



SPA

Where beauty +  
spa relaxation  
meets the latest  
innovations in  
advanced skin  
therapies.

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MOSMAN  
SPA

SKIN

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BEAUTY

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SPA MASSAGE

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SPA RITUALS

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# SKIN

## FACE

### **EXPRESS FACIAL** 90

Perfect for time-poor clients who need a quick boost of hydration. Treatment includes double cleanse, exfoliation, mask and creams.

### **LED LIGHT THERAPY** 90

Double cleanse, tailored LED treatment, hand and arm massage, recommended serums and creams.

### **BRIGHT + CLEAR** 125

A deep cleanse, exfoliation and extractions, enzyme peel, followed by a massage and application of a specialised alginate mask. Finished with a hydrating skin mist and balancing treatment creams. Great for congested, acne prone and dull skin types.

### **GENTLE SOOTHE** 145

This treatment is designed to soothe and gently clarify the complexion. Starting with a deep breathing ritual, hydrating double cleanse and gentle enzyme exfoliation, the skin is prepped for our nourishing mask to refine and restore the complexion.

### **MICRODERMABRASION** 155

Microdermabrasion is a minimally invasive skin treatment that buffs away the outermost layer of the skin to create a smoother and younger appearance. Treatment includes, cleanse, exfoliation, mask, massage and creams.

### **O CORRECTION** 165

This is a paramedical strength customised facial treatment. Facial includes cleanse, exfoliation, recommended peel and alginate mask infused with unique active peptides and massage. This advanced facial is tailored to your needs, improves the skins health, complexion and radiance.

### **SOCIETE OXYGEN FACIAL** 185

Societe combines the most active ingredients nature has to offer and pairs them with the latest technology to provide results driven facials. Treatment includes a thermal cleanse, enzyme peel, oxygen therapy, peptide mask and creams.

### **MOSMAN SIGNATURE GLOW** 285

Our signature facial offers immediate and lasting results to blur fine lines and wrinkles, boost collagen production, improve hydration and firm and lift the face. Treatment includes a thorough cleanse, exfoliation with steam, toning and lifting massage technique which includes gua sha and an indulgent massage while mask is on. Eye treatment & hair and scalp oil included.

## FACE — ADD ON

Eye treatment	25
Hair + scalp treatment	30
Gua Sha lifting massage	50
LED light therapy	55
Microdermabrasion	55
Firming peptide mask	85
Customised infusion	65

## PEELS

### ENZYME + FRUIT ACID PEEL 110

A gentle yet effective enzyme peel for all skin types. Perfect first time peel.

### OXYGENATING ENZYME PEEL 110

The perfect peel for all skin types. An instant pick me up to awaken, renew and smooth the skin.

### BIO WHITE PEPTIDE PEEL 130

Hi-strength vitamin C and peptide peel, especially for pigmented, uneven skin tone, dull and revitalised skins.

### CATALYST RETINOL PEEL 130

The perfect vitamin A anti-ageing peel, perfect for all skin types looking for skin health, repair and correction.

### ASPECT PEELS FROM 120

## ADVANCED PEELS

### ALPHA BETA PEEL 145

“The serious” resurfacing peel, perfect for skins looking for intense skin correction and transformation.

### MANDELICLEAR PEEL 185

The MandeliClear Peel System is a deeper peel that was developed specifically for treating pigmentation issues. Book in today for a consultation to see if this peel is suitable for you.

### JESSNER PEEL 195

Jessner Peel is great to reduce dark patches and age spots, even out skin tone, smooth fine lines and wrinkles, reduce the appearance of scars, and treat melasma, hyper pigmentation and acne scars.

### POWER PEEL 499

Take your results to the next level with the most potent blend of anti-ageing ingredients that work to dramatically smooth and hydrate for visibly brighter, more youthful-looking skin. Includes homecare Kit.

## VIORA SKIN + BODY REJUVENATION

### BODY CONTOURING

Viora's multi core technology with multi-RF channels and vacuum suction, help to reduce fat volume by treating the fat layer effectively and safely. This treatment provides consistent results, primarily for body circumferential reduction with long lasting effect. Regardless of skin type, this non-surgical procedure can help rejuvenate your face and body for a tighter, more contoured and youthful appearance.

