

Support & Resources



Know Your Rights (FAPE)

Students with disabilities aged 3–21 are entitled to a Free Appropriate Public Education (FAPE) at no cost. Reach out to your local school district's ESE office for help or call FDLRS at 386-312-2265 (fdlrs.org) to get connected to services.



Early Steps (Birth–36months)

Florida's Early Steps program offers early intervention services for infants and toddlers (birth–36months) with developmental delays or disabilities at no cost. Call 1-800-218-0001 or email FloridaEarlySteps@flhealth.gov for information.



ChildFind (34months–5years)

FDLRS ChildFind teams partner with your local school district to identify children aged 34months–5 who may benefit from exceptional student education. Free developmental screenings are available—no referral needed. Call 386-312-2265 or visit fdlrs.org/child-find.



Turning18 & Legal Options

When your child turns 18, they become a legal adult. Before considering a guardian advocate, explore less-restrictive options like Supported Decision-Making or a power of attorney. Visit Turning18.org for guidance or call Disability Rights Florida at 800-342-0823 for assistance.



Community Connections

Dial 211 for confidential assistance and to connect with local resources for families of children up to age 22. For statewide advocacy and resources, contact the Florida Developmental Disabilities Council at 850-488-4180 or 800-580-7801 (fdcc.org).