

Morgan Watson MA LMHC LMFTA CMHS

I am child mental health specialist offering services for children, teens, families, and transitional youth. We work collaboratively in finding your child's inner strengths and natural healing abilities, to overcome past, present, and further challenges. Our youth today are experiencing higher demands and stressors, I offer a safe, calm, and engaging environment, where we build a therapeutic relationship that is of mutual acceptance and non-judgment to gain guidance in reaching your goals. I use a range of therapeutic modalities such as Eye Movement Desensitization, Yoga Calm, Mindfulness, Trauma Focused Cognitive Behavioral Therapy, Cognitive Behavioral Therapy, and attachment based and play therapy therapeutic tools to help address the needs of your child. I look forward to working with you and your child as a partner on your journey of wellness!