# FENCING INSTITUTE OF TEXAS'

# GET FIT! Competitive Fencer Summer Camp

at Austin College in Sherman, Texas

June 16-22, 2024



Fencers 10 years to adult of all skill levels are invited to get competitively FIT at our Summer Fencing Camp; younger fencers require permission of a coach. Fencers will be divided into skill levels and weapon groups during training sessions. Programs are designed to prepare fencers for Summer Nationals, but all fencers are invited. ALL ATTENDEES MUST HAVE A COMPETITIVE or ACCESS MEMBERSHIP with USA Fencing. *Camp is limited to 55 fencers*.

Coaching Staff will be led by Foil Master Yury Molchan OLY, Hossam Mahmoud, Egyptian National Epee Team, Sabre Master Gregoris Serrano, Rhonda Trietsch, April Alford, and various guest coaches.

### Instruction in all three weapons.

- Check-in: 12-2 PM on Sunday, June 16th. Fencers should eat lunch prior to check-in; the first meal will be dinner on the 16th.
- **Check-out:** 10AM-Noon on Saturday, June 22nd. The last meal served will be breakfast on June 22nd.

Fencers arriving by air should fly into DFW Airport. We will make arrangements to pick you up and take you to the campus; we will transport you back to the airport. It takes approximately 2 hours to drive to Sherman from DFW. Please allow enough time for travel when making flight schedules.

FEES: \$745 if paid in full by May 15th; use code COMP24CAMP for \$100 off if paid in full by March 15. You may also pay in 3 monthly installments (\$300 initial payment; \$222.50 on April 1st and \$222.50 on June1st).

For more information, contact FENCING INSTITUTE OF TEXAS:

- Call (972) 242-0399
- E-mail info@fenceintexas.org

Austin College is located just north of Dallas on Lake Texoma. Out-of-state campers should fly to/from DFW airport; free airport pickup/drop-off will be arranged. Email info@fenceintexas.org with flight information.

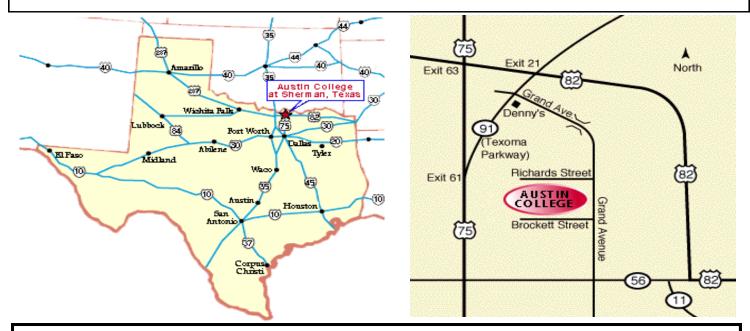
Enrollment is limited to 55 fencers. A non-refundable <u>deposit of \$300</u> is required by <u>May 1st</u> to hold your place. Registrations will be taken after May 15th if space is available; will incur \$100 late fee.

Fencers must report to camp <u>mentally</u> and <u>physically</u> ready to participate in strong training sessions as this camp is designed to prepare fencers for Summer Nationals.

CLICK HERE for the registration form. If that link doesn't work use: https://app.clubworx.com/s/pdagzMk1

#### PERSONAL VEHICLE POLICY:

- Campers who bring their own cars to camp are NOT allowed to transport campers under the age of 18 in their personal vehicle without written permission of the parent or legal guardian of the other camper.
- Campers under the age of 18 are NOT allowed to transport other campers (not even siblings).
- Fencers are not allowed to leave Austin College campus at any time without the express permission of the coaches.
- Fencers who violate these policies or rules of the college, USFA or host clubs shall be expelled and no refund shall be given.



#### From the East (U.S. Hwy. 82 or State Hwy. 11):

From Highways 82 or 11, take State Hwy 56 West, turn right on Grand Avenue. Austin College is 1/2 mile on the left.

#### From the West (U.S. Hwy. 82):

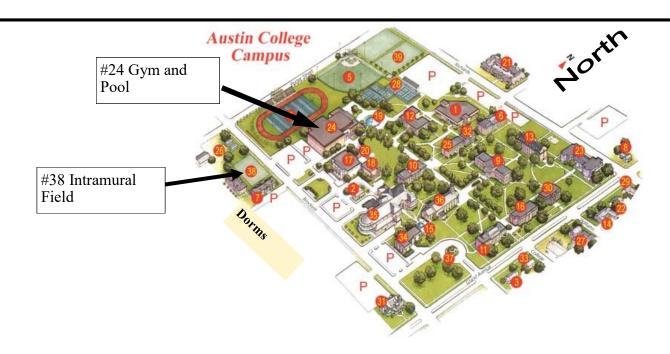
From U.S. Hwy. 82, take Exit 21 for State Hwy 91 (Texoma Parkway), turn right on Texoma Parkway and proceed to third traffic light (Grand Avenue). Turn left on Grand Avenue and continue on Grand across the overpass. Austin College is 1/2 mile on the right.

#### From the North (U.S. Hwy. 75):

From U.S. Hwy. 75, take Exit 63 to U.S. Hwy 82. Travel east on U.S. Hwy 82 and follow directions "From the West" as stated above.

#### From the South (U.S. Hwy. 75):

From U.S. Hwy 75 North, take Exit 61 for State Hwy 91 (Texoma Parkway). Turn right at the second traffic light on Grand Avenue. Continue on Grand across the overpass. Austin College is 1/2 mile on the right.



## **CAMP POLICIES**

- 1. All students should be in good physical condition and bring appropriate training wear for swimming, outdoor exercises, and fencing.
- 2. Students must bring their own electric equipment.
- 3. **PERSONAL VEHICLES**: Campers who bring their own cars to camp are NOT allowed to transport other campers under the age of 18 without written permission of the parent or legal guardian of the other camper, including siblings.
- 4. **CELL PHONES**: Cell phones are not to be brought to training. Campers may retain possession of their cell phone as long as they do not abuse this. There is no internet access for campers. (Parents, understand this is a training camp and not a vacation camp. Your child will be pushed mentally and physically, and may call to complain. The first thing to ask them is, "Did you tell your coach about this?" Most of the timeh they have not.)
- 5. Fencers who violate the policies or rules of the college, USA Fencing, or host club(s) shall be expelled and no refund shall be given.
- 6. Campers will be financially responsible for any damage they cause to the dorms, furniture, etc. EVERYONE should make a thorough inspection of your room and furnishings and document any damage when checking in. This should be reported immediately to a coach for the school staff.

### WHAT TO BRING

- Electric fencing equipment and proper fencing attire (including protective undergarments)
- Plenty of extra t-shirts (this is a working camp with endurance training)
- Swim wear
- Running/track shoes and exercise clothing (remember it gets HOT in Texas!)
- Rain gear (they walk between dorms, venue and cafeteria)
- Bedding (sheets, pillows, light blankets or sleeping bag)
- Linens (towels, washcloths) and toiletries
- Cash for vending machines and laundry in dormitories
- Extra food and drinks for evening snacks (there are no convenience stores near the campus; some campers order pizza delivery). Dorms have small kitchens.
- Any medicines, mosquito repellent and sunscreen as necessary (prescription medicines should be discussed with the coaches)
- Frisbee, football, basketball and other games
- Computers and computer game boxes are permitted; however, the campers are solely responsible for the security and use of their electronics and games (older fencers are requested to manage their music and games that are not appropriate for younger fencers)
- \$35 cash or check for deposit for each room key; this will be returned when the key is returned. Some students will be given 1 key for their room, and 1 key for their quad.