



A Healthy Lifestyle Within Your Reach

Transform Your health with our wellness packages. More packages available at holsumkitchen.com

\$1200

Basic Wellness Package 12- month

- ✓ 90-minute consultation
- ✓ Nutrition plans
- ✓ Follow ups (6)
- ✓ Blood Chemistry Analysis (3)
- ✓ 25% Discount for add on services

\$875

6-Month Wellness package Basic

- ✓ 90-minute consultation
- ✓ Nutrition plans
- ✓ Follow ups (4)
- ✓ Blood Chemistry Analysis (2)
- ✓ 20% Discount for add on services

\$695

Basic Wellness Package 3- month

- ✓ 90-minute consultation
- ✓ Nutrition plans
- ✓ Follow ups (2)
- ✓ Blood Chemistry Analysis (2)
- ✓ 15% Discount for add on services

\$430

1-Month Wellness package Basic

- ✓ 90-minute consultation
- ✓ Nutrition plan
- ✓ Follow ups (2)
- ✓ Blood Chemistry Analysis (1)
- ✓ 10% Discount for add on services



holsumkitchen.com



231-252-6022



holsumkitchen@yahoo.com



A Healthy Lifestyle Within Your Reach

Transform Your health with our wellness packages. More packages available at holsumkitchen.com

\$1750

Deluxe Wellness Package 12-month

- ✓ Everything in Basic wellness package
- ✓ Red light therapy (10)
- ✓ Live Blood Analysis (3)
- ✓ 25% Discount for add on services
- ✓ Supplement discounts

\$1250

6-Month Wellness package Deluxe

- ✓ Everything in Basic wellness package
- ✓ Red light therapy (5)
- ✓ Live Blood Analysis (2)
- ✓ 20% Discount for add on services
- ✓ Supplement discounts

\$980

Deluxe Wellness Package 3-month

- ✓ Everything in Basic wellness package
- ✓ Red light therapy (3)
- ✓ Live Blood Analysis (2)
- ✓ 15% Discount for add on services
- ✓ Supplement discounts

\$590

1-Month Wellness package Deluxe

- ✓ Everything in Basic wellness package
- ✓ Red light therapy (2)
- ✓ Live Blood Analysis (1)
- ✓ 10% Discount for add on services
- ✓ Supplement discounts

Detailed Breakdown of Package Pricing

12-Month Deluxe Package- \$1750 up front discount
savings of \$460.00

Paid Monthly
\$1925.00 \$800.00 Down 102.27 11 Monthly Payments
Paid Bi-Weekly
\$1925.00 \$800.00 Down \$51.13 Bi-Weekly
Paid Weekly
\$1925.00 \$800.00 Down \$25.56 Weekly

6-Month Deluxe Package- \$1250 up front discount
savings of \$310.00

Paid Monthly
\$1395.00 500.00 Down 179.00 5 Monthly Payments
Paid Bi-Weekly
\$1395.00 \$500.00 Down \$89.50 Bi-Weekly
Paid Weekly
\$1395 \$500.00 Down \$44.75 Weekly

3-Month Deluxe Package- \$980 up front discount
savings of \$250.00

Paid Monthly
\$1140.00 \$300.00 Down 420 2 Monthly Payments
Paid Bi-Weekly
\$1140.00 \$300.00 Down \$210.00 Bi-Weekly
Paid Weekly
\$1140.00 \$300.00 Down \$105.00 Weekly

1-Month Deluxe Package- \$590 up front discount
savings of \$155.00

Paid Monthly
\$660.00 \$200.00 Down 460 1 Month Payments
Paid Bi-Weekly
\$660.00 \$200.00 Down \$230.00 Bi-Weekly
Paid Weekly
\$660.00 \$200.00 Down \$115.00 Weekly

12-Month Basic Package- \$1200 up front discount
savings of \$355.00

Paid Monthly
\$1385.00 \$600.00 Down 71.36 11 Monthly Payments
Paid Bi-Weekly
\$1385.00 \$600.00 Down \$35.68 Bi-Weekly
Paid Weekly
\$1385.00 \$600.00 Down \$17.84 Weekly

6-Month Basic Package- \$875 up front discount
savings of \$290.00

Paid Monthly
\$980.00 \$400.00 Down 116.00 5 Monthly Payments
Paid Bi-Weekly
\$980.00 \$400.00 Down \$58.00 Bi-Weekly
Paid Weekly
\$980.00 \$400.00 Down \$29.00 Weekly

3-Month Basic Package- \$695 up front discount
savings of \$190.00

Paid Monthly
\$745.00 \$275.00 Down 470.00 1 Monthly Payments
Paid Bi-Weekly
\$745.00 \$275.00 Down \$235.00 Bi-Weekly
Paid Weekly
\$745.00 \$275.00 Down \$117.50 Weekly

1-Month Basic Package- \$430 up front discount
savings of \$145.00

Paid Monthly
\$510.00 \$150.00 Down 360.00 1 Monthly Payments
Paid Bi-Weekly
\$510.00 \$150.00 Down \$180.00 Bi-Weekly
Paid Weekly
\$510.00 \$150.00 Down \$90.00 Weekly



Services Provided By: Nicole McGlinchey- CHN, CNP, BCAS, HTMA level 1
Practitioner, LBAS

Phone: 231-252-6022 Email: holsumkitchen@yahoo.com

More packages at holsumkitchen.com