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2. **Daily Essential Nutrients™ (DEN)**: www.hardynutritionals.com (ADHD, smoking cessation, emotional dysregulation, symptoms associated with trauma, aggression, stress, anxiety)

***Prior to 2013, there was just one formula and it was manufactured by TrueHope. From 2013 onward, Hardy Nutritionals produced Daily Essential Nutrients while TrueHope continued to produce EMP+. Therefore, the ingredients of DEN are very similar to EMP+ in both breadth and dose. Some modifications have been made to both formulas over the ensuing decade. For updated information on current formulas, see the manufacturers' websites.**

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