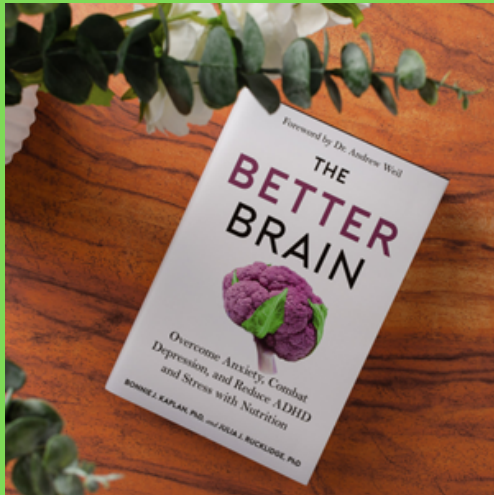


Fundraising for Future Micronutrient Research



December 2025 marks the 10th anniversary of the 2 donor-advised charitable funds (1 in Canada and 1 in the U.S.) that I established to raise funds for my junior academic colleagues committed to studying the potential benefit of broad-spectrum micronutrients for the treatment of mental health symptoms.

The charitable funds have been very successful! About \$1M was raised and distributed, **thanks to many of YOU** who are reading this.

I retired from my academic position in 2016 and focused my energy on fundraising and Knowledge Translation (including coauthoring *The Better Brain* with Julia Rucklidge). Since then, the research on the 2 broad-spectrum formulas that were developed in Alberta has generated dozens of additional, excellent studies. But now, the funding landscape has changed, and I am reaching out to fundraise again.

Every donation is important, no matter how small. And thank you – email **Bonnie Kaplan**, kaplan@ucalgary.ca for more information.



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