

FIT warm up jackets from Boathouse Sports are Gortex and are very sturdy; they will last a long time, so if you are growing, we recommend ordering a size up.



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Size Chart

[View PDF of Size Guide](#)

MENS/UNISEX	XS	S	M	L	>
HEIGHT	5'5" - 5'7"	5'7" - 5'9"	5'9" - 5'11"	5'11" - 6'1"	6
WEIGHT	115 - 130	130 - 160	160 - 185	185 - 210	2
CHEST	32" - 35"	35" - 38"	38" - 41"	41" - 44"	4
SLEEVE	30"	31"	33"	35"	3
WAIST	26" - 28 1/2"	28 1/2" - 31"	31" - 33 1/2"	33 1/2" - 36"	3
HIP	32" - 35"	35" - 38"	38" - 41"	41" - 44"	4
INSEAM (Regular)	28"	30"	31"	32"	3

WOMENS	XS	S	M	L	>
DRESS SIZE	2	4-6	8-10	12-14	1
HEIGHT	5' - 5'3"	5'3" - 5'5"	5'5" - 5'7"	5'7" - 5'9"	5

WEIGHT	90 - 104	105 - 129	130 - 154	155 - 179	1
CHEST	31" - 33"	33" - 35"	35" - 37"	37" - 39"	3
SLEEVE	30"	30	31	32	3
WAIST	23" - 25"	25" - 27"	27"- 29"	29" - 32"	3
INSEAM (Regular)	28"	29"	30"	31"	3
INSEAM (Tall)	31"	32"	33"	34"	3



YOUTH/BOYS	M	L	XL
HEIGHT	4'6" - 4'11"	5' - 5'4"	5'4" - 5'8"
WEIGHT	76 - 95	96 - 115	116 - 135
CHEST	28" - 29"	30" - 32 1/2"	32 1/2" - 35"
SLEEVE	27"	28"	29"
WAIST	24 1/2" - 25 1/2"	25 3/4" - 27 1/4"	27 1/4" - 28"
INSEAM	24"	26"	28"

BRA SIZE	30	32	34	36	38	40
A	XS	XS	S	M	L	XL
B	XS	S	S	M	L	XL
C	XS	S	M	M	L	XL
D	S	M	L	L	XL	XL

How to Measure

A - Chest/Bust

Measure under your arms, around the fullest part of your chest.

B - Waist

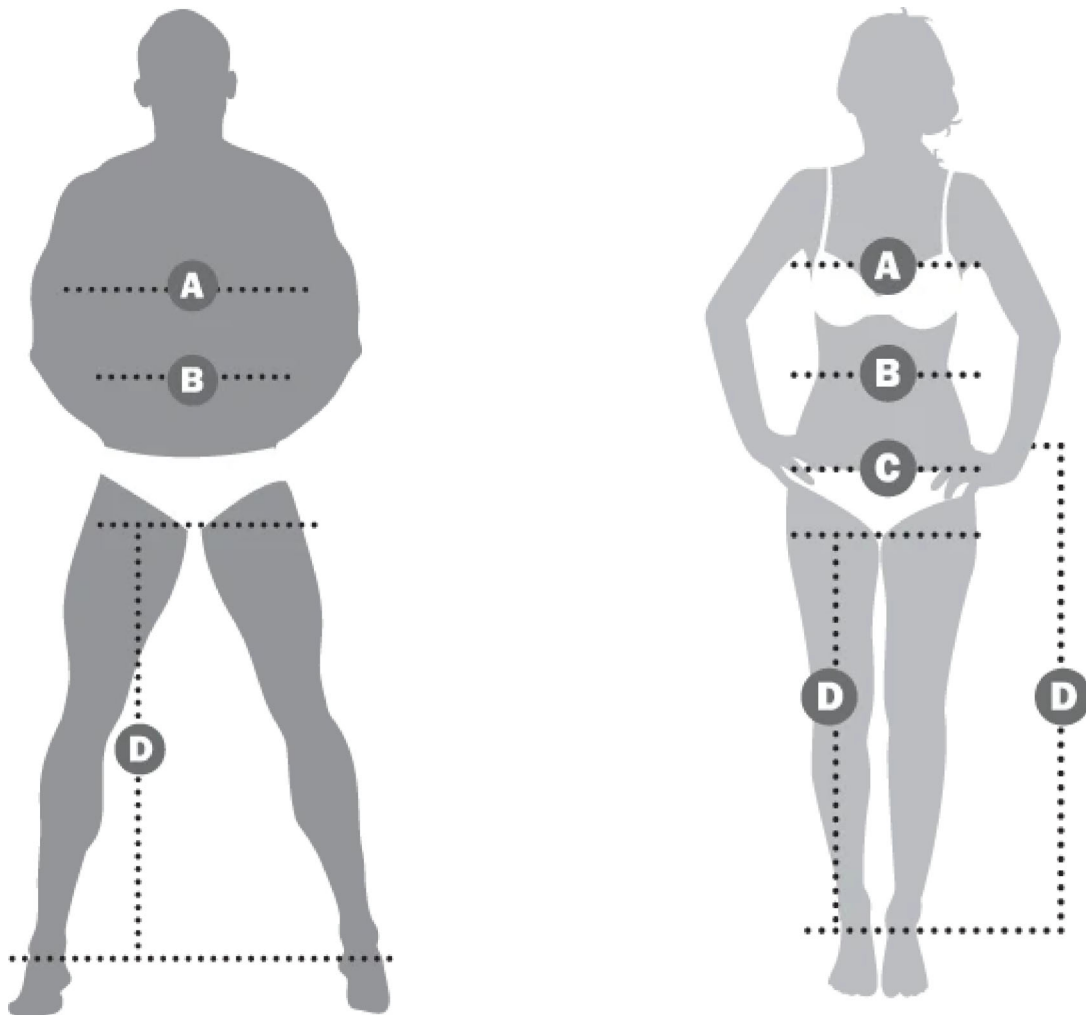
Measure around your natural waistline, keeping tape a bit loose.

C - Hip (Women only)

Measure around the fullest part of your body at the top of your legs.

D - Inseam

Using pants that fit well, measure from the crotch seam to the bottom of the leg.



Compression

- second skin fit, hugs the shape and contours of wearer
- use of high spandex content fabrics for built-in ease and non-constrictive movement

Athletic

- fitted, skims the contour of the body with an athletic cut
- use of stretch materials and construction fabrics for built-in ease and non-constrictive movement

Standard

- semi-fitted, athletic shape but built for comfort
- eliminates the bulk of extra fabric while allowing for free range of motion

Relaxed

- generous cut designed to accommodate layering
- less structured silhouette for greatest range of motion across sports

