



Gifts and Gratitude Policy

Thrive Family Practice

We are often touched by the kindness, generosity, and gratitude shown by our patients and their families. Many people wish to express thanks through cards, small tokens, or gestures of appreciation, and we genuinely value the sentiment and connection behind these offers.

As a healthcare practice, we also have a responsibility to maintain clear professional boundaries and ensure that care is always ethical, respectful, and equitable for all patients.

Our approach to gifts

At Thrive Family Practice, we follow these principles:

- Our doctors and staff do not accept individual gifts with a value greater than \$100
- This helps ensure care remains professional, fair, and consistent for everyone
- It also allows our team to kindly decline gifts that feel too generous or personal, without discomfort for either party

If a gift is offered that exceeds this value, our team may gently decline or suggest an alternative.

Shared gifts

If you would still like to give something, we warmly encourage gifts that can be shared with the whole team, such as:

- A card or note expressing your thanks
- Flowers for the practice
- Food or treats that can be enjoyed by staff together

These gestures are always appreciated and reflect the collective care provided by our wider team.

What matters most

Your trust, feedback, and kind words mean more to us than any gift. Supporting our patients to feel heard, informed, and cared for is the most meaningful part of our work.

Thank you for your understanding and generosity.