Tummy tone	299
Butt lift	299
Arm tightening	299
Cellulite reduction	299
Face + neck tightening	299

### IPL PHOTO REJUVENATION

Viora IPL for Photo rejuvenation treatments offering instant, comfortable and high standard results for skin rejuvenation, acne clearance, vascular and pigmentation.

Full face	250
Neck/decolletage	199
Spot treatment 1 area	99

### IPL HAIR REDUCTION

With PCR™ Technology, the Viora hair removal solutions offer a significant reduction in hair growth that is both safe and quick.

Half legs	199
Bikini	99
Brazilian	169
Underarm	69
Face – per area	60
Half arms	109
Back/chest	249
Full leg	390

## OTHER TREATMENTS

### DERMAPEN SKIN NEEDLING 339

Dermapen skin needling gives you rejuvenated and plumper skin. It functions through puncturing the skin with the aid of a series of small needles. This stimulates collagen production and can result in a variety of benefits including the treatment of fine lines, wrinkles and acne scars.

### CRYO PEN (UP TO 3 LESIONS) 65

Cryotherapy treatment works to permanently remove benign skin lesions with no stress or pain.

# BEAUTY

## BROW + LASH

### **BROW RESHAPE + STYLE** 65

Includes shape, wax, tint, style and trim.

### **BROW WAX** 33

### **BROW TINT** 28

### **LASH TINT** 35

### **BROW + LASH TINT** 55

### **HENNA BROWS** 90

Henna eyebrow tints are a semi-permanent form of tinting using natural henna dye to stain the skin as well as the brow hairs which gives the illusion of depth and fullness in the brow area. Includes wax.

### **LASH LIFT** 110

Includes lash lift and tint.

### **BROW LAMINATION** 110

Includes lamination and tint.

### **BROW LAMINATION + LASH LIFT** 200

Includes lash lift, lamination and tints.

## HANDS + FEET

### **EXPRESS MANICURE** 50

An express nail shaping and cuticle freshen up with relaxing hand massage and your choice of polish. Add a gel polish for \$10.

### **LUXURY ANTI-AGEING MANICURE** 85

A detailed hand and nail make over, with enzyme correction peel to improve age spots, soften and hydrate. Relax with a heavenly hand and arm massage and then choose your favourite nail colour or gel polish to finish.

### **EXPRESS PEDICURE** 50

An express nail shaping and cuticle freshen up with relaxing foot massage and your choice of polish. Add a gel polish for \$10.

### **LUXURY ANTI-AGEING PEDICURE** 95

A detailed foot and toenail make over, with enzyme correction peel to smooth dry heels and soften the skin. Relax with a heavenly foot and leg massage and then choose your favourite nail colour or gel polish to finish.

### **POLISH ONLY** 22

## WAXING

Eyebrow	33
Underarm	30
Legs – half	53
Legs – full	79
Arms	48
Lip	22
Chin	22
Lip + chin	40
Sides of face	45
Full face	80
Bikini	29
G-string	45
Brazilian	78
Male – back	65
Male – chest	65
Male – full leg	79
Male – arm	48
Male – nose	25
Male – ears	25
ALKALINE HAIR REMOVAL WASH (FACE)	99

## TANNING

TUSCAN TAN	50
VELOCITY TAN	60

# SPA MASSAGE

All our massage services include your own tailored essential oil blend. When it comes to massage, aromatherapy enhances your experience and depending on which oils you use, may add the much needed boost you have been searching for.

## **BACK, NECK + SHOULDERS — 30MIN 85**

We customise our back massage specifically to your needs, using swedish massage techniques. This massage will leave you feeling relaxed, revitalised and stress free.

## **RELAXATION MASSAGE — 60/90MIN 130/175**

A therapeutic holistic treatment using a blend of essential oils to seduce the senses. Drift into the deeply relaxing and calming movements of this massage.

## **DEEP TISSUE — 60/90MIN 150/195**

Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of essential oils are prescribed to target individual needs and reduce specific stress and muscle tension.

## **HOT STONES — 60/90MIN 150/195**

Hot stones are combined with the pressure of elbows and forearms to achieve a truly effective deep tissue massage. Sophisticated, relaxing and healing.

