



TRISHIA LICHAUCO - COACH

Trishia is a leadership development coach and team facilitator. For the past 10 years, she has supported leaders in enhancing their self-awareness by shifting mindset and behaviors to effectively advance organizational goals.

In a typical coaching engagement, a collaborative atmosphere is co-created where innovative thinking occurs, accountability through action is developed, and untapped potential is relentlessly pursued. Her transformative approach to coaching allows clients to discover their leadership purpose aimed to impact and influence business results.

Trishia's prior professional experience includes Chief of Staff to the President, Office and Board of Trustees Operations, Brigham and Women's Hospital; Assistant to the President, Secretary to the Board of Trustees and Board Operations, Wheaton College; and leadership roles for Simmons College and WGBH Educational Foundation.

She has coached across a range of sectors including Financial Services, Healthcare, Biotechnology, Retail, Professional Services, Technology, Government and Non-Profit.

Trishia is a Master Certified Coach (MCC), International Coaching Federation and served as the President of ICF New England Chapter from 2017-2019. She is a Certified Practitioner in the MBTI Instruments, LEA 360 Assessment, Hogan Suite, The Results System, EQi-2.0 (MHS), Advancing Women in Leadership 360 (AWLA). She holds a Coach Certification from the Institute of Professional Excellence in Coaching and a BA in Psychology from Wheaton College.



Powerful
change
for leaders
and teams

LeadWell is a practice of credentialed, seasoned, executive coaches. As former operating and corporate executives we have a deep understanding of what it takes to lead.

We share the belief that with intention, rigor and skillful coaching leaders will amplify their contribution to the success of an organization, maximize the capabilities of their team and make sustainable changes that bring meaning and value to their careers and work life.

Our diverse team comes to the work of leadership and organization development to co-create positive change in the impact, business results, efficacy and wellbeing of leaders and their teams.

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