

ROARING LIONS TACKLE FOOTBALL CLUB NEWSLETTER

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Plano, Texas**

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Although the Texas heat has been blazing for the summer, the Roaring Lions Tackle Football Club isn't scared of it!! They continue their 2 days a week strength, agility, and conditioning training all spring and part of the summer. The boys are preparing for a very successful football season, and they are putting in the work to make sure that a championship trophy is placed on the mantel at the end of the season.

Coach Godsey and his coaching staff are training the team to make sure that the best product and team in the Allen Sports Association football league is ready for the gridiron and ready for all obstacles in the league to bring home the championship at the end of the season. The team and their parents are excited for a successful season!

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The workouts have consisted of sand and strength and agility training. As the beat reporter for the team, I have seen consistent improvement from each player every week. The team's connection to each other has boosted between them as they challenge themselves each week. Team comradery and connection is very high between each player and continues to blossom with each workout. Keep it up ROARING LIONS!!

