

Teresa Kincaid MA LMFT LMHC

Teresa is a board-certified Marriage and Family Therapist in private practice on Spokane's South Hill. She received her Masters Degree from Gonzaga University in Marriage and Family Therapy. She is a Clinical Fellow of the American Association of Marriage and Family Therapy (AAMFT), a member of the International Centre for Excellence in Emotion Focused Therapy (ICEEFT) and is certified in Gottman Therapy for Couples. She provides evidence-based treatment for adults, couples, adolescents and families, premarital counseling and discernment counseling for navigating separation and divorce. She currently facilitates a support group for parents who have children struggling with addiction. By request, Teresa's Bernese Mountain dog, Fritz, can be scheduled to stay with you during your visit to ease anxiety and improve the ability to stay mindful and centered.