

SELFLESS. NETWORK

MONTHLY
DIGEST

MAY

004

**FASHION?
SUSTAINABLE?**

Dive in!

TABLE OF

Sleeping Beauties



Sustainabbility



BTS with Karthik



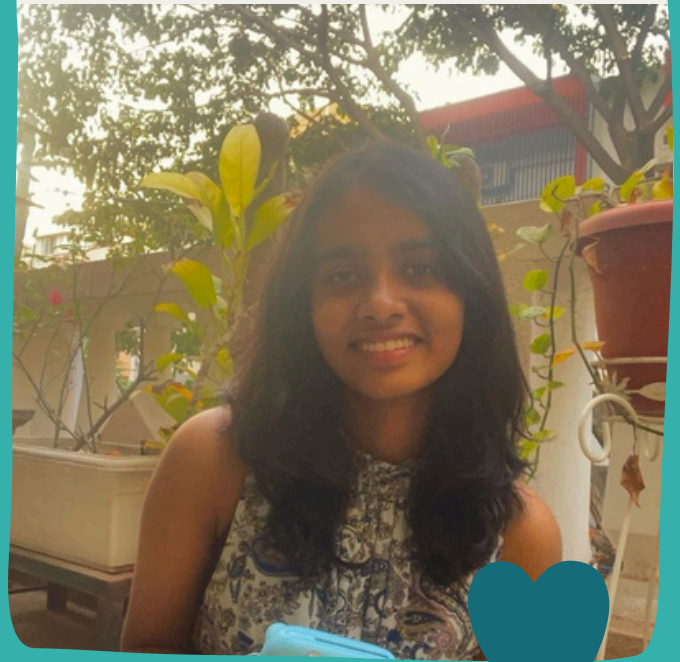
Generation Hope



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From the Editor

Welcome to the fourth edition of the selfless.network Digest. May is a big month for the fashion industry! Does the first monday of May ring any bells!! That's right! The Met gala which features quite interesting looks this season. We would also be diving into the realm of sustainability keeping fashion aside and go behind the scenes with Karthik, a tailor in a village in Tamil Nadu.



As you explore these pages, let your imagination soar and your commitment to sustainability ignite. Together, let's transform the fashion industry, one eco-friendly ensemble at a time. Thank you for joining us on this exciting journey toward a more sustainable future. Stay tuned for exciting news!

Isabel Shiju

EDITOR-IN-CHIEF

SUSTAINABILITY

By Sherazudhin Ahmed

THERE HAS BEEN AN INCREASED FOCUS ON SUSTAINABLE FASHION BUT THERE IS ALSO A NEED TO ADDRESS THE ISSUE HOLISTICALLY AND LOOK AT ALL ASPECTS OF MODERN DAY LIFESTYLE WHICH IS CREATING A LOT OF ISSUES IN THE ENVIRONMENT. FOR INSTANCE, THIS YEAR IN MAY INDIA HAS SEEN EXTREME HEAT IN SEVERAL PARTS OF THE COUNTRY. THIS CAN BE ATTRIBUTED TO THE FACT THAT UNSUSTAINABLE PRACTICES ARE INCREASING IN NUMBER AND THE RESPONSE TO THIS HAS BEEN SLOW. THIS ISSUE IN THE SELFLESS NETWORK MAGAZINE IS NOT JUST ABOUT SUSTAINABLE FASHION BUT IS ALSO A CALL TO ACTION AND A SIGN THE SELFLESS NETWORK IS EXPANDING AND DIVERSIFYING INTO OTHER SECTORS OF SUSTAINABILITY. TO THAT EXTENT I REQUEST ALL OF OUR READERS TO ALSO TAKE PART TO SUSTAINABILITY SO THAT TOGETHER WE CAN ACHIEVE A BETTER WORLD.



SLEEPING BEAUTIES



ft. Sustainability



THE.MET

But Sustainable

BY ADITI ADLAKHA



The Met Gala, renowned for its dazzling array of couture and celebrity splendour, took a significant leap toward sustainability in 2024. This year's event, themed "Future of Fashion: Sustainability and Innovation," was a testament to the fashion industry's growing commitment to environmental responsibility. Celebrities and designers alike showcased how high fashion can be harmoniously blended with eco-conscious principles, setting a new standard for red carpet events.

Sustainable Couture: Highlights from the Night

1.

1. Alia Bhatt: Alia Bhatt graced the event in a handmade sari by Sabyasachi, created in collaboration with regional artisans from India, showcasing intricate craftsmanship and preserving local textile techniques. Known for her sustainable fashion choices, Bhatt has worn designs by eco-friendly Prabal Gurung and often re-wears pieces like her wedding sari. The sari, an uncut fabric that can be draped to fit any body type, highlights its versatility and timelessness as a sustainable fashion choice. #ReWearThat

2. Charli XCX: Bushwick icon Charli XCX brought punk to the forefront, stunning in a Marni dress created from upcycled vintage t-shirts dating back to the '50s, '60s, and '70s.

3. Amanda Seyfried: Our off-grid advocate Amanda Seyfried dazzled in a Prada dress created from upcycled metallic fabric sourced from their iconic Spring 2009 RTW collection.

