

**Basic Adult Bug Out Bag**

1. Water Repellent Backpack with Suspension System
2. iPad compartment with Two 1 Gallon Ziplocks
3. 3 Pair Underwear
4. 3 Pair Wool Socks
5. 2 Wool Long Sleeve T-Shirts Earth Tone
6. 1 Pair Durable Pants
7. 1 Lightweight Rain Jacket
8. 1 Tilly Hat
9. 1 Wind Proof Beanie
10. 1 Pair Leather Work Gloves
11. 1 Pair Sunglasses with Lanyard
12. 3 MRE (that you like to eat)
13. Apricorn Thumbdrive in double ziplock
14. \$500 cash small bills double ziplock
15. 2 Nalgene
16. MSR Miniworks
17. 28 Katadyne Tablets
  1. 2 Per Day x 2 Nalgenes for 7 days
18. 1 Large Travel Pack Non-Alcohol Wet Wipes
19. Gerber Fixed Blade Knife
20. 100 feet 550 Paracord
21. Paracord Keeper with Lighter
22. 1 Roll Duct Tape
23. Map Compass
24. Leatherman
25. Fox 40 Whistle
26. Goal Zero Sherpa 100
27. USB cables for all possible items
28. 1 GMRS USB rechargeable radio in double ziplock
  1. Recommend Midland T77VP5
29. Garmin inReach Mini
30. Waterproof Matches
31. Ferro Rod
32. Blow Out Kit
33. Adventure Medical Kits 4 Day First Aid Kit
34. 2 N95 Masks in ziplock
35. 4 Pair Nitrile Gloves in ziplock
36. USB Rechargeable Headlight
37. Summer Sleeping Bag
38. Hygiene Kit
  1. Travel Tooth Paste
  2. Travel Tooth Brush
  3. Deodorant / Anti Perspirant
39. Two 12 Hour Chem Sticks
40. Thermal Blanket
41. Rite in the Rain Small Pad
42. Rite in the Rain Pen
43. 2 Spare Magazines with Hollow Point
44. Small Updated Pictures of Family Members in Double Ziplock
45. SPF 50 Sunscreen with Bug Repellent
46. Emergency Contact Card Laminated
47. Women - Tampons