



Daily Daycare Schedule

7:30am - 8:00am Free Play / Drawing / Reading

8:00am - 8:30am Breakfast + Cleanup

8:30am - 9:15am Yoga with kids (Optional)

9:15am - 10:30am (English and French Songs)& Art and Craft (sensory motor skills)

10:30am - 11:30am Outdoor play time in the yard

11:45am - 12:30pm Lunch

12:30pm - 12:45pm Brushing teeth, Ready for quiet time

1:00pm - 2:30pm Quiet time

2:30pm - 3:00pm Snack (fruits and vegetables)

3:00pm - 4:00pm Circle time / Group play / Reading

4:00pm - 4:45pm Outdoor play time

4:45pm - 5:00pm Ready to go home