4. Lily Gladstone: Lily Gladstone paid homage to her ancestry with a tailored look at the Met Gala. The Blackfeet actress donned a gown and cape designed by Gabriela Hearst, adorned with recycled silver stars and antique beads by Kiowa jeweller Keri Atambui.

5. Brooke Fishcher: Fashionista.com reporter Brooke Frischer made a sustainable statement at the Met Gala, wearing a dress by designer Caroline Zimbalist. The dress featured Zimbalist's signature nature-inspired sculptural bodices made from bioplastic, showcasing innovative and eco-friendly fashion on the red carpet.

The 2024 Met Gala was more than just a glamorous evening; it was a pivotal moment in the fashion industry's journey toward sustainability. By showcasing the possibilities of sustainable fashion on such a prominent stage, the event sent a powerful message: the future of fashion lies in innovation, responsibility, and respect for our planet.

As the fashion world continues to evolve, the 2024 Met Gala will be remembered as a landmark event that pushed the boundaries of what is possible. It demonstrated that sustainability and style are not mutually exclusive but can coexist beautifully, paving the way for a greener, more responsible fashion industry.

The night's takeaway was clear: in the realm of high fashion, sustainability is not just a trend—it's the future.



A classroom that we truly desire!

A sustainable green classroom with eco-friendly everything



Designed by Preetthika

BEHIND THE SCENES WITH KARTHIK

TODAY, WE DELVE INTO THE ARTISTRY OF TAILORING AT ITS GRASSROOTS, WHERE EVERY STITCH WEAVES A STORY OF TRADITION AND CRAFTSMANSHIP. JOIN US AS WE SIT DOWN WITH A VILLAGE TAILOR WHOSE NIMBLE FINGERS SPIN THREADS OF HERITAGE INTO EVERY GARMENT, EMBODYING THE ESSENCE OF COMMUNITY AND SKILL. DISCOVER THE INTRICATE TAPESTRY OF RURAL TAILORING, WHERE EACH NEEDLE'S WHISPER CARRIES THE LEGACY OF GENERATIONS PAST."



In the heart of my village, nestled among the bustling streets and vibrant marketplace, stands a small tailoring shop that has become a beacon of sustainability and creativity. I recently had the pleasure of interviewing Karthik, the man behind this extraordinary shop. Despite its modest size, Karthik's shop embodies a powerful philosophy: nothing should go to waste.

As I approached Karthik's shop, I was immediately struck by the colorful fabrics that filled the entire room. The gentle hum of the sewing machine greeted me as I stepped inside, where Karthik welcomed me with a warm smile. His shop, though small, was a treasure trove of vibrant fabrics and creative energy.

We sat down amidst the piles of cloth scraps, and Karthik began to share his journey. "Every piece of cloth has value," he said, "When I see a scrap of fabric, I don't see waste; I see potential. It's about being creative and finding ways to give these pieces new life."

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Karthik's dedication to reusing every piece of cloth is truly inspiring. He explained how he collects leftover pieces from his projects and from other tailors in the village. These pieces, often overlooked and discarded by others, are meticulously sorted by color, size, and texture, ready to be transformed into something new and beautiful.

"Look at this quilt," he said, showing me a vibrant creation made entirely from leftover fabric. "Each piece has a story. It's not just about making something new; it's about preserving the memories and value of these fabrics."

As Karthik shared more about his work, I could see the pride he takes in each project.

The community has embraced Karthik's philosophy with open arms. Villagers bring their old clothes to him, knowing that he will transform them into something beautiful and useful. This not only reduces waste but also fosters a sense of community.

Of course, running a shop with a focus on sustainability isn't without its challenges. Karthik spoke candidly about the difficulty of changing mindsets, particularly in a world dominated by fast fashion. "It's not easy to convince people that reused materials can be just as good, if not better, than new ones," he admitted. "But when they see the quality and craftsmanship of my work, they understand."

Despite these challenges, Karthik's dedication remains unwavering. His shop is a testament to what can be achieved with creativity, hard work, and a commitment.

As I left Karthik's shop, I felt a profound sense of admiration for his work and his philosophy. In a world where waste is often overlooked, Karthik's dedication to reusing every piece of cloth is a powerful reminder of the impact one person can make. His shop may be small, but the lessons it imparts are immense.

Generation⁰⁰¹

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Hope

Project Kamakhya is a student led initiative by Saina Sarin which aims to advocate and spread awareness about menstrual hygiene and sustainable menstruation for underprivileged adolescent girls and women. She has conducted 10+ awareness sessions, mass sustainable pad drives impacting over 1500+ rural menstruators. Project Kamakhya has been recognised globally on various forums. It won the Global Sustainability Award for SDG 5 at the India International Centre in 2023 and represented India at the United Nations Headquarters in New York for the 1M1B Activate Impact Summit in 2023. They have collaborated with the Child Welfare Committee of Haryana under the Juvenile Justice Board of India to help aid the sustainable menstrual needs of girls and women and have also worked with the CSR wing of the leading automobile company of Honda. Other than that, they've been evidently spotted in the Hindustan Times and Samvada social magazine.

Their emphasis towards sustainability is effortless

