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**Alexandria Celebrates Women**

**October 2021 Newsletter**

**Editor:** Gayle Converse

**“The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex.”**

***- 19th Amendment to the United States Constitution***

**A picture containing text, clipart

Description automatically generated Welcome** to the October 2021 issue of the Alexandria Celebrates Women (ACW) newsletter.

October is **National Domestic Violence Awareness Month, Health Literacy Month** and **National Breast Cancer Awareness Month (Oct. 15 is National Mammography Day). The week of Oct. 3-9 is Mental Illness Awareness Week. National be Nice Day falls on Oct. 5. Oct. 11 is Indigenous People’s Day and National Day of the Girl Child. Oct. 25 is National Mother-in-Law Day and of course, Oct. 31 is Hallowe’en.**

ACW has continued its tradition of bringing you history information, including the milestones in the fight for women’s suffrage, in our newsletters this year. You can find information regarding Alexandria’s women of past and current history in the ACW monthly *Alexandria Times* column and on the ACW Website [Alexandria Celebrates Women](https://alexandriacelebrateswomen.com/)

We hope that you, your family and friends are well and safe during this time and we hope the and educational links and stories that follow can serve as a part of a plan to encourage your family’s enthusiasm for American history.

 **Events & Items of Interest**

**New Alexandria Women’s History Walk**

Discover where Alexandria’s women of the past and present have lived, worked and made history on Alexandria Celebrates Women’s new Women’s History Walk! The extensive self-guided journey is designed to enable history seekers to explore *as little or as much as you like at your own pace.* The new Walk includes an optional extended tour. ACW will post the route soon! If you would like a guided tour, please contact Gayle Converse at [AlexandriaCelebratesWomen@gmail.com](mailto:AlexandriaCelebratesWomen@gmail.com)

**Replay of Celebrate Women Awards**

Alexandria Celebrates Women was proud to host the first *Celebrate Women Awards* March 29, 2021.The virtual event honored women who have had a hand in caring for all Alexandrians during the COVID-19 pandemic. The Awards show benefited the Alexandria Domestic Violence Safehouse. A replay of the Awards show can be found at [Alexandria Celebrates Women](https://alexandriacelebrateswomen.com/).

**Women Impacted by Pandemic Need Your Help**

The Alexandria Domestic Violence Safehouse – a place of refuge for many women impacted by the pandemic – needs your help. When women and their families are able to leave the shelter, there is a **need for housewares -- silverware, pots and pans, dishes.  You can assist by clicking here** <http://www.target.com/gift-registry/gift/effb54910b8145f2ba507c26a79eb5a6>

**From the National Women’s History Museum (NWHM)**

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Enjoy the NWHM free virtual museum at [www.womenshistory.org](https://click.everyaction.com/k/31733035/293584819/-1447255758?refcode=NWHM_EM_TY_1MO_210701_1_1&refcode2=d859415a-87da-eb11-a7ad-501ac57b8fa7&nvep=ew0KICAiVGVuYW50VXJpIjogIm5ncHZhbjovL3Zhbi9FQS9FQTAwNy8xLzkwNTYxIiwNCiAgIkRpc3RyaWJ1dGlvblVuaXF1ZUlkIjogImQ4NTk0MTVhLTg3ZGEtZWIxMS1hN2FkLTUwMWFjNTdiOGZhNyIsDQogICJFbWFpbEFkZHJlc3MiOiAiZ2Nwcm9kQGJlbGxzb3V0aC5uZXQiDQp9&hmac=13KeBiFkmjlF9t4zpeP82YGosXbOxOENZp88MRjGu5U=&emci=ccbf312f-86da-eb11-a7ad-501ac57b8fa7&emdi=d859415a-87da-eb11-a7ad-501ac57b8fa7&ceid=13040861)

 **History**

**From the National Women’s History Alliance**

[October - National Women's History Alliance (nationalwomenshistoryalliance.org)](https://nationalwomenshistoryalliance.org/events/october/#:~:text=Women%E2%80%99s%20History%201%20October%203%2C%201904%20%E2%80%93%20Mary,Ginsburg%20joins%20the%20U.S.%20...%20More%20items...%20)

