

Speaking Style Snapshot – Take the Quiz!

This brief quiz provides insight into your unique communication approach. It focuses on five key styles, helping you see which tendencies shape your interactions. Curious for a deeper look? This is just a taste of what the full **PASS Profile™** has to offer!

Choose the answer that best fits your natural reaction in each situation. Tally your responses below, then flip the page to discover your dominant communication style:

1. **When a friend shares a problem, you usually:**
 - ☐ A) Provide a straightforward, practical solution.
 - ☐ B) Listen and offer comfort, letting them express themselves fully.
 - ☐ C) Reflect on a similar situation you experienced and share that.
 - ☐ D) Think through the problem logically and help them identify options.
 - ☐ E) Offer flexible suggestions based on what you think will help them feel better.
2. **When there's a last-minute change in plans, you typically:**
 - ☐ A) Take it in stride and go with the new plan.
 - ☐ B) Reframe the situation for yourself and others to stay positive.
 - ☐ C) Ask questions to understand why the change is happening and how it impacts others.
 - ☐ D) Stick with what was initially planned if possible, to keep things steady.
 - ☐ E) Suggest an alternative that aligns with the original plan but accommodates the change.
3. **In a team meeting, if your opinion differs from others, you tend to:**
 - ☐ A) Listen carefully to others' views before deciding how to respond.
 - ☐ B) Stand by your opinion and make your case clearly.
 - ☐ C) Find a compromise that takes everyone's input into account.
 - ☐ D) Share your thoughts in a relatable way, inviting others to consider them.
 - ☐ E) Use logical arguments to support your stance, focusing on facts.
4. **When presenting complex information, you prefer to:**
 - ☐ A) Break it down into clear, logical steps.
 - ☐ B) Use analogies or examples that people can relate to easily.
 - ☐ C) Provide a straightforward summary, getting right to the main points.
 - ☐ D) Pause often to gauge everyone's understanding and respond accordingly.
 - ☐ E) Adapt your style based on how your audience seems to respond.
5. **How do you approach expressing emotions in conversations?**
 - ☐ A) Openly share your feelings to create a personal connection.
 - ☐ B) Adapt your tone to the situation, balancing emotions as needed.
 - ☐ C) Focus on the facts, keeping emotions subtle.
 - ☐ D) Ensure your viewpoint is understood and don't hold back if it feels important.
 - ☐ E) Show empathy and acknowledge others' feelings first, then share yours.

TOTALS

A's ____

B's ____

C's ____

D's ____

E's ____

Now, see your results on the back!

Your Snapshot!

Thank you for completing the **Speaking Style Snapshot**! Your results provide a snapshot of how you naturally communicate with others—whether that's through empathy, assertiveness, emotional connection, adaptability, or logical reasoning. But this is **just** the beginning..

What the Full PASS Profile™ Offers

The **PASS Profile™** dives deeper into these traits with over 70 targeted prompts that go beyond this quick snapshot. It offers insights into how your communication style shows up in different scenarios, whether in leadership, collaboration, or personal interactions. The **PASS Profile™** helps you identify not only your strengths but also strategies to align your style with your goals, enhancing your effectiveness across all aspects of communication.

Where the **Speaking Style Snapshot** provides a single insight, the **PASS Profile™** offers a complete framework for maximizing your authentic voice. This in-depth understanding is the foundation for becoming the communicator you want to be, providing clarity, presence, and connection in every interaction.

Ready to go deeper? Discover the **PASS Profile™** today to unlock your full communication potential!

Results

Count the number of responses for each letter:

- **Mostly A:** *The Analytical Asserter* – Assertive and solution-focused, you aim to bring clarity and direction to conversations.
- **Mostly B:** *The Empathetic Listener* – You connect deeply with others, emphasizing understanding and support in your communication.
- **Mostly C:** *The Expressive Adapter* – Emotionally engaging and flexible, you find ways to relate and adjust to others' needs.
- **Mostly D:** *The Logical Problem-Solver* – Logical and composed, you communicate with precision, ensuring your ideas are well-organized and practical.
- **Mostly E:** *The Adaptive Negotiator* – Flexible and adaptable, you value harmony and compromise, finding common ground to move forward.