**REFLEXOLOGY — 30/60MIN 85/130**

Concentrating solely on the feet and lower legs, this treatment ensures to relax the entire body and mind and regulate movement throughout the body. Incorporates reflex points and meridians on the feet.

**INDIAN HEAD MASSAGE — 30/60MIN 85/130**

Using a variety of pressure and techniques, including circular massage strokes on your scalp, deep tissue work on your shoulders, and stretching of the neck.

**LYMPHATIC DRAINAGE — 60/90MIN 150/195**

This massage uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph and reduce toxins in your body. The massage itself is very calming and relaxing, so during this treatment it is not uncommon to fall asleep.

**PREGNANCY MASSAGE — 60/90MIN 150/195**

This unique therapy helps relieve back tension, swollen hands and feet and introduces comfort and relaxation. Eases the mind and lifts the spirit. Second and third trimester only.

**ADD ON**

Foot soak + scrub	35
Back salt scrub	45
Eye treatment	25
Hair + scalp treatment	30
Gua sha lifting massage	50

# SPA RITUALS

All of our packages include nibbles and beverages in our relaxation lounge.

## **SIP + SOAK — 90MIN** 170 **\*MOSMAN PARK SPA ONLY**

Relax and de-stress in our private bath with luxurious bath salts, whilst sipping on a glass of champagne. Your spa therapist will then treat you to an hour of bliss as you unwind with a stunning aromatherapy massage.

## **ORGANIC — 90MIN** 195

A therapeutic holistic treatment using a blend of essential oils to seduce the senses. Drift into the deeply relaxing and calming movements of this massage followed by a 30 minute express facial using organic Australian skincare.

## **REFRESH — 75MIN** 185

Feeling flat? This is the perfect quick fix! This package starts with an express facial, eyebrow sculpt and eyelash tint. Also includes scalp and hair treatment with pressure point massage.

## **NOURISH — 60MIN** 155

Begin with warm oil massaged into your hair and scalp. Hot towels are applied to infuse the products along with an eye correction treatment. This is continued by an Indian head massage to relieve stress and reduce tension. To finish our hair treatment is applied leaving your hair feeling healthy, nourished strong and beautiful.

## **GENT — 90MIN** 199

Begin with a 60 minute deep tissue massage, slower strokes with added force to target the deeper layers of muscle and connective tissue. This is followed by an all-natural exfoliating facial with a dragon fruit clay mask that will leave your skin feeling smooth, clear and crease free.

**COCOON — 90MIN****195**

A luxury Australian made natural, organic, anti-ageing treatment that nourishes and preserves the only skin you're in. This body polish, mask and body balm treatment is designed to realign the body's energy channels by balancing your meridian pathways leaving your skin feeling nourished and at a deeper level.

**JOURNEY — 2HRS****245**

Your journey begins with a foot treatment that includes a soak, scrub and foot balm. This is continued by a relaxation massage relieving all stress related tension. Finishing with an express facial and eye treatment leaving your eyes refreshed while achieving brighter, hydrated and more radiant skin. This package will have you feeling stress free and recharged.

**GLOW — 2HRS****250**

The perfect pick-me-up for mums-to-be. Your pregnancy massage qualified therapist will customise this treatment to your needs, helping to relieve tension, calm your mind, and melt away individual aches and pains. The treatment starts with a soothing foot soak and scrub followed by a tailored Pregnancy massage and express facial.

**DETOX — 2HRS****260**

In need of some detoxification? Start this treatment with dry body brushing followed by a slimming body wrap. A 60 minute lymphatic drainage massage to eliminate and remove toxins, reduce fluid retention and enhance immune function. To finish a Gua Sha facial massage to lift and tone the skin.

**DREAM — 3.5HRS****490**

This is relaxation at its finest, as your whole body is treated to a head to toe rejuvenation. This rhythmical treatment includes a foot soak and scrub, deep and detoxifying body exfoliation and choice of body wrap, full body aromatherapy massage, Indian head massage, O correction facial and hand therapy. Your energy will feel renewed and your mind restored.

**EXCLUSIVE HIRE**

Our spa is available to hire privately for your next event – enquire within.

# MOSMAN SPA

## CONTACT

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