



Paramed Solutions LLC

## **How To Prepare For Extra Procedures**

- 1. History Questionnaire.** Examiner will need primary care physicians name, address, and phone number, the date you were last seen as well as the reason. If you have other doctors that you see, examiner will need the same information listed above. In example: OBGYN, Gastro, Cardiologist Family information is needed for mom, dad, and siblings only which includes major medical (ex. High blood pressure, cancer, diabetes) For any of these, the examiner will need to know the date that it began.
- 2. EKG.** The examiner will ask that you don't use lotions or powders the night before or the day of the appointment if you need an EKG completed. The examiner will need full access to your chest, women can wear a sports bra or use a bathrobe for coverage.
- 3. Saliva Swab.** If you need to have a saliva swab completed, please make sure you did not just brush your teeth or use mouthwash. Make sure to rinse your mouth out completely before the appointment.



PARAMED SOLUTIONS LLC P: 616 986 1291 F: 616 649 1433