



Dr .Vijay Jaligam journey into healthcare practitioner is fascinating

### ***"From Pain to Passion "***

*Dr. Jaligam's journey began in Hyderabad known as "The Pearl City", a vibrant town nestled in the southern state of Andhra Pradesh, India, where he was raised by Telugu-speaking parents. In his youth, he bore witness to the harrowing ordeal of a classmate bitten by a rabies-infected dog. Despite the grim prognosis, young Jaligam stood by his friend as his condition worsened, marked by the telltale foam at the mouth. The memory etched a deep sadness within him, contemplating his friend's uncertain fate.*



*Yet, through the miracle of medicine, his friend defied the odds, emerging not only alive but swiftly returning to health. This transformative moment ignited a fervent passion within Jaligam. Fueled by the wonder of science, he dedicated himself wholeheartedly to its study, driven by an insatiable curiosity and a steadfast commitment to healing and discovery.*

## ***“City of Pearls ( Hyderabad) to Crescent City (New Orleans)***

*Dr. Jaligam's journey through medicine began at Osmania Medical College in Hyderabad, the former capital of united Andhra Pradesh, now Telangana. After completing his medical education, Dr. Jaligam established*



*his practice in Malkajgiri, a suburb of Hyderabad, where he gained extensive experience treating a wide range of illnesses prevalent in densely populated India. Despite a demanding schedule, his true dedication to medicine led him to volunteer his services to underprivileged communities pro bono.*

*His career took a pivotal turn when he relocated to New Orleans, Louisiana, where he joined the Louisiana State University Health Science Center to research in lung transplantation and gene therapy.. Dr. Jaligam's expertise expanded from foundational research to practical applications, specializing eventually in Heart Failure &*



*Transplant and Cardiovascular Diseases. He found profound fulfillment in his work and academic pursuits in Louisiana, where he became deeply integrated into the community.*

*Dr. Jaligam's commitment to patient care transcended the confines of clinical settings. During catastrophic hurricanes, including the infamous Katrina, he stood resolutely with the New Orleans community, providing critical medical assistance when it was needed the most...contd...*



## **ChenMed to Zen-Moment**

*Life's journey led Dr. Jaligam from the academic realm of medicine to the dynamic corporate landscape of healthcare with ChenMed, a beacon of*



*value-based care in a sea of volume-based systems. ChenMed's ethos of preventive care, patient-centric relationships, and physician-led initiatives resonated deeply with Dr. Jaligam, propelling him into a pivotal role as chief cardiologist, overseeing a team of dedicated professionals across multiple cities. Yet, amidst professional success, a poignant moment of reflection stirred within him, beckoning him closer to his aging parents in Virginia. With unwavering*

*determination, Dr. Jaligam charted his own course, establishing a thriving private practice in Virginia, embodying the master of his own journey called "Jaggu Health"*

## **Prevention to Cure**

*"Dr. Jaligam firmly embraces the timeless wisdom of 'Prevention is better than cure,' drawing inspiration from the ancient healing traditions of Ayurveda. He integrates this mantra into his practice, treating the physical body with 'food as medicine' and nurturing the mind through yoga and meditation, fostering holistic health."*

***In Dr. Jaligam, you'll discover not just a doctor, but a life coach, teacher, brother, and friend, committed to your well-being.***

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***Schedule your appointment with Dr Jaligam now and embark on a journey towards great health!***

*Thank  
you!*

