



the **LEAN** on me PROJECT

OUR PROGRAMS

WHAT IS THE LEAN ON ME PROJECT?

The Lean On Me Project is a program designation with NAMI (National Alliance of Mental Illness) to provide the tools, the leadership, the mentorship and the access to elevate the educational community. We do this through our three signature programs: the Student Cafe, the Peer to Peer Cafe, and the S.E.A. Cafe.

1 STUDENT CAFE

This is an opportunity for students to connect with mentors in a group setting to bring good peer role modeling into their lives, create authentic connections, and learn life skills.

2 PEER TO PEER CAFE

This is an opportunity for upperclassmen who have been chosen by their teachers based on their leadership, social, and emotional skills to work with underclassmen that is in need of a peer to build life skills with.

3 S.E.A. CAFE

This is a program where Lean On Me comes into a classroom for an hour to do an activity based on the identified needs of the students that the teacher has identified to support their life skill building.

Find out more information:
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