* **October 3, 1904** – Mary McLeod Bethune opens her first school for African American students in Daytona Beach, Florida
* **October 4, 1976 –** Barbara Walters becomes the first woman co-anchor of the evening news (at ABC)
* **October 4, 1993** – Ruth Bader Ginsburg joins the U.S. Supreme Court as its second woman Justice
* **October 8, 1993 –** Toni Morrison becomes the first African American woman to win the Nobel Prize for Literature
* **October 10, 1983** – Dr. Barbara McClintock receives the Nobel Prize for Medicine for her discovery in genetics about mobile genetic elements
* **October 11, 1984** – Dr. Kathryn D. Sullivan is the first U.S. woman astronaut to “walk” in space during Challenger flight
* **October 15, 1948** – Dr. Frances L. Willoughby is the first woman doctor in the regular U.S. Navy
* **October 16, 1916** – Margaret Sanger opens the U.S.’s first birth control clinic in Brooklyn, New York
* **October 23, 1910** – Blanche Stuart Scott is the first American woman pilot to make a public flight
* **October 24, 1956 –** Reverend Margaret Towner is the first woman ordained a minister in the Presbyterian Church
* **October 28, 1958** – Mary Roebling is the first woman director of a stock exchange (American Stock Exchange)

 **NEWS**

***Alexandria Times***, September 23, 2021 – “The Art of Protest” [ThursdaySeptember232021.pdf (alextimes.com)](https://alextimes.com/wp-content/uploads/2021/09/ThursdaySeptember232021.pdf)

[**Associated Press**](http://www.ap.org/)**,** September 24, 2021 -- “Women's voices at UN General Assembly growing”

[Women's voices at UN General Assembly growing (msn.com)](https://www.msn.com/en-us/news/politics/womens-voices-at-un-general-assembly-growing/vi-AAON5oa?ocid=msedgdhp)

***Washington Post,*** September 29, 2021 -- “Fueled by the pandemic, the child-care crisis is keeping moms out of work”Economic turmoil during in the first pandemic phases pushed women out of the workforce, and the lack of available child care is keeping mothers out of work. Labor Department data indicate there are [126,700 fewer workers in the child-care industry](https://s2.washingtonpost.com/34d32f7/6154cc849d2fda9d41ef25f6/596ccfdcade4e24119d7647b/15/67/6154cc849d2fda9d41ef25f6) compared with pre-pandemic levels. One mother told The Post she cannot commit to new employers because she was unable to find supervision for her son. [The child-care shortage that is keeping moms from getting back to work - The Washington Post](https://www.washingtonpost.com/dc-md-va/2021/09/28/fueled-by-pandemic-child-care-crisis-is-keeping-moms-out-work/?utm_campaign=wp_to_your_health&utm_medium=email&utm_source=newsletter&wpisrc=nl_tyh&wpmk=1&pwapi_token=eyJ0eXAiOiJKV1QiLCJhbGciOiJIUzI1NiJ9.eyJjb29raWVuYW1lIjoid3BfY3J0aWQiLCJpc3MiOiJDYXJ0YSIsImNvb2tpZXZhbHVlIjoiNTk2Y2NmZGNhZGU0ZTI0MTE5ZDc2NDdiIiwidGFnIjoiNjE1NGNjODQ5ZDJmZGE5ZDQxZWYyNWY2IiwidXJsIjoiaHR0cHM6Ly93d3cud2FzaGluZ3RvbnBvc3QuY29tL2RjLW1kLXZhLzIwMjEvMDkvMjgvZnVlbGVkLWJ5LXBhbmRlbWljLWNoaWxkLWNhcmUtY3Jpc2lzLWlzLWtlZXBpbmctbW9tcy1vdXQtd29yay8_dXRtX2NhbXBhaWduPXdwX3RvX3lvdXJfaGVhbHRoJnV0bV9tZWRpdW09ZW1haWwmdXRtX3NvdXJjZT1uZXdzbGV0dGVyJndwaXNyYz1ubF90eWgmd3Btaz0xIn0.h-riYVDiyb51hBFIkl8TwMQq96fsrx1Yq-l9tCoCz1k)



