



San Clemente Boys Soccer

2025 / 2026

Team Guidelines

ATTENDANCE

Attendance will be taken at all practices and games and kept throughout the season. All practices are mandatory whether school is in or out of session in all weather conditions as we have an all weather field or will move inside for video or indoor session if needed. Attendance to all games and practices are mandatory unless Emergency.

- All injured players should attend all games and practices dressed in appropriate SCHS Soccer attire if injury permits. Even if a player is unable to participate on the field, it provides an opportunity to learn and to support your teammates.
- All players are expected to be at outside functions (team dinners, alumni game, fundraisers etc)
- Any player with COVID symptoms should stay home, inform the coach and return based on current district guidance. Players exhibiting COVID symptoms will be sent home from practice and/or games immediately.
- Non-emergency absences will be dealt with in the following:
 - 1st - meeting with coach and extra fitness session upon return
 - 2nd - extra fitness session and sit out ½ of the next game
 - 3rd - temporary suspension from the team, meeting with parent & coach
 - 4th - dismissal from soccer program
- Emergency absences will be dealt with at coaches discretion.
- **Tardiness** - lateness is a form of indiscipline which will be met with extra training and meeting with the coach. Constant tardiness could result in program suspension or removal. Tardiness on game day will likely result in the player not starting the game.

PLAYING TIME

Attendance and positive/negative behaviour at practice or games can, and will, have a factor on your playing time. There is a ZERO tolerance policy towards poor attitudes, disrespecting teammates and/or coaches. Creating a negative and unhealthy environment which could lead to dismissal from the team and program.

- Playing time is a combination of commitment, attitude and ability and is decided on by coaches.
- Players are responsible for any play time inquiries - NOT THEIR PARENTS
- Please remember Coach Murray has an OPEN DOOR POLICY regarding *any* issues that may arise. Please ask for a meeting before or after practice.

TRAINING

Practice and match preparedness

- Equipment: all players must wear appropriate equipment/gear to all training sessions and matches.
 - Shin guards - for safety and competitive reasons - no shin guards means no practice
 - Cleats/Running shoes
 - Shorts/Triton shirt for training
 - Warm-ups/uniforms for games
 - All players must keep both cleats and running shoes for all practice/games sessions

HARASSMENT

Any player that bothers another player in our program to the point that it makes them uncomfortable, will meet with Coach Murray for a review and warning. The second time will result in dismissal from the program - Teamwork is defined as 'A team is a group of individuals working together to achieve their goal' - players are required to function together for the sake of the team/program.

ACADEMIC EXPECTATIONS / ELIGIBILITY

First and foremost, the expectation is that all players take their academics seriously and give their best effort at all times. There is a direct correlation - athletes that work hard in the classroom also work hard on the field - they are connected.

- All players must pass four (4) classes in a semester while maintaining a minimum 2.0 (C) GPA.
- Any player that does not pass four (4) classes or has a GPA below 2.0 for two consecutive semesters will not be able to play any sport at SCHS.
- Grades will be checked randomly and any student(s) in jeopardy will be tracked weekly.
- Study Hall: At the 12-week progress report, any player that is receiving a grade of "F" in one or more classes, or has a "D" in two or more classes, will be required to attend a study hall on a designated night (one a week), after practice or games.
- Players must also understand developing student athletes is our #1 top priority. Standards in class often represent itself in sports.

CONTACT WITH COACHES

Players will be expected to remain in contact with Their coach via email throughout the season.

Reasons for contact are:

- Missing a practice
- Missing a game
- Injuries - all injured players are still expected to be at all practices/games/activities unless previously discussed with the coach.
- Illness
- Tardiness - PLAYERS ARE TO COMMUNICATE if they will be late

SCHS/CUSD DRUG POLICY

It is important that ALL student athletes understand that if they are seen or caught by the coaching staff or administration smoking/vaping/drinking alcohol or using any drugs will be subject to the Capistrano Unified School District Ed Code 48900(s). Failure to abide by the SCHS/CUSD drug policy will lead to suspension and potential removal from the soccer program.

WINTER BREAK

As a soccer player you are expected to attend all practices and games over Christmas break. Every sport has its vacation time it must sacrifice. Baseball plays thru Spring Break, Football during Summer and Soccer through Christmas. This sacrifice is part of your commitment to your team, and each of our teams has a different amount of free time over Christmas. Game(s) missed will result in the same number of games that the player will sit out upon return. Please refer to the schedule on the website (sctritonsoccer.com).

PARENT/FAN SEATING AND CONDUCT

During the course of a game or competition all parents/spectators shall not be on the game sidelines when seating or stands are available. If a fence or track area exists, all spectators must be behind the designated area. If no such area exists all spectators must be seated approximately 15 yards from sidelines or bench area.

Spectators/Parents will be asked to refrain from distracting players with words and actions as it can cause confusion to the player. *If there is an emergency and you need to get information to your player, please approach the coach first.

CELL PHONES / SOCIAL MEDIA

Cell phones shall not be activated at training, games or in the team room unless asked by the coach. Only then should they be used for productive reasons to help with the soccer program.

- Social media infractions will be handled by Coach Murray - Please refrain from using social media in a way that could cause any form of harm or damage to another player, the program or SCHS

PROFANITY / LANGUAGE

- **Players** shall NOT use foul language at the field during games or practices. Players are NOT to interact negatively with opposition, spectators and/or referees.
- **Parents** are asked to act as role models, adults as opposed to supporters. Poor spectator behaviour can lead to removal from the game.

FUNDRAISING/VOLUNTEERING

Fundraising and volunteering is an important part of any competitive sports program in high school. Players will be asked to contribute in various ways. The money raised will help to pay for different aspects of our soccer program that many schools do not have. All parents and players are asked to support our booster club in some capacity.

By signing this document, I acknowledge that I have read and understand all the rules and expectations contained within the San Clemente Boys' Soccer 2024-2025 Team Guidelines. In addition, I agree to abide by the rules set by the Head Coach, my team, the program and SCHS.

Players Signature

Parent Signature

Date