



# GET LOUD

**ARE YOU FIRED UP? ARE YOU ANGRY ABOUT DONALD TRUMP'S DESTRUCTION OF AMERICA? WE ARE TOO! SO, GET ACTIVE!!!** Here are a few things you can do...

- **Keep up the pressure on Congress**
  - o Reach out to your own Senators and Congresspeople. The 5Calls app is great for that; you can download it onto your phone or computer.
  - o Don't be shy about reaching out to Congressional committee members. Are you fired up about attacks on the Judiciary system? Education and Workforce? Improper use of our Armed Forces? Guess what... there are committees for that! Make sure their members hear from you too!
  - o Don't forget about state-level legislators! Laws about voting rights, abortion rights, clean energy, and LGBT+ issues typically happen at the state level.
- **Tell your story** about how Trump's bad policies are affecting you and those you care about.
  - o If you are part of a non-partisan organization, speak out about the issue that directly affects your members. Issue a press release. Your members deserve your leadership.
  - o If you are specifically impacted, call your local news tips line. Your story might be a valuable part of a larger story. Don't be shy. Be bold and be authentic.
- **Re-engage friends and family.** Go there. Have difficult conversations about current events. It won't be easy, but we simply must talk to each other again. Tens of millions of people voted for Trump and his allies because they were misinformed by highly partisan media. Make sure they understand that!! Be gentle, and be respectful, but be clear. Everyone needs to have access to correct information.
- **Stay informed.** Check out the Events Calendars from Indivisible and allied organizations and sign up for action alerts from the ACLU for your state. Make sure your state and federal legislators hear from you when there is good legislation to support – and bad legislation to fight back against.
- **Donate** to organizations like the ACLU who are leading the legal fights to protect our rights.
- **Keep protesting.** Make your support for American Values **VISIBLE**. Check our Events Calendar for upcoming dates. If you have a friend who is new to protesting, bring them along! Get fired up, paint a sign, be loud, have fun, and above all **BE SAFE**.

For more on these and other great suggestions on how you can take action, visit our website at [www.indivisiblekansascity.org](http://www.indivisiblekansascity.org), or go to [www.indivisible.org](http://www.indivisible.org). See you at the next protest!



To donate:



To volunteer: