https://www.limbitless.org/>

Maricopa Ambulance <https://www.priorityambulance.com/arizona> (480) 485-1800

Meditation Studio App (For 1<sup>st</sup> Responders & Veterans) <https://www.meditationstudioapp.com/>

National Ability Center [www.discovernac.org](http://www.discovernac.org) 435-649-3991

Operation Enduring Warrior—Task Force Sentinel <https://www.enduringwarrior.org/>

Pocket Brainbook US LEO App <https://pocketbrainbook.com/>

Quilts For Cops <https://quiltsforcops.com/> 503-320-1846 [quiltsforcops@gmail.com](mailto:quiltsforcops@gmail.com)

Rancho Milagro Foundation (Equine) <https://ranchomilagroaz.org/> (480) 529-2633

Soup Ladies 'Mama' 206-459-8477 [Mama@soupladies.org](mailto:Mama@soupladies.org) <http://www.soupladies.org>

Strength For Service <http://www.strengthforservice.org/>

Team RWB (Red, White & Blue) <https://www.teamrwb.org/>

Team Rubicon <https://teamrubiconusa.org/>

Vitalyst Health Foundation [www.VitalystHealth.org](http://www.VitalystHealth.org) [info@vitalysthealth.org](mailto:info@vitalysthealth.org) (602) 385-6500

Voices for CASA Children <https://voicesforcasachildren.org/> (480) 685-4888 [info@voicesforcasachildren.org](mailto:info@voicesforcasachildren.org)

Warrior Spirit Project <https://warriorspiritproject.org/>

## 1st Responder Conferences Resource List continued:

### Survivor (Family) Resources:

Camp April [https://bluehelp.org/evrplus\\_registration/?action=evrplusegister&event\\_id=24](https://bluehelp.org/evrplus_registration/?action=evrplusegister&event_id=24)

Care of Police Suicide Survivors (C.O.P.S.S.) <http://www.copss.info/index.html>

Concerns of Police Survivors (C.O.P.S.) 573-346-4911 <https://www.concernsofpolicesurvivors.org> [cops@nationalcops.org](mailto:cops@nationalcops.org)

Phoenix Society for Burn Survivors <https://www.phoenix-society.org>

Project Never Forgotten (Scholarships) <https://www.projectneverforgotten.org/>

Ride for 22-Honor the Fallen <https://ridefor22.org/>

T.A.P.S. Tragedy Assistance Program for Survivors 1-800-959-TAPS(8277) (Offers compassionate care to all those grieving the loss of a loved one who died while serving in our Armed Forces or as a result of his or her service) <https://www.taps.org/mission>

The 100 Club <https://the100club.org/> 713-952-0100 or Toll-Free 877-955-0100

### Mental Health & Wellness/ Recovery Centers:

A Better Today Recovery Services <https://abtrs.com/phoenix-az> (855) 618-0836

Bella Monte Recovery Centers <https://bellamonterecovery.com/> (800) 974-1938

Breathe Life Healing Centers <https://breathelifehealingcenters.com/> (888) 842-7919

Copper Springs - Help for Heroes <https://coppersprings.com/> (480) 565-3035

Deer Hollow Recovery Center (888) 5WE-KNOW <https://deerhollowrecovery.com/>

Exhale PTSD Recovery [www.exhalerecovery.com](http://www.exhalerecovery.com) (866) 994-PTSD

Hemet Valley Recovery Center and Sage Retreat [www.hvrc.com](http://www.hvrc.com) (866) 273-0868

Laurel Ridge Treatment Center, Mission Resiliency Program <https://laurelridgetc.com/> 800-624-7977

Mesa Vet Center 480-610-6727, VA Crisis Line 1-800-273-8255 #1, (active, retired, reserve military only)

The River Source - Addiction Treatment & Recovery [www.theriversource.org](http://www.theriversource.org) (866) 294-9331

Thrive Trauma Retreats [www.thrivetraumaretreats.com](http://www.thrivetraumaretreats.com) (833) 784-7483

Valley Hospital - Freedom Care Program <https://valleyhospital-phoenix.com/> (877) 600-0150

### Mental Health & Wellness/ Family Assistance:

American Foundation for Suicide Prevention [info@afsp.org](mailto:info@afsp.org)

HALO- Health Assessment for Loved Ones: <https://www.facebook.com/HealthAssessmentforLovedOnes>

Ketamine Wellness Centers Office 855-538-9355 [www.ketaminewellnesscenters.com](http://www.ketaminewellnesscenters.com)

Mission Ready Finances- Marco Parzych <http://missionreadyfinances.com/>

NAMI: National Alliance on Mental Illness <https://www.nami.org/Find-Support>

QPR - Question. Persuade. Refer. 1-888-726-7926 <https://qprinstitute.com/>

Save A Warrior: 1 wk. Intensive Cohort for Veterans & First Responders <https://saveawarrior.org/home>

Tania Glenn & Associates 512-323-6994 [www.taniaglenn.com](http://www.taniaglenn.com)

USA Re-Boot Resort (208) 570-5724 <https://usarebootresort.org/about/>

US Dept. of Veteran's Affairs-Vet Centers <https://www.vetcenter.va.gov/>

**\*Check with your employer's EAP program or the VA for more resources**

**\*\*If you are a resource and would like to be listed, please contact us directly.**