

# The Present Continuous

## Use

The present continuous is used to talk about things you are doing now.

## Form

Positive			
“be” + “ing” verbs			
I	am	walking to the park cooking dinner waiting for a friend	
You We They	are		
He She It	is		
Negative			
“be” + “not” + “ing” verbs			
I	am not		walking to the park cooking dinner waiting for a friend
You We They	are not		
He She It	is not		

## Questions

Present continuous questions		
<i>"be" + "pronoun or subject" + "ing" verb</i>		
Am	I	walking to the park cooking dinner waiting for a friend
Are	you we they	
Is	he she it	

## Answers

Positive answers		
<i>"pronoun or subject" + "be"</i>		
Yes	I	am
	you we they	are
	she he it	is
Negative answers		
<i>"pronoun or subject" + "be" + "not"</i>		
No	I	am not
	you we they	are not
	she he it	is not