

## Holly's Bio

I believe in the power of positive change and transformational growth that therapy can provide to individuals and their families. Throughout life there are times when we need help and support. I am honored to work with you during these times of challenge.

I have worked with victims of trauma, abuse and neglect in out-patient and psychiatric hospital settings and crisis situations in Spokane. I am a nationally board certified counselor, licensed in Washington and a member of the American Counseling Association. I received a Master of Arts in Counseling from Gonzaga University.