**From the U.S. Department of Health and Human Services (HHS) Office on Women’s Health**

### 30th Anniversary

This year the Office on Women’s Health (OWH) celebrates its 30-year anniversary. From the beginning, the mission of the OWH has involved connecting women and girls with up-to-date, actionable health information. Today, the OWH continues that tradition using a variety of digital platforms. We invite you to explore the OWH website ([womenshealth.gov](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDAsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MzAuNDY3MjA2NzEiLCJ1cmwiOiJodHRwczovL3d3dy53b21lbnNoZWFsdGguZ292Lz91dG1fbWVkaXVtPWVtYWlsJnV0bV9zb3VyY2U9Z292ZGVsaXZlcnkifQ.7W2etzXRftaIvB024i46sWbOZHPNNHncT_wz_pVBh7E/s/1190608154/br/113192388422-l)), Twitter ([@womenshealth](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDEsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MzAuNDY3MjA2NzEiLCJ1cmwiOiJodHRwczovL3R3aXR0ZXIuY29tL3dvbWVuc2hlYWx0aD9yZWZfc3JjPXR3c3JjJTVFdGZ3JTdDdHdjYW1wJTVFZW1iZWRkZWR0aW1lbGluZSU3Q3R3dGVybSU1RXByb2ZpbGUlM0F3b21lbnNoZWFsdGgmcmVmX3VybD1odHRwcyUzQSUyRiUyRnd3dy53b21lbnNoZWFsdGguZ292JTJGbm9kZSUyRjEyMzQlM0Z1dG1fbWVkaXVtJTNEZW1haWwlMjZ1dG1fc291cmNlJTNEZ292ZGVsaXZlcnkmdXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5In0.3az1JqnzLOTkRTtObX866b3V16QrPbyOCxgs18RBYBc/s/1190608154/br/113192388422-l)), or sign up to receive the [OWH blog](https://lnks.gd/l/eyJhbGciOiJIUzI1NiJ9.eyJidWxsZXRpbl9saW5rX2lkIjoxMDIsInVyaSI6ImJwMjpjbGljayIsImJ1bGxldGluX2lkIjoiMjAyMTA5MzAuNDY3MjA2NzEiLCJ1cmwiOiJodHRwczovL3d3dy53b21lbnNoZWFsdGguZ292L2Jsb2c_dXRtX21lZGl1bT1lbWFpbCZ1dG1fc291cmNlPWdvdmRlbGl2ZXJ5In0.4hWPk8au5MqkOAOvqZd_GU57ZU8HLsLLD6od_6Og3_Y/s/1190608154/br/113192388422-l) for the latest news, updates and health guidelines.

**COVID-19**

**For the latest COVID-19 guidelines, please visit:**

[Office on Women's Health | womenshealth.gov](https://www.womenshealth.gov/office-womens-health)

[Coronavirus Disease 2019 (COVID-19) | CDC](https://www.cdc.gov/coronavirus/2019-nCoV/index.html)

[Choosing Safer Activities | CDC](https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/participate-in-activities.html)

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 **Career**

October 27 is National Mentoring Day!

**Most** **essential** workers in the United States are *women*. If you are experiencing changes in your routine – whether currently working from home or being asked to return to your workplace, you might be worrying about finances and quarantine fatigue. Additional worry about mental health and risk of exposure to COVID-19 have affected most of us.

We salute those of you who work in essential industries, including cleaning services, grocery and drug stores, farmer’s markets, transportation, federal, state and local government, active-duty U.S. Military and Reserves, teaching, U.S. Post Office, and other delivery businesses. We thank the region’s brave first responders and their equally brave families: medical personnel, firefighters, law enforcement, and City and County maintenance crews and volunteers – everyone!

**If you are looking for employment:** The City of Alexandria's Workforce Development Center (WDC), a partner of the American Job Center network, offers staffing solutions that provide businesses with employees who are skilled and ready to work. As a certified One Stop Center, WDC serves a variety of skill levels from those with advanced degrees and years of experience to those with limited education and experience. It provides services and resources for job seekers including access to the WDC Career Center, career readiness workshops, career assessments and customized hiring events. <https://www.alexandriava.gov/WorkforceDevelopment> <https://www.vec.virginia.gov/alexandria>

**If you are a business looking for employees:** The WDC provides a range of business services at no cost to businesses, including job placement, recruitment, labor market information and certified Business Services Specialists to assist in workforce planning. WDC operates the Virginia Initiative for Employment not Welfare (VIEW) Program, Workforce Innovation and Opportunity Act (WIOA - Adult Employment, Dislocated Worker and Youth and Young Adult), Supplemental Nutrition Assistance Program Employment Training (SNAPET), TeensWork! (public and private programs), Refugee Employment Program, Disability Employment and Veteran Services. <https://www.vec.virginia.gov/alexandria>

<https://www.alexandriava.gov/WorkforceDevelopment>

**Child Care:** Please see “Fueled by the pandemic, the child-care crisis is keeping moms out of work”in our **NEWS** section above.

