



HEALTH SERVICES TEAM SAFE SPORT - GUIDELINES

1. Introduction

Unlike other competitions like world championships/cups or the daily training environment, during the Major Games the Core and NSO practitioners on the Health Services Team (HST) treat members of the Canadian Team in a common area called the Canadian Health Centre or other Franchise Holders* (FH) official facility. All practitioners must report to the Chief Medical Officer or Chief Doctor and the Chief Therapist selected by the FH. These Guidelines are meant to support a safe and positive environment for all members of the Canadian Team who participate at the relevant Games, as applied to the provision of health-related services at Games.

2. Interpretation

These Guidelines are subject to applicable laws, the applicable practitioner's Team Agreement for the Games, and existing Organizing Committee/FH's policies. In case of any inconsistency between these Guidelines and any of the other documents hereby listed, the latter should prevail.

3. Recommendations

This following subsection of the Guidelines provides recommendations that the FH has implemented to support the safety of the Team at Games, as it relates to provision of health services by HST practitioners:

- Patient should be treated in accordance with the practitioner's professional regulations and standards;
- Patient should be treated at the sport venue or in the Canadian health center in the Games village. Be aware that pursuant to the Athlete Agreement, athletes may not be treated outside of the Games Village, outside other official Health facility designated by the FH or outside other accommodation approved by the FH for treatment.
- Patient has option to have another person of their choice present during the physical examination or procedure, particularly if sensitive examinations or disrobing is required.
- Door should be kept slightly open for therapeutic or massage treatments. Physicians may keep their door closed to protect confidentiality. However, the patient has the right to have someone present of their choice.
- Patient verbal consent should be monitored throughout the assessment and treatment processes to ensure comfort and safety.
- Patient should be provided with the opportunity to ask questions at any point in the treatment.
- Patient's diversity, cultural and religious background should be respected.
- Patient should be kept reasonably informed of assessment and treatment processes and plans through obtaining informed consent
- Record of informed consent on EMR should be kept.
- Patient should be reasonably informed of the scope and the rationale for any examination, treatment or procedure, and their questions answered to the reasonable knowledge of the practitioner.
- Patient should be informed of the regions of the body to which the practitioner will be applying manual assessment or treatment applications, and whether the applications will be directly on skin or through clothing.

* Franchise Holders include the Canadian Olympic Committee, the Canadian Paralympic Committee, Commonwealth Games Canada, U sports, Canada Games Council and the Government of Canada.

- Patient should be given privacy to undress/dress when it is required for the physical examination or procedure.
- Only reasonably necessary piece(s) of clothing should be removed to make the required assessment or treatment.
- Necessary draping measures should be applied to separate the areas of treatment and the areas where no touch will be applied throughout the assessment and treatment.
- Patient alone should adjust or remove clothing unless the patient consents.
- Physical examination or procedure should be interrupted upon the patient's request.

IMPORTANT: Any form of improper relationship or misconduct with a patient will not be tolerated. Any incident will be investigated and dealt with by the FH.