

# RAISING KIDS with BIG

## BAFFLING BEHAVIORS

### a course for caregivers



DEVELOPED BY ROBYN GOBBEL, MSW



#### ABOUT THE COURSE

*You'll develop the confidence*

**to stay connected to your kids even in the face of the most bizarre and baffling behaviors.**

#### SECTION 1

How to Become the Expert in Children's Behaviors.

#### SECTION 2

Now, Let's "Fix" Those Behaviors.

#### SECTION 3

Why Knowing Isn't Even Half the Battle.

*Based on the best seller*

**RAISING KIDS WITH BIG, BAFFLING BEHAVIORS:**



**BRAIN-BODY-SENSORY STRATEGIES THAT REALLY WORK**

You can experience what parents and caregivers describe as a life-changing new way to reframe and change children's behaviors.

#### DETAILS

- **Thursdays 9:30am-11:00AM**
- **Taught by Sarah Hamlin LICSW**
- **September 11-November 17<sup>th</sup> 2026**

\$150 investment  
Grant funds are available through BRIDGES

#### 3 CORE TENETS

- 1 Behavior is just a clue.
- 2 We all need connection to survive.
- 3 Regulated, connected kids who feel safe behave well.

**REGISTER TODAY**



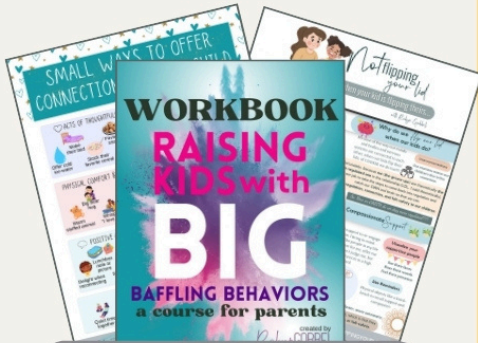


# MEET YOUR FACILITATOR

Sarah Hamlin LICSW

TOGETHER WE'LL EXPLORE

Owls, Watchdogs & Possums



Plus, you'll get tons of resources!

## The Three Tenets



**Behavior is just a clue.**

It's what we see on the outside that gives us some information about what might be happening on the inside.

**We all need connection to survive.**

If a child is behaving in a way that makes us not want to be connected to them, we can pause and ask "What's up with that?"

**Regulated, connected kids who feel safe behave well.**

To change children's behaviors, we will look for ways to increase regulation, connection, and felt-safety.

You'll develop the confidence

to stay connected to kids even in the face of the most bizarre and baffling behaviors

### Section 1- How to Become the Expert in a Child's Behaviors.

Using the science of being relationally, socially, and behaviorally human, this section will demystify the most baffling behaviors. You'll change how to see and interpret a child's behavior. That change will become the most powerful tool in your caregiving toolbox.

### Section 2- Now, Let's "Fix" Those Behaviors.

Your caregiving toolbox will be stuffed with brain, body, and sensory strategies- that actually work. These techniques will strengthen the child's nervous system and decrease baffling behaviors. Better yet, by the end of this section you'll know what interventions to use when.

### Section 3- Why Knowing Isn't Even Half the Battle.

You aren't a bad caregiver, so what happens between learning new caregiving skills and actually using those new caregiving skills? Section 3 will grow your tolerance for baffling behaviors so you can show up the way that you want to.

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