The Alexandria Emergency Child Care Collaborative supports all families in need of child care and works to match them with open providers. [COVID-19 Emergency Child Care: Information for Parents and Providers | City of Alexandria, VA](https://www.alexandriava.gov/dchs/childrenfamily/default.aspx?id=115165)

 **The Basics**

The **19th Amendment to the United States Constitution** (Amendment XIX – often referred to an the “Susan B. Anthony Amendment”) granted American women the right to vote, a right known as women’s suffrage. The Amendment prohibits the states and the federal government from denying the [right to vote](https://en.wikipedia.org/wiki/Suffrage) to citizens of the United States on the basis of sex. When the Amendment was ratified August 18, 1920, it ended almost a century of protest. <https://www.history.com/topics/womens-history/19th-amendment-1>

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***National* Key Dates:**

* **1848:** **Seneca Falls Convention – National-level launch of the movement for women’s rights**
* Following the Convention, the demand for the vote became a centerpiece of the women’s rights movement. Elizabeth Cady Stanton and Lucretia Mott, along with Susan B. Anthony and other activists, raised public awareness and lobbied the government to grant voting rights to women.
* **August 18, 1920: Tennessee legislature ratifies 19th Amendment**
* Tennessee becomes the last of the necessary 36 states to secure ratification.
* **August 26, 1920: 19th Amendment officially certified by the U.S. Secretary of State**
* U.S. Secretary of State Bainbridge Colby **certified** the 19th Amendment and made the adoption of the Amendment official. Every year on this date, we celebrate ***Women’s Equality Day*** in commemoration.

***Virginia* Key Dates**

* **November 27, 1909** - A group of women, including Ellen Glasgow, Mary Johnston, Kate Langley Bosher, Adèle Clark, Nora Houston, Kate Waller Barrett, and Lila Meade Valentine, found the Equal Suffrage League of Virginia.
* **1917-- Women suffragists force fed at the “Occoquan” Workhouse**
* **November 23, 1917 -- Suffragist prisoners released from Workhouse to attend hearing in Federal Court in Alexandria, VA** Judge ruled those women protesters had been unlawfully imprisoned at Workhouse
* **August 1920** - Virginia women gain the right to vote after the Nineteenth Amendment to the U.S. Constitution becomes law.
* **1924** - Kate Waller Barrett of Alexandria serves as a delegate to the Democratic National Convention.
* **February 21, 1952** - The Virginia General Assembly ratifies the Nineteenth Amendment to the U.S. Constitution, thirty-two years after it became law.

**Resources**

* **Virginia Museum of History and Culture** <https://www.virginiahistory.org/what-you-can-see/story-virginia/explore-story-virginia/1876-1924/virginia-and-women’s-suffrage>
* **Turning Point Suffragist Memorial Association** <https://suffragistmemorial.org/suffragist-memorial-site-surroundings/>
* **Women’s Suffrage Museum (Lucy Burns Museum)** **“From the White House to the Workhouse to the Franchise”** <https://workhousemuseums.org/history/importance-of-womens-suffrage/>
* **Encyclopedia Virginia** “**Woman Suffrage in Virginia”** <https://www.encyclopediavirginia.org/Woman_Suffrage_in_Virginia>
* **William & Mary (W&M) Women's Law Society “**[**Women's Suffrage in Virginia”**](http://wmpeople.wm.edu/site/page/wmws/womenssuffrageinvirginia) <http://wmpeople.wm.edu/site/page/wmws/womenssuffrageinvirginia>
* **League of Women Voters of Fairfax Area (LWVFA)** <https://www.lwv-fairfax.org/>
* **League of Women Voters Centennial** <http://www.lwvnca.org/Centennial.html>
* **The National Women’s History Museum** “Crusade for the Vote: Suffrage Resource Center”

https://[www.crusadeforthevote.org/educational-resources](http://www.crusadeforthevote.org/educational-resources)

https://[www.crusadeforthevote.org/partners](http://www.crusadeforthevote.org/partners)

<https://www.womenshistory.org/womens-history/online-exhibits>

<https://www.womenshistory.org/exhibits/creating-female-political-culture>

* [**Women's Suffrage Centennial Commission**](file:///C:\Users\converse\Documents\Adobe\Women's%20Suffrage%20Centennial%20Commission) <https://www.womensvote100.org/about>
* **Suffrage Sisters**[*media@womensvote100.org*](mailto:media@womensvote100.org)
* **General inquiries** | [staff@womensvote100.org](mailto:staff@womensvote100.org)
* **Virginia History** <https://wmpeople.wm.edu/site/page/wmws/womenssuffrageinvirginia>

*Alexandria Celebrates Women (ACW) recognizes the accomplishments and contributions of Alexandria, Virginia’s women of the past, present and future. The volunteer 501(c)(3) charitable non-profit organization acknowledges the distinguished history of Alexandria’s heroines while celebrating the empowerment of Alexandria’s modern woman.* [*https://alexandriacelebrateswomen.com/*](https://alexandriacelebrateswomen.com/)

For more information contact Pat Miller at [AlexandriaCelebratesWomen@gmail.com](mailto:AlexandriaCelebratesWomen@gmail.com)

